



## St Hugh of Lincoln RC Primary School

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Head Teacher: Mr M. Mountcastle

Wednesday 19<sup>th</sup> June

Dear Parents/Carers of Children in Year 5/6

Each year the school nurse visits school and speaks to the children about certain changes to their bodies. This year is slightly different however as we will be involving Year 5 and 6.

The nurse will speak to the boys and girls separately. The girls will talk about feminine hygiene, menstruation and body changes (puberty). The boys will talk about puberty and body changes. The discussion will not reflect the discussions we had at the meeting in March as that scheme is being reviewed following the consultation. This is purely regarding changes they experience and how they might feel and it will be done sensitively and with staff present.

As ever I am available to discuss the content and if you wish you can request your child not be present. Please contact me if you require any further information.

Yours sincerely

M Mountcastle



Healthy School

