

Week Beginning Date:

Teeth Brushing Tick Sheet

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
I can find and hold my toothbrush							
I can take the lid off the toothpaste							
I can squeeze some toothpaste on my toothbrush							
I can put the lid back on the toothpaste							
I can turn the tap on							
I can wet the end of my toothbrush							
I can brush the front of my teeth							
I can brush the teeth in the left side of my mouth							
I can brush the teeth in the right side of my mouth							
I can brush my back teeth							
I can brush the inside and tops of my teeth							
I can wash my toothbrush so it is clean							
I can turn the tap off							

Week Beginning Date:

I can put my toothbrush away							
I can wipe my face							
I can brush my teeth							

Please tick whether your child was willing to take part in the activity and then write the appropriate letters to symbolise their participation within the task.

Key

FS = Full Supported

PP = Physical Prompt Needed

VP = Verbal Prompt Needed

I = Independent

Example

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
I can...	✓ PP	✓ PP	✓ PP	✓ PP	✓ VP	✓ VP	✓ VP

Please take photographs of your child completing this activity and send to jasmine.m@st-nicholas.kent.sch.uk