

Thursday 29th September 2023

Dear Parent/Carer

NSPCC's *Speak out. Stay safe* programme

We are pleased to inform you that we are participating in the **NSPCC's *Speak out, Stay safe* programme** this term. *Speak out, Stay safe* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Children in Key Stage 1 and Year 3 will watch the virtual assembly aimed at 5-7 year olds.

Children in Key Stage 2, from Year 4 onwards will watch the virtual assembly aimed at 7 -11-year-olds.

*On the 6th October, children in both Year 5 and Year 6 will attend a workshop held by the NSPCC. A summary of the workshop will be sent to parents **in Year 5 and Year 6.***

If you do not want your child to take part in any of the NSPCC Speak Out. Stay safe programme please inform the class teacher or email the school as soon as possible.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p>Parent/Carer support</p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p>www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home</p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p>www.nspcc.org.uk/activities</p>
<p>Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p>www.nspcc.org.uk/onlinesafety</p>	<p>Childline – under 12's</p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p>www.childline.org.uk/buddy (5-7)</p> <p>www.childline.org.uk/kids (7-11)</p>

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Mrs Atherton and Mr Smith