

## ADVICE SHEET

### How to do Intensive Interaction

- Watch the child looking for behaviours/communication



- Respond to the child and follow his lead

- Sometimes offer touch/noises; but do not insist the child takes them up

- Sometimes copy the child's behaviours and noises

- Do not force, dominate or direct

- Have fun yourself



- Be relaxed



- Go at the child's own pace

- Act and then pause, so that the child has time to respond



- Position yourself at the child's level

- Allow the child to control the duration and focus of the interaction

- Talk at the child's level of understanding and make what you say relevant

