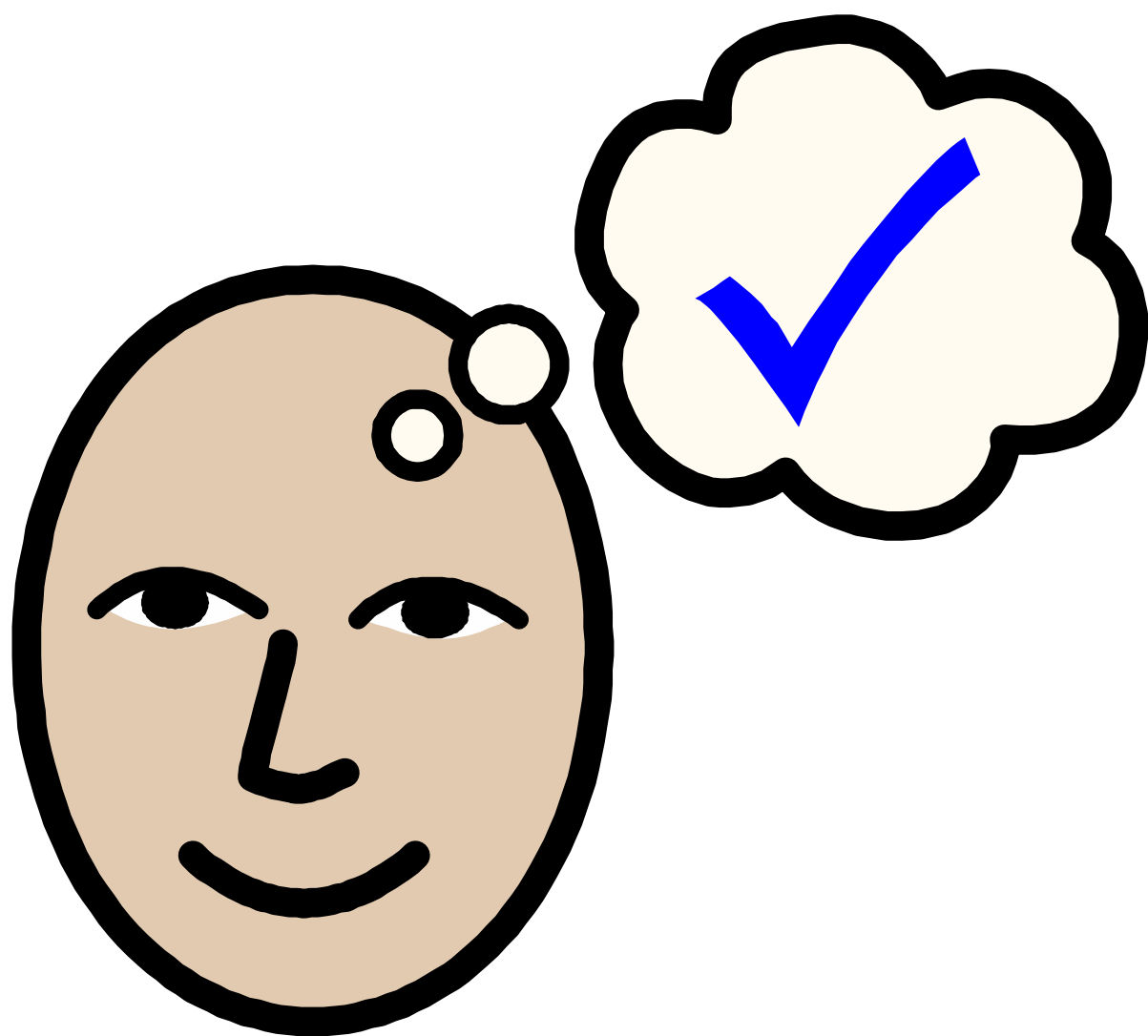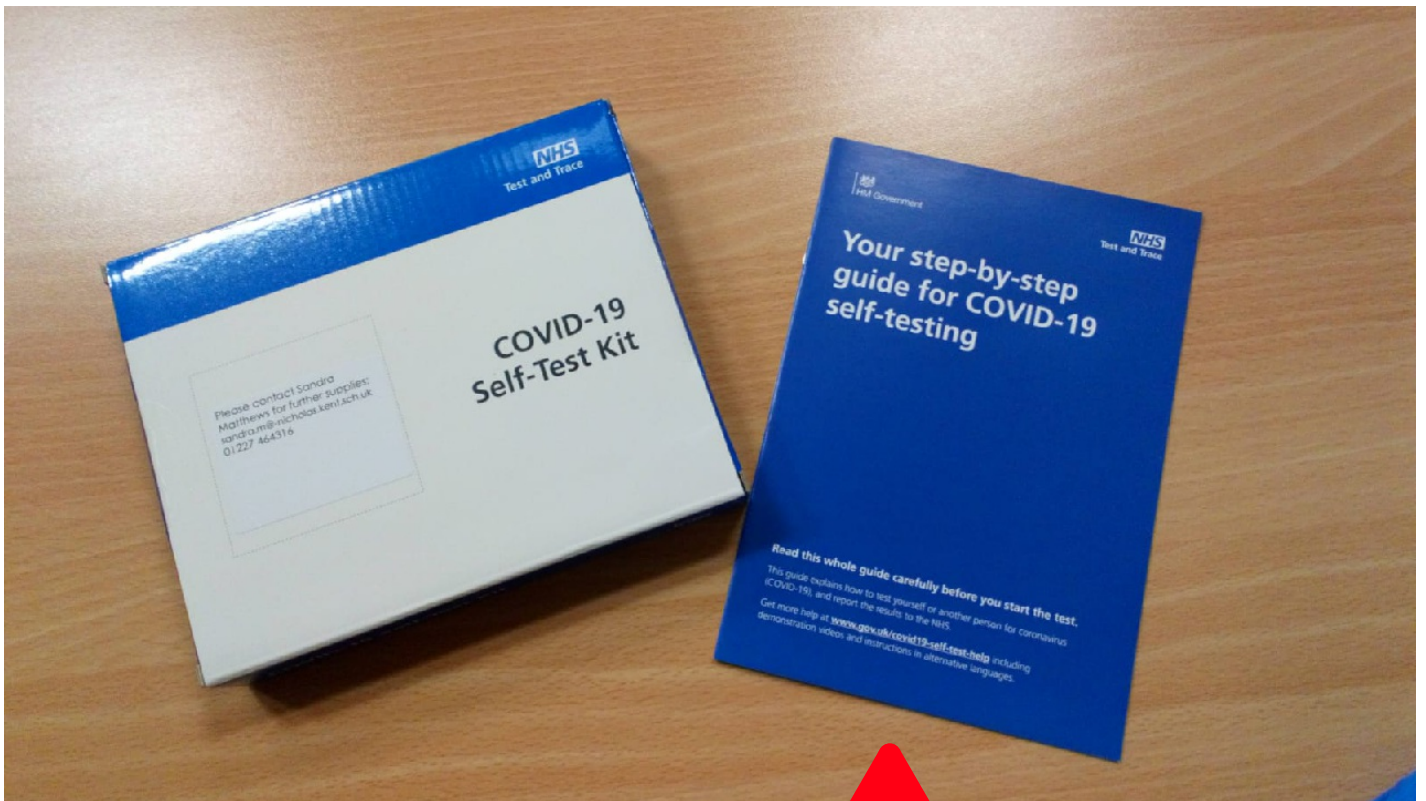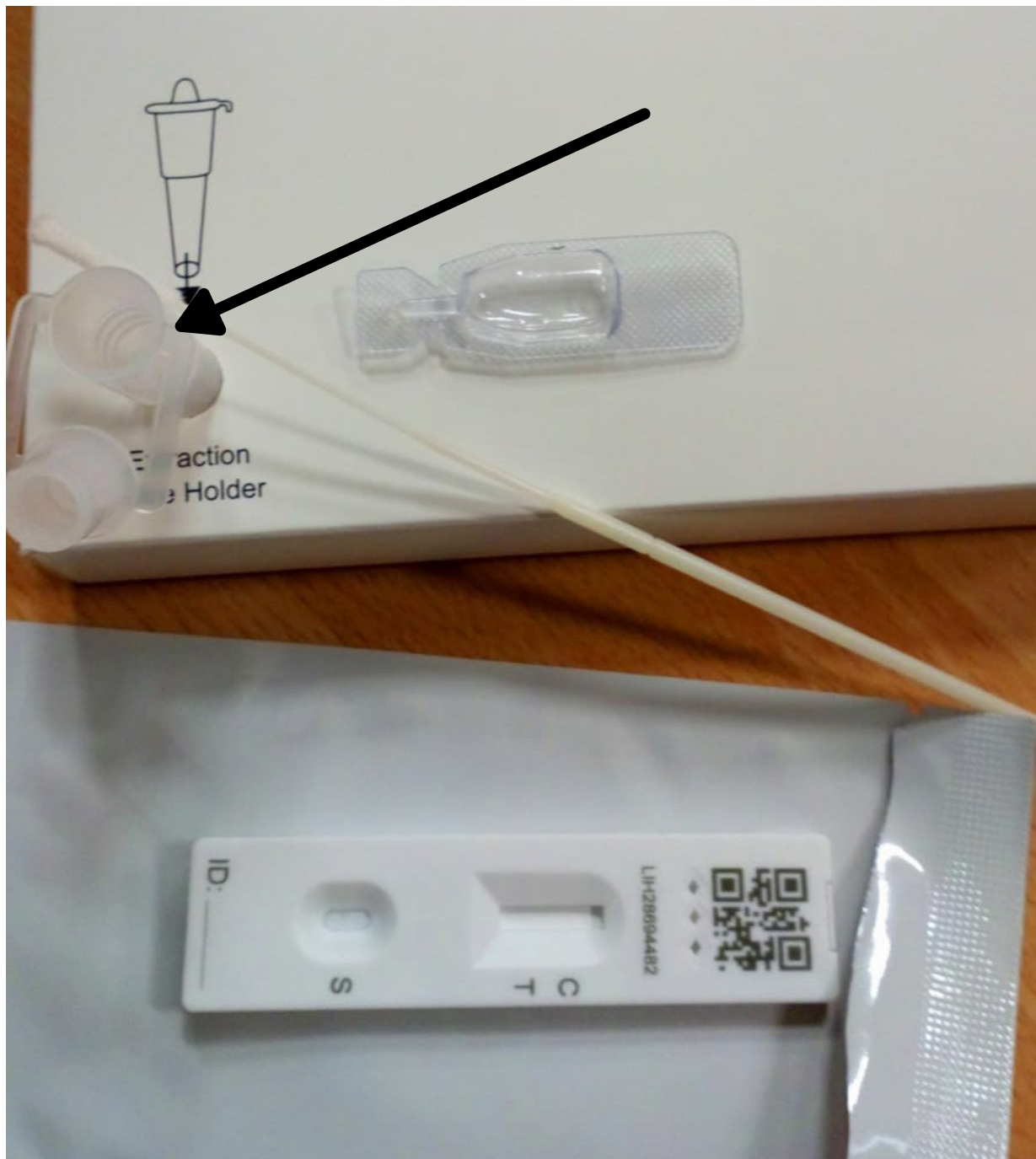# Doing a Covid-19 test at home

This book will tell you to process of doing the Covid-19 test and how to read the results.

The blue book contains correct information but the other leaflet in the box is incorrect, you can discard it.
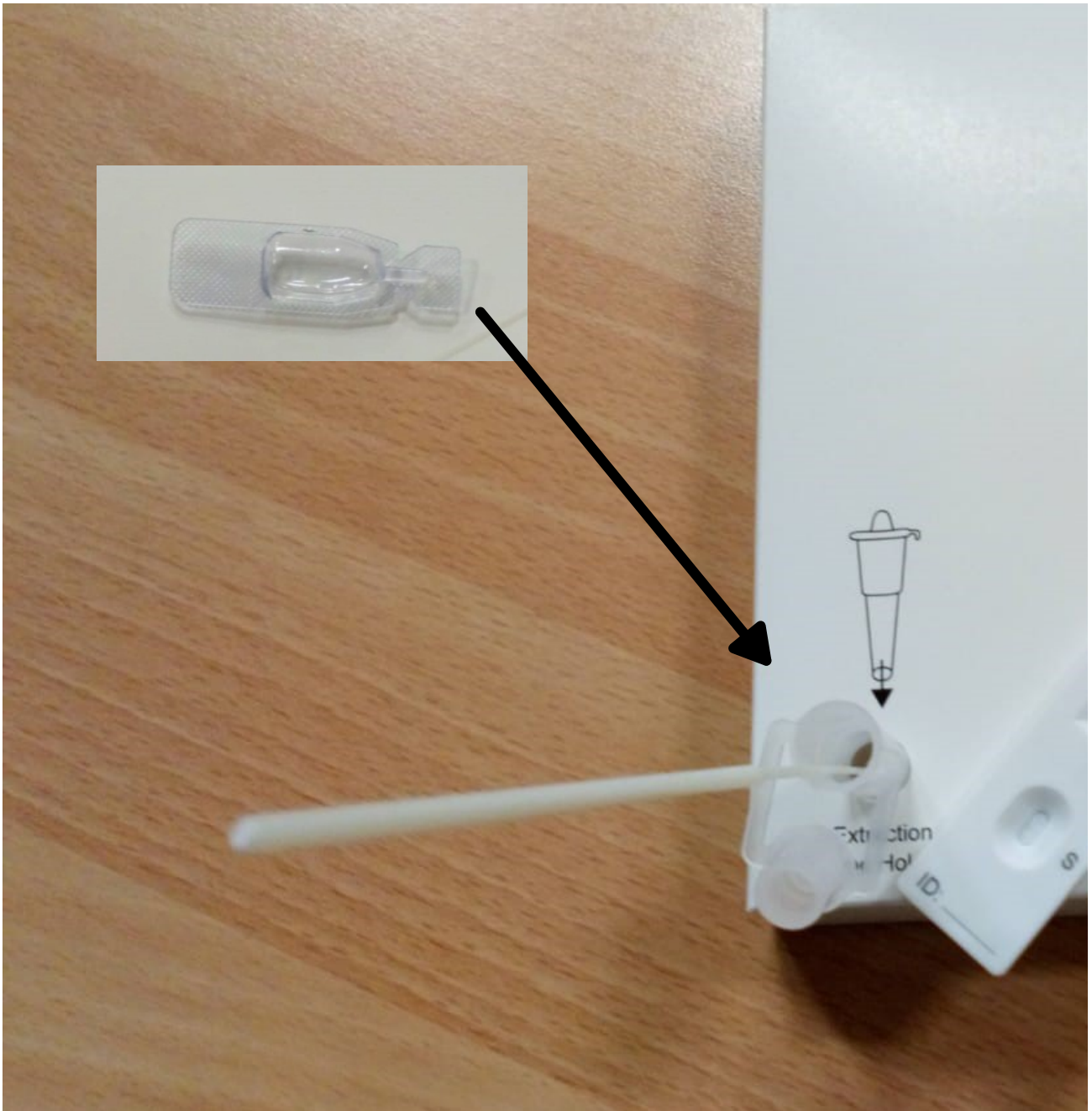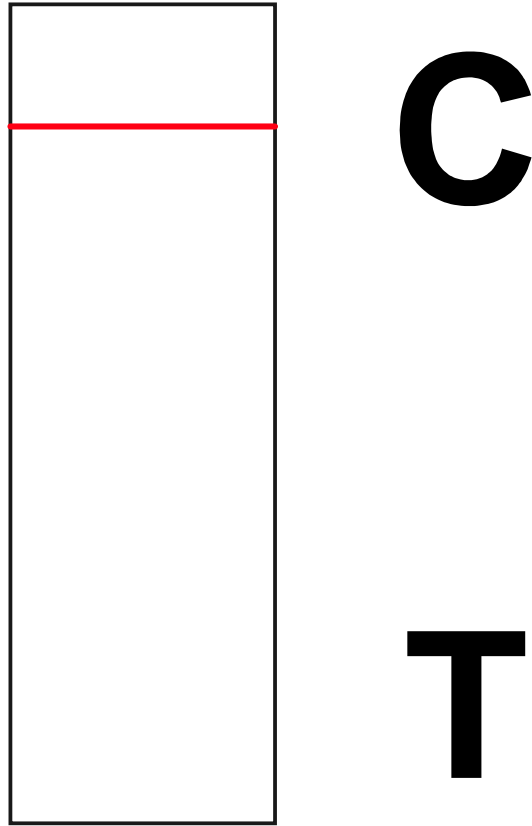
Place the holder in the hole.

Remove swab from packaging and swab the back of your throat and the back of your nose.

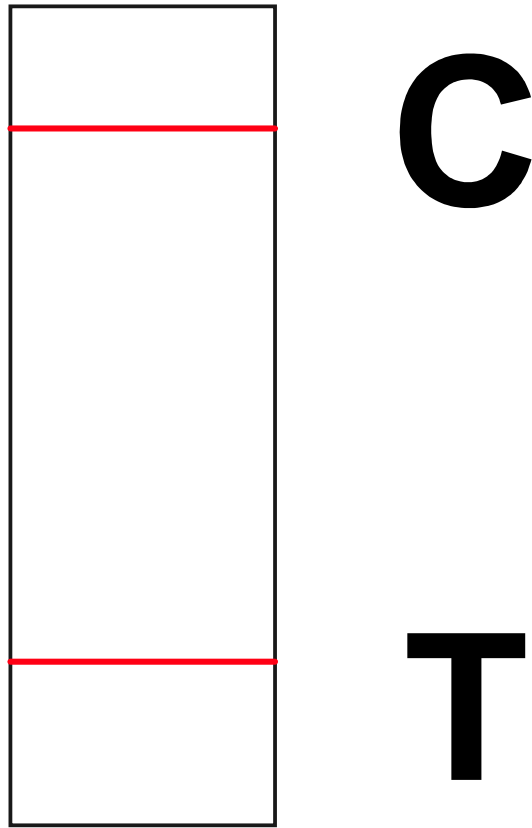Put the swab in the liquid from the pipet for 15 seconds.

Pinch the tube as you remove the swab and it put the cap on. Put 2 small drops of liquid on the testing strip (on the small hole).
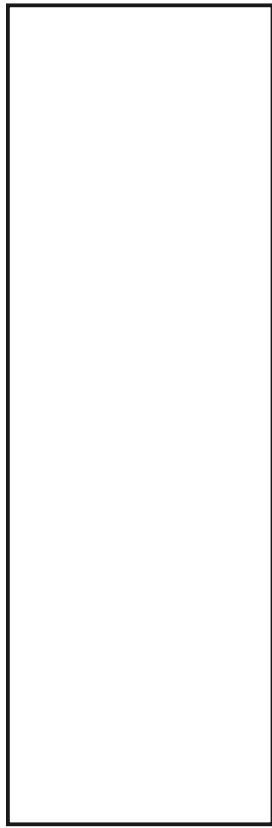
C

T

Wait 30 minutes. If a line appears next to the 'C' the result is <u>negative</u>.

C

T

If 2 lines appear (1 next to 'C' and the other next to 'T') the result is <u>positive</u>.
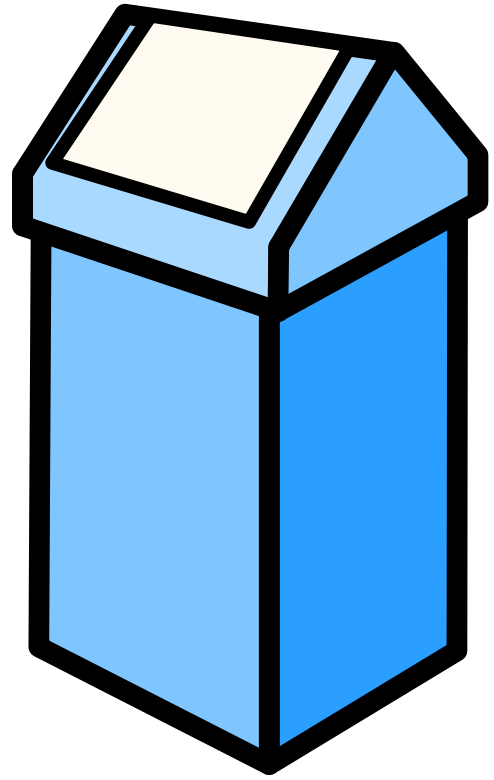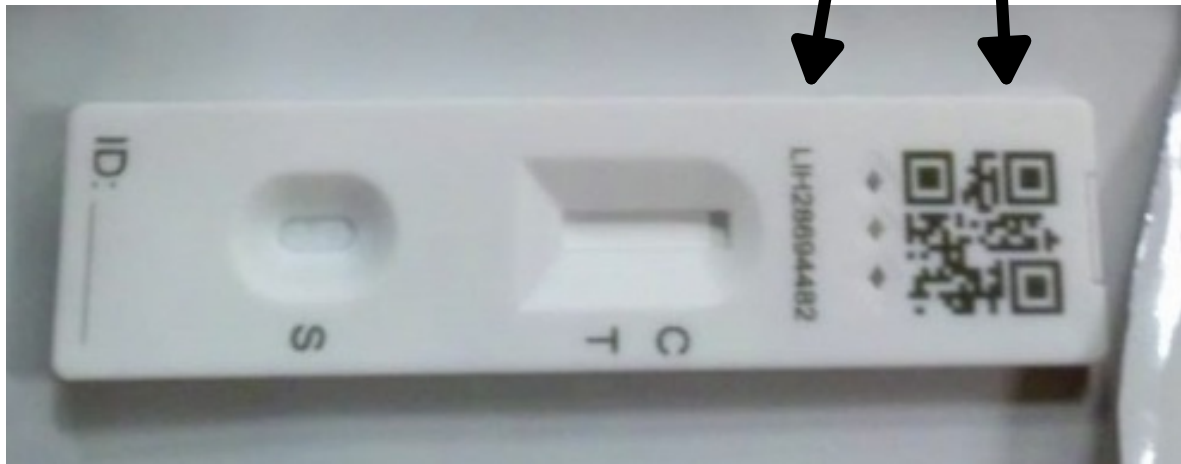
C

T

C

T

If no lines appear or if a line appears next to 'T' alone, the test is void and you'll need to do another.

When you have your result, put all the testing equipment into the clear bag and throw away.
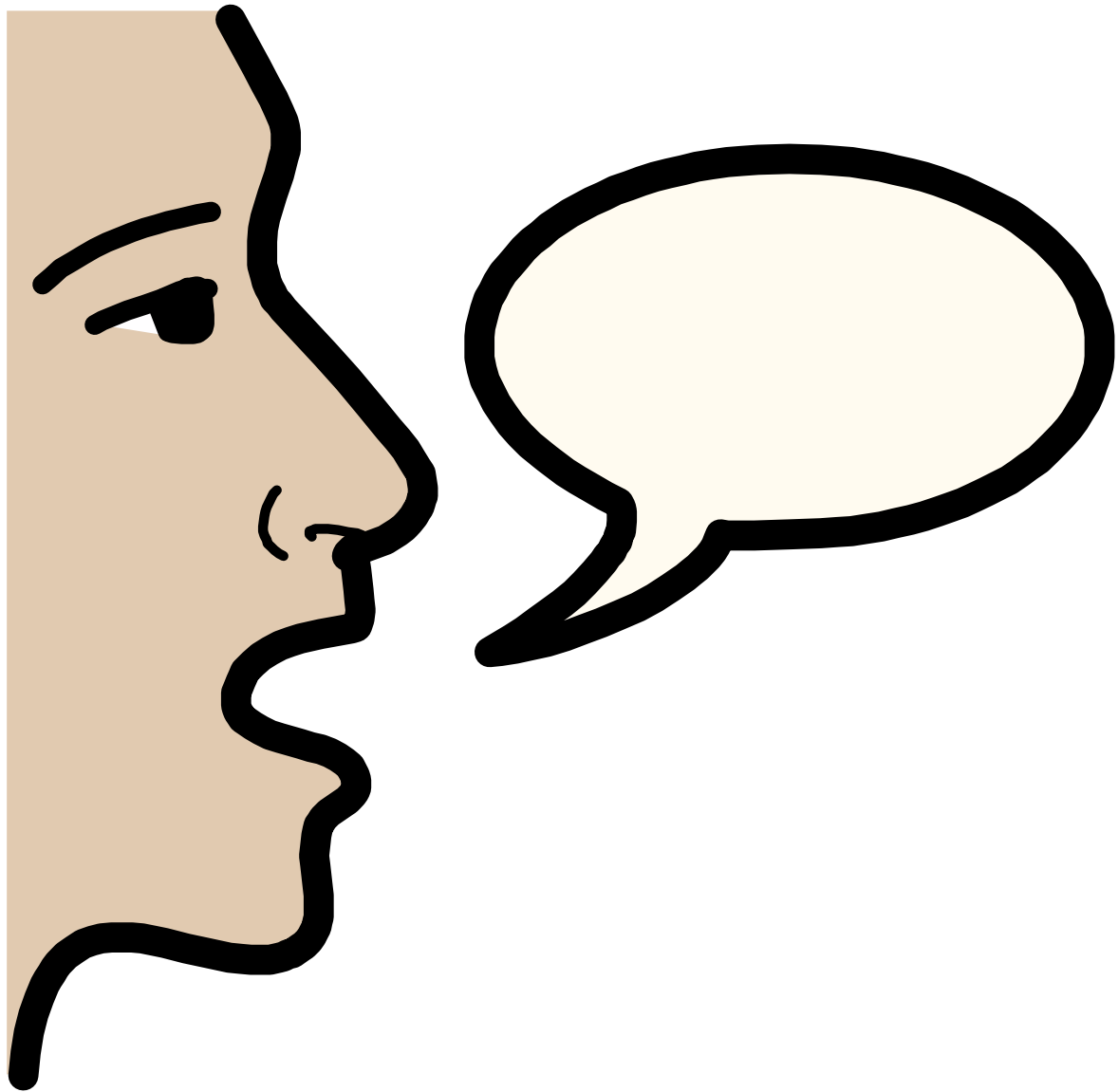
If you have a positive result you need to report it to the NHS, you'll need the QR code or the ID number underneath it. They are found on the testing strip.

You can report your positive result online at www.gov.uk/report-covid19-result or by phoning 119.

You will probably be directed to get another Covid-19 test at a Covid-19 testing centre near you.

You will also need to inform the school and follow government guidelines on self isolation.