



Welcome to our termly newsletter

Welcome to THE CEDAR newsletter! Our newsletter is your window into the exciting world of the Cedar pathway at our St Nicholas School. Discover the latest updates, info, and have a look at what our incredible classes have been up to during the past term.



We are happy to announce that Embracing Arts will be returning to St Nicholas to perform their Christmas For Kids Show for Cedar Students.

Embracing Arts is a theatre company that is dedicated to creating work for children with special educational needs and/or life limiting conditions. We believe that every child should be able to enjoy the magic of theatre and have created a range of theatrical experiences that can be brought to them, wherever they are.

Our interactive, multi-sensory shows, parties and workshops are tailored to the unique needs of each audience and use storytelling, song, music and puppetry to entertain, engage and educate. They are delivered by our team of experienced professional actor-facilitators, supported by our fantastic puppets

Diary Dates

Term 1 Ends 20/10/2023

Term 2 starts 30/10/2023

Term 2 Ends 15/12/2023 2pm

Panto 30/11 + 6/12

Parent consultations
Week beg. 27.11.23

December 1st -
Tigers Christmas Trip

December 8th -
Cedar Christmas Show

December 14th
Embracing Art Christmas
Show

December 13th
Orangutan Christmas
Trip



EDEN ASHEBHAI



Out and About:

Eden in Wonder Class has been accessing go karting sessions at Buckmore Park! These sessions have brought numerous benefits to her, including improved tolerance for sitting, relaxation of her muscles, and great communication. Inspired by her journey, the team at Buckmore Park are now fundraising to create a better home environment for her.



THE CEDAR

Oct 23

Number 1



Tiger Class have loved forest school this term, we have been exploring the woods, the obstacle course and the playpark. We have dug, made mud faces, had scavenger hunts, searched for animals hidden in the woods and lots more. In class we have settled well, enjoying attention autism sessions and Shine sessions.

Knox class have really enjoyed messy play this term, especially exploring ingredients before mixing them together to make savoury cheesy pastries!



Orangutans have worked hard on their Individual tasks this term and have enjoyed taking part in lots of different activities including their Active Ed and SHINE sessions! Our topic this term has been Relationships and we have been playing turn taking games with our friends and learning about how to be a good friend through the Sensory Story 'The Rainbow Fish'

Packham Class

We have had a fantastic start of the year in Packham class with lots of communication and wellbeing activities. Everyone has settled in well and enjoying the sessions. In maths we have been looking at shapes, have especially liked listening to our shape song (<https://www.youtube.com/watch?v=EIQoMOCJw8w>) and in term 2 will be looking at patterns. The class have also enjoyed the English session where we have been learning about vocabulary related to food and some of us have started to read shopping lists. Throughout the week we also have enjoyed music lessons, swimming and the class have loved PE enrichment where we all join different PE clubs and socialise with peers across the secondary department!



Wonder Class has had an amazing first term! Our students have had a blast with rebound therapy and hydrotherapy. They've been improving their coordination, strength, and sensory experiences. Our favourite sensory story this term has been 'My headteacher is an Alien!'



Music Day – 5th October 2023

Orangutan, Knox, Packham and Wonder Classes took part in workshops with Adam Ockleford and Derek Paravicini. Adam Ockleford is a Professor of Music and Director of the Applied Music Research Centre at the University of Roehampton, London, and Derek is an English autistic savant known as a musical prodigy, who has been blind since birth.

We played instruments and sung together while Derek played the keyboard, and then the Primary and Secondary departments were all invited to hear Derek play piano and the children had a marvellous time choosing their favourite songs for Derek to play whilst they danced and sang along.

Fundraising on the day raised £130.00



Things to explore:

- www.eric.org.uk - Your go-to support resource for childhood continence support (e.g., toilet training, bedwetting or continence solutions).
- www.marksandspencer.com/l/kids/easy-dressing - M&S have brought out a range of clothing thoughtfully designed with adaptive features to make dressing easier for children with disabilities.
- www.canterburymuseums.co.uk/the-beaney/ - SEND at the Beaney are offering a specially designed backpack for visitors with disabilities on your visit. See the link above to their new SEND page on their website. Sam Bowen (Lucy's Mum) wrote the visual story for them which you can download and created the pecs trails and sensory bags. These can be borrowed for free and you don't need to book them, there are 4 of them. They each have sensory & fidget toys, ear defenders, Widgit symbol trails and symbols to choose your own visit focus. As well as a cuddly toy which is an optional companion for the visit