

Early Years Home Learning 😊

Here are some ideas to support your child's learning at home while their early years setting is closed. Entertaining little ones is tough, especially as we become more restricted with where we can go, so with this in mind I've tried to make it home friendly.

Key points:

- Use the activities as little or as much as you like, they are just ideas and examples of the sorts of things your child would be experiencing if at pre-school.
- There is no time scale – it is important your child has the freedom to explore whatever interests them for however long you feel is necessary.
- They don't need to stop what they are doing to complete a set activity, instead model it to them and encourage them to engage. Some children might need to see you do it first (they love copying you) and if you leave it out as an option for them then may choose to go back to it later.
- Do not feel that you need to have new ideas every day (children love repeating things- it builds their confidence)
- Avoid screen time during free flow play as it may distract them from their own imagination.
- If your child has a dummy, ensure they remove it when communicating with you. Please try and stick to a No Dummy policy during the day like they would at pre-school.

Most of all, enjoy! - Watching your little one grow and learn new things is truly magical!

Pre School Staff

Example completed timetable which you can change or add to from the extra activities listed below.

Monday	Wake 'n' Shake Baby shark - youtube	Story time/ nursery rhymes Snail and the Whale – Julia Donaldson	Free play	Snack time	Fine motor Tweezers picking up Pasta Shells	Free play	Lunchtime	Outdoor Time Make a snail house	Sensory and Art Using mud and paint brush to create a snail picture
Tuesday	Wake 'n' Shake Body Coach for kids on youtube	Story time/ nursery rhymes Hickory Dickory Dock – phonics play	Free play	Snack time	Fine motor Toothbrush cleaning toy animals	Free play	Lunchtime	Outdoor Time Create animal footprints with chalk/ printing into mud	Sensory and Art Create a lion face using paper plate
Wednesday	Wake 'n' Shake Penguin Dance on youtube	Story time/ nursery rhymes Read Dear Zoo Sing the animals went in two by two.	Free play	Snack time	Fine motor Pasta threading	Free play	Lunchtime	Outdoor Time Fairy soup making (collecting random items and mixing them in a bowl)	Sensory and Art Flour and water sensory play
Thursday	Wake 'n' Shake Just Dance Kids- I like to move it	Story time / nursery rhymes Sing Old McDonald- Cbeebies	Free play	Snack time	Fine motor Lego build an animal house	Free play	Lunchtime	Outdoor Time Obstacle course	Sensory and Art Moving cars/ vehicles through shaving foam
Friday	Wake 'n' Shake Just Dance Kids- I'm a gummy bear	Story time/ nursery rhymes We're going on a bear hunt	Free play	Snack time	Fine motor Painting faces with cotton buds	Free play	Lunchtime	Outdoor Time Acting out We're going on a bear hunt	Sensory and Art Colour mixing. Create a brown colour to paint a bear.

More Detail:

Activity	Resources and Links	Hints, Tips and Extras
Wake 'n' Shake	<ul style="list-style-type: none"> • Just Dance Kids - youtube • Go Noodle – free to sign up • Kid's Beginners Workouts The Body Coach – youtube • Wake up shake up on youtube • Cosmic Yoga 	<p>Join in- children love copying what you are doing.</p> <p>These will activate their little minds and help them focus as well keep them fit and develop their gross (large) motor movement.</p>
Story Time/ Nursery Rhymes	<p>High quality stories: Where's Spot? Dear Zoo We're going on a bear hunt Jasper's Beanstalk Hairy Maclary Traditional Tales</p> <p>You can create activities from these stories like making porridge for the three bears or by using different materials to make houses for the three little pigs!</p> <ul style="list-style-type: none"> • Cbeebies bedtime stories • Oxford Owl has free ebooks you can sign up to • Phonics Play username: march20 password: home select 'phase 1' • Use household items to create your own music and beats (pots/pans/ bottles filled with rice) 	<p>A full list of quality texts If you don't have these in book form– look on youtube</p> <p>DIY musical instruments</p> <p>Nursery Rhymes</p>
Free play	<p>Children will play with absolutely anything at this age and it is great for promoting language. Promoting learning through play is more about modelling than direct teaching. Here are some useful tips:</p> <ul style="list-style-type: none"> • Look at What to Expect When? to guide the type of activities/ toys you have out for your children • Model how to use an item (words are not always necessary) • If your child speaks in phrases, model full sentences to them (you don't need them to repeat this, just listening to you is enough) • Use more comments rather than questions which encourage more speaking from the child eg. 	<p>Encourage them to tidy up for themselves. Play a specific song to tidy up to; mission impossible, tidy up rhumba, tidy up song (all on youtube). This sets a time limit and makes it fun.</p> <p>More language advice available at: Let's Talk Speech I Can</p> <p>To target language specifically for maths:</p> <ul style="list-style-type: none"> • Count jumps, objects and actions • Talk about colours and shapes • Sort items by colour and shape

	<ul style="list-style-type: none"> • What are you doing?" → "You are building a tall tower" "What's that?" → "It's a big red bus" "What did you eat for lunch today?" -> "I had tomato soup for my lunch today..." and pause to give your child an opportunity to tell you what they had. • Avoid asking questions to 'test' your child. By using comments you will be <i>exposing your child to richer language</i> and helping him/her to learn new words. 	<ul style="list-style-type: none"> • Complete jigsaw puzzles • Encourage recognising numbers eg. parking 5 cars by the number 5. • Model mathematical language such as, big, small, tall, short, long, wide. • Use prepositions such as: under, over, in, on, between, next to and beside.
Fine motor	<ul style="list-style-type: none"> • Pasta threading • Tweezers to pick up items like Pom poms, pasta shapes buttons. • Lego building • Beads on spaghetti • Hair rollers sticky construction • Finger painting/ painting with cotton buds • Writing patterns and letter in flour/ sand • Playdough • Thread Cheerios onto straws/pipe cleaners • Scissor Skills- Cutting up old magazines or cards 	Fine Motor ideas Dough Disco youtube
Outdoors	Insect hunt / create a minibeast hotel Obstacle course Create a mud kitchen using pots and pans and utensils Bubble wands Paint with water Paint with soil Make 'fairy' soup Play catch/ kicking a ball	For more ideas: naturally learning toddlers Woodland Trust- lots of lovely activities like sound hunts, spotting signs of spring that you can do in your garden.
Sensory/ Art	Bubbles in the sink Flour and water Colour mixing Sand play Sorting shapes/ items sensory bin Shaving foam in a tray Digging for spaghetti worms Sensory squishy bags	For more ideas: Easy sensory ideas learning 4 kids toddler crafts

	Paper plate painting Leaf printing Toilet roll flower painting	
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