

Statement of Intent – What we want our children to gain from Physical Education lessons

We recognise the importance of P.E. and the role it has to play in promoting long term, healthy lifestyles. We aim to provide a P.E. curriculum that not only allows all pupils to enjoy their classes but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities where they are given an opportunity to embed values such as fairness and respect. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle.

BIG IDEAS

COLLABORATION - I am a sports person because I am a team-player and understand the values of fairness and respect.

CHALLENGE - I am a sports person because I am physically active and **challenge** myself to be the best I can. I understand the importance of being healthy.

PERFORMANCE - I am a sports person because I am able to confidently demonstrate a range of skills and can evaluate my **performance** in order to improve.