

**ST NICHOLAS SCHOOL LUNCH MENU
2022-2023**

WEEK ONE

Monday

Beefburger
Vegetable Burger
Potato Wedges
Freshly Baked Bread
Spaghetti Hoops or Sweetcorn
Rice Pudding and Jam
Fruit Pot or Yoghurt

Tuesday

Beef Stew and Dumplings
Vegetable Cobbler
Mashed Potato
Freshly Baked Bread
Cabbage, Swede and Carrots
Oat Cookies and Milk
Fruit Pot or Yoghurt

Wednesday

Lasagne
Tomato Pasta Bake
Garlic Bread
Peas and Tomatoes
Freshly Baked Bread
School Cake
Fruit Pot or Yoghurt

Thursday

Roast Pork
Cauliflower & Broccoli Au
Gratin
Roast Potatoes
Carrots and Green Beans
Freshly Baked Bread
Eves Pudding and Custard
Fruit Pot or Yoghurt

Friday

Fish Fingers
Oat and Cheese Bake
Chips, Beans, Coleslaw
Freshly Baked Bread
Chocolate Mousse
Fruit Pot or Yoghurt

WEEK TWO

Monday

Sweet and Sour Chicken
Chilli Bean Casserole
Rice
Broccoli, Carrots
Freshly Baked Bread
Strawberry Cheesecake
Fruit Pot or Yoghurt

Tuesday

Ham and Cheese Quiche
Vegetarian Quiche
Diced Potatoes
Sweetcorn, Tinned Tomatoes
Freshly Baked Bread
Marble Sponge and Custard
Fruit Pot or Yoghurt

Wednesday

Mince Beef Cobbler
Red Dragon Pie
New Potatoes
Mixed Veg
Freshly Baked Bread
Fruit Shortbread and Custard
Fruit Pot or Yoghurt

Thursday

Roast Gammon
Vegetable Crumble
Roast Potatoes
Cauliflower, Peas
Freshly Baked Bread
Apple Crumble and Custard
Fruit Pot or Yoghurt

Friday

Sausage
Cheese and Onion Puff
Chips, Beans, Coleslaw
Freshly Baked Bread
Strawberry Whip
Fruit Pot or Yoghurt

WEEK THREE

Monday

Ham, Cheese and Onion Pizza
Vegetarian Pizza
Jacket Wedges
Spaghetti Hoops, Peas
Freshly Baked Bread
Jam Tart and Custard
Fruit Pot or Yoghurt

Tuesday

Chicken Casserole
Vegetable Frittata
New Potatoes
Carrots and Sweetcorn
Freshly Baked Bread
Chocolate Sponge and Sauce
Fruit Pot or Yoghurt

Wednesday

Shepherd's Pie
Vegetable Kebab and Rice
Green Beans, Cauliflower
Freshly Baked Bread
Carrot and Pineapple Muffin
Fruit Pot or Yoghurt

Thursday

Roast Beef, Yorkshire Pudding
Quorn Roast
Roast Potatoes
Broccoli, Swede and Carrot mix
Freshly Baked Bread
Cherry Goodie and Custard
Fruit Pot or Yoghurt

Friday

Battered Fish
Cheese and Spinach Puff
Chips, Beans, Coleslaw
Freshly Baked Bread
Butterscotch Whip
Fruit Pot or Yoghurt

