

This week our work will focus around a picture book by Jeannie Baker called 'Window'. I hope you enjoy exploring the ideas. Remember to be kind.

Wellbeing

Art

Geography

How many shades of green can you find in nature?

Monday: Explore 'Window' by Jeannie Baker.

Play spot the difference – what changes do you notice from one page to the next? Why have they taken place? What benefits do they provide? Are there any negative effects?

Amazing person activity

Narrate the story from the picture book, Window. (See the link [A Possible Narrative](#).)

Create your own window display for others to admire.

Create your own collage of the view out of your window.

Use your map to create a treasure hunt around your local area.

Draw a map of your house. Can you remember how all the rooms link up?

Build a model village of your local area using recycled materials.

Tuesday: Look at the map of Dalston. What changes can you see have taken place over time? What has stayed the same? Draw a map of Dalston today. What do you need to add in? Has anything gone or moved? Why do you think that is?

Be kind to yourself activity

Take photos of the view from different windows in the house. Can you draw what you see?

Build your own home. What materials will you use?

Become an architect – design a home for the future. What energy saving devices could you include?

Wednesday: How long have your family lived in your house? Who or what was there before you? Do you have any photos of how it used to look? Perhaps your family or your neighbours can tell you more. Use your artistic skills to show how it used to look where you live.

Keep an exercise diary.

Create your own biome. (see the Biome website link for ideas)

Make your own video or animation about how the world is changing and ways we can help.

Create your ideal world in whatever form you wish.

Thursday: Watch How To Save The Planet. What are the problems our planet faces? Choose one area to research further. E.g. climate change, deforestation, plastic in our oceans etc. You may want to use the clips attached as a starting point.

You can draw

How can you make your home more energy efficient? Watch Energy Let's Save It to get you started with ideas.

Design a poster to encourage others to do something to improve our environment.

Friday: What changes would you like to see in the world? You may have ideas for your local area or you may like to think about global affairs. What can you do? Write a letter. Change your habits. Persuade others to make a change. You choose.

Make a positivity jar.