

## *Statement of Intent – What we want our children to gain from P.S.H.E. (including R.S.E.) lessons*

Our intent in teaching PSHE at St. Michael's is to support children to have a strong self-identity and to develop their knowledge of their place in the world and understand their hopes, dreams, feelings and responsibilities. Alongside this we will explore other people, how they differ and what makes them unique and special. We will think about how we link to other people and how our actions can impact on others and the world around us.

Our PSHE curriculum is designed to give the relevant context to build skills, attitudes, self-esteem, resilience and confidence, all of which need to be taught explicitly as well as nurtured implicitly, through a well-structured, progressive curriculum which builds upon previously learnt knowledge and skills.

PSHE at St. Michael's is strongly influenced by the ethos of our school for everyone to 'let your light shine'. We want all members of our school community to feel valued and able to achieve success in a supportive and safe environment. We will often link our PSHE to our school values of respect, kindness, perseverance, forgiveness and challenge to enable children to understand what these values mean, and how they can demonstrate them. In PSHE, and across the curriculum, we explore many social and moral issues and also teach children about British Values. These include looking at global issues, health, wealth and friendships. Our aim is to ensure that our children become healthy, independent and responsible members of society with an awareness of their rights, and respect for our diverse culture.

Well-being and awareness of mental health issues are an integral part of our curriculum, not just in PSHE. Relationship education is taught through PSHE and also through our Science Curriculum. We are proud of the family atmosphere of our school. We encourage older children to become role models for the younger children and plan opportunities for them to work together. We also enable children to have many opportunities to engage with the local community. Collectively with the school, families and the church we prepare them to become active and responsible citizens.

### ***BIG IDEAS***

**MYSELF** – I know who I am, understand my feelings, hopes and dreams and what my responsibilities are.

**PEOPLE** – I understand that everyone is different and these differences should be valued and celebrated and I know how I am linked to others.

**EFFECTS** – I understand that my actions and those of others can affect people and places and what the consequences of these actions might be.