



Canterbury District
STLS & Outreach

STLS NEWSLETTER - TERM 4

We hope that you are all well. There have been some updates to our website, so, please have a regular look to see what is new.

We are not sure if we can come out to visit your setting or school after the 8th March, but we will adapt our support and advice in line with the guidelines of the DfE.

Have a good term.

IN-SCHOOL/SETTING REVIEWS

Our In-school/Setting reviews are still going ahead and these are a great opportunity to meet with the whole team and discuss any issues you have or use it as part of some training, advice or a well-being catch up.

LIFT

LIFT is remaining virtual at the present time. Allocated time slots will be given, but we do really appreciate your input and welcome you to attend the whole meeting to give school to school support.

Please ensure paperwork arrives before the deadline date.

Children's Speech and Language Therapy Service

TRAINING

The CSLT team will be offering training to schools and families during terms 4, 5 and 6. Information and dates regarding these will be sent to all SENCOs at the start of term 4.

CSLT are excited to share that some of their new training workshops will be going live on their service website in the next few weeks. Please keep checking the website for these: www.kentcht.nhs.uk/thepod

[The new workshops are as follows:](#)

Introduction to SLCN

Primary SLCN Workshop

Secondary SLCN Workshop

Parent Workshop

KENT CHILDREN'S PORTAL UPDATE

There have been challenges with the IT systems.

Whilst most of these are now resolved, you are likely to be aware that the children's portal is still not available for use whilst further work is undertaken to ensure its ongoing stability.

You are still able to refer for support at levels 3 and 4 by accessing the KELSI and KSCMP sites where you will be directed to an alternative version of the request for support form via the portal holding page. This form can be uploaded using the firmstep tool link which you will find at the end of the form.

We hope that the portal will be available for use by mid-March and will advise you when it comes back on line.

If you have any further questions please contact frontdoor@kent.gov.uk or call on 03000 411 111 for further advice.



February is LGBTQ history month.



COURSES OF INTEREST

Work and wellbeing Course

Mid Kent Mind can help young people who may be worried about the future to pro-actively build their coping strategies and their knowledge so they feel better equipped to take the next step in their lives. If future-planning is something which brings you feelings of concern or self-doubt, and you feel that this can negatively impact your wellbeing, then this course may be able to support you.

Managing Me

Managing Me is a 6 week course specifically designed for young people aged 9-13 and 14-18 to learn how to cope with life and focuses on dealing with stress, anxiety, depression and self-image.

Bounce Back – Youth Emotional Resilience

This course teaches young people how they can combat stress, deal with emotions and reduce anxiety so they can 'bounce back' from the challenges they face in life.

Further details of these courses are attached to the newsletter email.

KENT NURTURE INITIATIVE

KCC are currently exploring an opportunity to commission a programme of training for schools in adopting whole-school approaches to Nurture in mainstream schools. This is an exciting opportunity with the potential to establish a countywide offer that can complement the wider multi-agency work around emotional wellbeing and resilience in schools.

They would like to seek your views about this opportunity and how we could best ensure that it works well in schools and complements the wider delivery in this area.

We would like to encourage people to respond by **26th February** (but we will leave the schools' survey link live for a few extra days for any schools who have a two week half term).

School Survey:

https://forms.office.com/Pages/ResponsePage.aspx?id=DaJTMjXH_kuotz5qs39fkB_xvr9hGARBiNSL7u-FF0VUNzlaMkFYnk1MSjc3RzdJNEhIMjRONzdGRS4u.

Have your say! - EYFS

New draft EYFS framework for comment (CTRL and click)

The draft EYFS framework will be available for comment until **18 March 2021**.

Please send your comments to **EYFSP.REFORMS@education.gov.uk**.

REMINDER—MARCH

Don't forget to book your place on the MSC course via CPD on-line and the SEND update.

Autism Awareness Week 29th March – 4 April

There are free resources/assemblies on the NAS website...

https://www.autism.org.uk/get-involved/raise-money/world-autism-awareness-week?gclid=EAIaIQobChMI7Mjd5bqC7wIVDbDtCh1wBAE1EAAYAiAAEgKJJ_D_BwE

All about Autism and Sport.

Search the link below to support children and young people with a diagnosis of ASC in sports activities. There is an excellent free on-line course to complete.

<https://www.youthsporttrust.org/all-about-autism-all-about-me> (copy and paste into your browser)



LEGO News

Did you know?

You can purchase LEGO chew jewellery



Lego have recently manufactured Braille bricks



ZONES OF REGULATION

A framework designed to foster self-regulation and emotional control.

The Zones is a systematic, cognitive behavioural approach used to teach self-regulation by categorising all the different ways we feel and states of alertness we experience into four concrete coloured zones. The Zones framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

For further information please visit: (copy and paste into browser)

<https://www.zonesofregulation.com/learn-more-about-the-zones.html>

Training is available on request.

The **ZONES** of Regulation®

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Terrified Yelling/Hitting Out of Control

EARLY YEARS

Exciting news from the Nursery World Awards held virtually on the 4th February!

Best Practice Guidance, an early years document produced collaboratively, with colleagues from The Education People; Early Years and Childcare Service, Specialist Teaching & Learning Service, KCC SEND and early years providers, was shortlisted for an award in the

Best Professional Book category.....and we won!

We are so very proud to have won this award as we know this product provides invaluable support to settings to improve outcomes for children , and it also represents true partnership working across the early years sector with SEN colleagues.

The Best Practice Guidance has been shared with Kent settings via face to face sessions prior to lockdown and subsequently via an e-learning platform. A leaflet has also been produced to share with families.



UPCOMING EVENTS

Autism Champions will be coming soon—an opportunity to become a champion in ASC for your school. The course will consist of 7 modules and there will be continued monitoring and support following the implementation of a project within school. It is suitable for any staff member.

ELKLAN 3-5's will start on 24th May, later than previously scheduled. Dates will be confirmed for settings and schools in term 4,5 and 6. Free places still available.

Virtual SENCO meetings will continue in addition to your local forums run by you. These provide an opportunity to catch up on latest developments and meet professionals from other agencies.

Thursday 4th March

Primary 10.00am

Secondary 2.00pm

Early Years SENCo Forum Monday 29th March.9.30am.

The latest power point training on our web page:

ADHD

Active Listening

Pre teaching

Remember to send an evaluation form and request your certificate from:

Nichola.p@st-nicholas.kent.sch.uk



Early Years News for Term 4 Newsletter

Just to let you know-

The Language Learners Early Years Specialist Service is not operating this term due to COVID. This will be reviewed at Easter.



EarlyBird will continue to run virtually this term for parents on the waiting List; unfortunately due to COVID and Staff changes we were not able to offer an Autumn Term course. We are currently developing a way forward with our health colleagues.

Don't FORGET our advice sheets and THE POD for therapy ideas and staff training.

Please remember to use the new Early Years LIFT Request form when bringing children to LIFT next term. This is on our website.

Virtual training:

Dates for Emotional Regulation Part 1 17th March & Part 2 24th March both from 9.30-12

Dates for Autism Awareness Part 1 28th April & Part 2 5th May both from 9.30-12

Change of date:

The Sensory Differences in the Early Years course scheduled for the 10th March, has been moved to 21st June

BOOKING: n.perring-redford@st-nicholas.kent.sch.uk

HEALTH

A Care Coordinator or Specialist Nurse Advisor will be available to provide support and advice, this may include;

- General support
- Coordination of care with other professionals and organisations
- Information on local groups and other agencies
- Support with DLA applications
- Information regarding charity grants
- Nursery planning support
- Referrals onto other agencies/services (where required)

To make an appointment at the Care Co-ordinator clinic, please call our admin team on 03001238112 or email kcht.thanetadmin@nhs.net and book into a slot that suits you.

Solihull Approach.

[Kent has a multi user licence](#)

[FREE On-line courses for parents and carers](#)

Contact Emma Harrison for Kent's pass code to access this on-line training opportunity.

Emma.s@st-nicholas.kent.sch.uk

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH