

## Other Useful Contacts:

### **SNAAP** - Special Needs Advisory & Activities

Project: Activities, clubs, Information & Support,  
Toy Lending Library, Library of books, DVD's &  
C.D's...01227 367555 support@snaap.org.uk

### **DISK**-Disability Information Services Kent:

"Empowerment of Disabled people through the  
provision of information" Confidential telephone  
and face to face support and advice, help with  
benefit information and form filling  
01303 226464 disabilinf@aol.com

**Talking Therapies:** Confidential NHS service for  
people over 18 who are experiencing feeling of:  
depression, low self-esteem, anxiety, phobias  
01227 479902 talkingtherapies@psicon.co.uk

**Kent Autistic Trust:** Support group for parents  
and carers  
01634 405168 jo@kentautistic.com

**Necessary Furniture:** Get a real head start  
setting up your home or free up space by giving  
furniture to help rebuild a future for someone less  
fortunate  
01227 712680 necessaryfurniture.org.uk

**Release the Pressure:** Life can get really tough  
sometimes, but talking can help. We have a highly  
trained and experienced team available 24/7 to  
provide expert advice no matter what you are  
going through. Don't suffer in silence: Make the  
call:  
0800 1070160

**For more information; please contact the  
Wellbeing Team.**

## Did you know about?

- The Hub, Canterbury
- The KCC disabled buss pass, and disabled  
bus pass + companion
- KCC independent travel training
- The disabled rail card
- London congestion charge exemption
- Disability Living Allowance/PIP
- Family fund
- Relief from VAT
- Water meter discount
- House insulation
- SNAAP sports club and youth club
- Employment Support Allowance (ESA)
- Carers allowance
- Carer's health checks
- Carers alert card
- Canterbury food bank
- St Nicholas Social Work clinic
- St Nicholas Communication clinic
- Council Tax reduction
- Diversability Card
- The Umbrella Cafe

# Wellbeing Team

## What we can do for you...



## What are we about?

St Nicholas School is a special school for  
children and young people with profound, severe  
and complex learning difficulties.

We offer a range of support and help to the  
students. But did you know we are also here to  
help with other matters?

As well as the services mentioned in this  
leaflet, we also offer time and a safe space to  
talk about any worries or concerns you may  
have.

# Emma Wellard



**Wellbeing Team Manager**  
**Integrative and Specialist Learning**  
**Disability Counsellor**  
**ProAct Instructor**  
**Staff Governor**  
emma.w@st-nicholas.kent.sch.uk

Emma has 23 years experience in Special Education and can help with a wide range of problems and queries including:

- Transport queries
- Sign posting and referring to other services
- Home visits and Phone contact to advise and support on a range of matters
- Support during annual reviews and other meetings
- An alternative point of call from the class teacher
- Arranging and running parent/carer therapy workshop and Social Work clinic
- Funding information and support
- SNAAP Sports Club
- Staff Wellbeing sessions

# Stephanie Box



**Wellbeing Practitioner**  
**Integrative Counsellor**  
**YMHFA Instructor**  
stephanie.b@st-nicholas.kent.sch.uk

Stephanie has 17 years experience in Special Education and has a son with complex needs. Stephanie can help with:

- Support at meetings
- Home visits & phone contact to support and advice on a range of matters
- Support to fill out forms
- An alternate point of contact to class teacher
- Transport queries
- SNAAP Sports Club
- Signposting and referring to other services
- Organising and running YMHFA (Youth Mental Health First Aid)
- Staff wellbeing sessions
- Arranging and running parent/carer workshops and groups and meetings

# Kate Taylor



**Wellbeing Practitioner**  
**Integrative Counsellor**  
kate.t2@st-nicholas.kent.sch.uk

Kate has 9 years experience in Special Education and was a TA at the school before becoming part of the Wellbeing team. Kate can help with:

- Support at meetings
- Home visits & phone contact to support and advice on a range of matters
- Support to fill out forms
- An alternate point of contact to class teacher
- Transport queries
- Continence clinic coordinator
- Signposting and referring to other services
- Staff wellbeing sessions
- Arranging and running parent/carer workshops and groups and meetings

