



St Hugh of Lincoln RC Primary School

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Tuesday 7th May 2024

Dear Parents/Carers

Welcome back after the bank holiday weekend, it is great that at last the warm weather has finally arrived in Manchester.

Could we please remind you with the warmer weather finally here that children are allowed to wear their summer uniform which consists of a polo top/trousers/shorts/skirt or a summer dress. If your child is to wear a shirt it does need to be worn with a tie. Thank you for your co-operation in this.

School Street

As you are aware, the school has been officially accepted to join School Street. We have been told that two trial days will take place and these will be *Wednesday 15th May and Monday 20th May*. On these days, the first part of Glastonbury Road will be closed to parking and only open to residents.

Summer Fair

We are planning on holding the annual event on Friday 5th July after school. In previous years, parents/carers have brought picnics, however given the fair will take place in the afternoon/evening we are asking if there are any parent/carers that would be willing to make food. In the past, the school held a multi-cultural event with parents/carers providing food and this proved very successful. If you are interested in helping the school, please can we ask you to get in touch as soon as possible. Alternatively, if anyone knows of any catering vans that would be willing to sell their food, please let the school know.

Safeguarding Letter

Please find attached below the monthly Safeguarding Newsletter. Many parents/carers have told us how informative this is. This month the newsletter focuses on Sextortion, Gaming and the App focus is Playstation and Xbox.

Ten Ten

Please find attached below the monthly newsletter regarding your child's Collective Worship. Alternatively click on the link <http://www.tentenresources.co.uk/prayers-for-home/parent-newsletter/>



Reminder

Thursday 9th May – Ascension Mass at 9:30am (All are welcome)

Yours sincerely

Mrs Atherton and Mr Smith

May 2024

May begins amidst the joy of Eastertide and there is more rejoicing at the end of the month when Christians celebrate the coming of the Holy Spirit and the birthday of the Church at Pentecost.

May is also known as 'The Month of Our Lady', a time to remember that Mary is Jesus' mother and our mother too.

This newsletter shares some of the content children will experience in school throughout May and suggests ways for you to engage with them about it. We hope it is a useful resource for your family prayer time.

Praying the Rosary

The Rosary is a meditative prayer that helps us to reflect on the life, ministry, and death of Jesus and on His Blessed Mother, Mary. As we repeat the traditional prayers, we use the beads to help us to keep track allowing our minds to think about the lives of Jesus and Mary here on Earth.

The Rosary is made up of four parts or 'mysteries' each having five different events to focus on. Thinking of praying the entire rosary can seem daunting but the prayer can easily be simplified for younger children by focusing on one mystery or one focus event within the mystery and limiting the prayer to one decade. We've created a Rosary resource that we hope will support families with this prayer.

With your child, why don't you...

- *Access our Rosary Resource which gives full explanations and guidance to help you pray the Rosary at home with your child(ren). <https://www.tentenresources.co.uk/parent-portal/>*
- *Focus on one of the mysteries and talk to your child about the stories and events that make up each of the five elements. Perhaps a good place to start would be the Joyful Mysteries which contain stories and events that may be the most familiar to children.*

Celebrating the Holy Spirit

In the Assembly for the week beginning 20th May we celebrate the coming of the Holy Spirit at Pentecost (which is celebrated across the world on Sunday 19th May) and through a drama, two disciples recall the day that changed their lives forever.

Children learn that the Holy Spirit is the helper that Jesus promised His disciples and that the Holy Spirit helps us too.

With your child, you might like to...

- Read the story of [Pentecost](#) allowing space for your child/ren to discuss or ask questions.
- Discuss with your child ways the Holy Spirit can help us today e.g. helping us to be peaceful, forgive others, say sorry.
- Sing along to 'Come Holy Spirit' by Dan Callow and Emily Clark, by logging into the [Collective Worship Parent Portal](#). (If you don't have the details for the Parent Portal, ask your child's school.)

Prayer

The daily prayers for the week beginning 13th May invite children to focus on God's Word and consider what God is saying to them through the Scriptures. Children will be guided through a pattern of meditation based on the acronym 'TRUTH'. You might want to try this with your children, perhaps using verses from Sunday's readings.

TUNE IN - Listen to the Scripture reading.

REMEMBER – Notice which word or phrase stands out.

UNDERSTAND - Listen again to the reading asking God to help you to understand more about the word or phrase that stood out to you.

TALK - Speak to God now about what you remember or need help to understand.

HEAR – Be still and listen. What is God saying to you today through His Word?

God,
Your Word is truth.
Help us to listen and draw closer to you.
In the name of the Father, and of the Son, and of the Holy Spirit.
Amen

SPOTLIGHT ON SAFEGUARDING

Working together to keep our young people safe

In this month's issue:

- Sextortion
- Gaming
- App focus: Playstation and Xbox



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Sextortion - what is it?

Sextortion is a type of blackmail in which the offender threatens to disclose sexual content, such as information, photos or videos of the victim, with the intention of extorting money from them. Another phrase used to describe sextortion is *'online sexual coercion and extortion'*

How are children sextorted?

Individuals pretending to be children of the same age as the victim build a relationship with the young person over hours, days or even weeks. Once trust is established, the perpetrator begins to ask the young person for intimate images and videos. The victim sends the requested content, unaware that they are communicating with a criminal.

Self-generated Child Sexual Abuse Material (CSAM) refers to instances where a child produces images or videos of themselves, or agrees to someone else creating such content, such as through video calls. It's crucial to understand that in these situations, the child is coerced, manipulated or pressured into participating, making them a victim.

What are deepfakes?

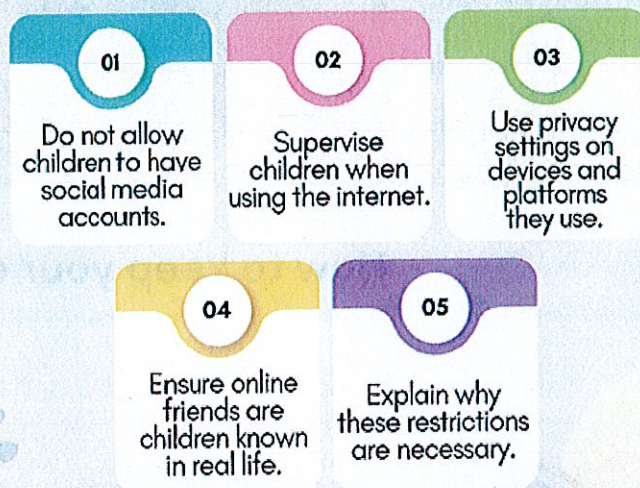
With the capability to generate highly advanced AI images, children face increased vulnerability as criminals exploit fake images to extort them.

Deepfakes refer to AI-generated images where one person's face is substituted with another.

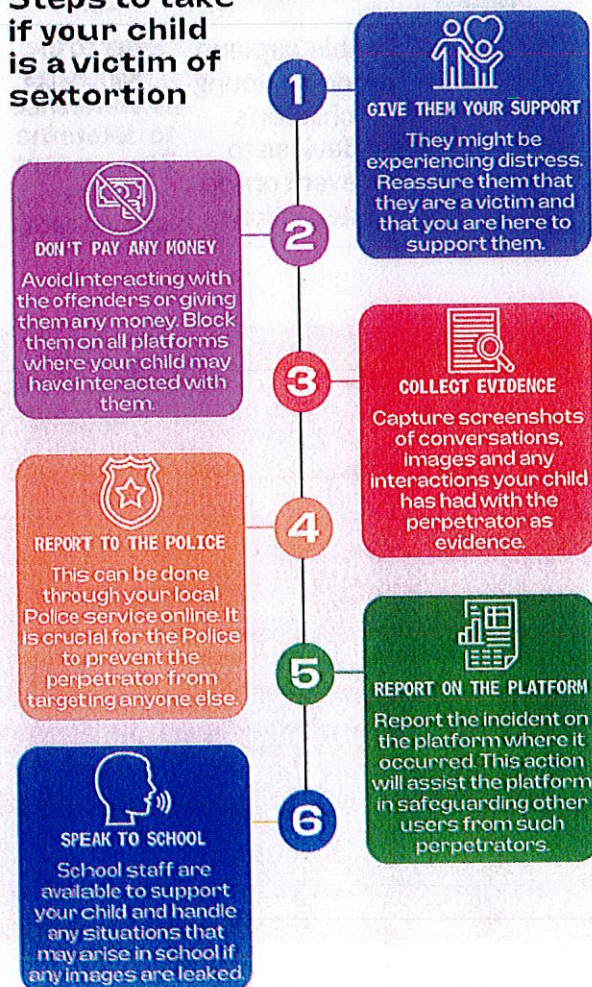
These creations can be incredibly realistic, making it challenging to distinguish between what is genuine and what is fabricated.

The worrying part about AI-generated images is that the victim might never have shared any images with the perpetrator. However, due to fear and persuasion, they may agree to pay money to prevent the release of these fabricated images to friends and family.

5 Ways to Protect your Child from Sextortion



Steps to take if your child is a victim of sextortion



SPOTLIGHT ON SAFEGUARDING

Gaming

Gaming encompasses playing games on various devices such as Xbox, smartphones, laptops, or computers. It is often a social activity where friends compete or play together. However, negative behaviours and consequences can arise from gaming. Some concerns include:

- excessive gaming leading to addiction
- playing games with inappropriate content
- sharing personal information
- interacting with unknown individuals, including adults posing risks
- cyberbullying
- in-app purchases leading to gambling
- displaying verbal or physical aggression
- poor eating habits
- sleep disturbances

These issues can impact children's mental health and relationships. It is crucial to monitor gaming to prevent excessive use, safeguard children's accounts and devices, and ensure games are suitable for their age and development.



How to keep your child safe whilst gaming



01



Get to know the games they play to understand why they enjoy them.

02



Enable 'airplane' mode for young children's devices to prevent online interactions.

03



Refer to the PEGI ratings as a reference to determine if the content is age appropriate.

04



Teach them how they can block and report other users, should they need to.

05



Monitor who they are connecting with whilst they are playing.

06



Establish boundaries like setting daily time limits and screen-free activities.

07



Teach them how to behave positively whilst gaming.

PlayStation Network App

The PlayStation app enables users to remain connected even when they're not actively gaming. Users can share photos, videos and other content, as well as engage with online gaming communities. However, there is a potential risk of interacting with unfamiliar adults and encountering inappropriate content. Each child account includes parental control features. For detailed instructions on using these settings, visit the PlayStation website. [Click here](#)



Xbox App

The Xbox app allows users to connect with one another, continue gaming and join 'Parties'. Parties are when groups of players play alongside one another. There are risks associated with them, as anyone can join, leaving young people vulnerable to having contact with unknown adults.

All child accounts have safety features which allows parents to implement privacy settings as well as set time limits. [Click Here](#)

