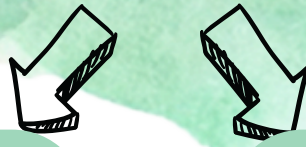


Emotionally Based School Avoidance (EBSA) Pathway

Kent Educational Psychology Service



PHASE 1:

General Awareness Training, School Staff

Focuses on:

- Understanding EBSA (theories and frameworks)
- Working to change EBSA
- Whole school perspectives

PHASE 1:

General Awareness Training, Parents & Carers

Focuses on:

- Anxiety
- Understanding EBSA
- Lived experiences
- Working to change EBSA

Both webinars can be accessed at: <https://www.kelsi.org.uk/special-education-needs/educational-psychology/educational-psychology-interventions>



PHASE 2:

Multi-Agency Case Consultations

A solution-focused discussion with a range of professionals to help consider ways forward for school staff support children and young people with EBSA.



PHASE 3:

Cognitive Behaviour Approaches Intervention

A group Change Your Mind intervention for Year 7 & 8 pupils as risk of developing EBSA.

For more information
contact
kepsebsa@kent.gov.uk

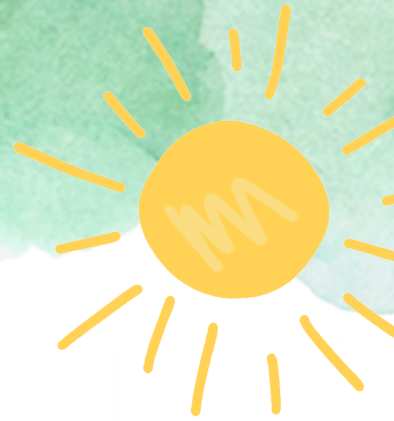


Online Support Services

KENT RESILIENCE HUB

[Kentresiliencehub.org.uk](https://kentresiliencehub.org.uk)

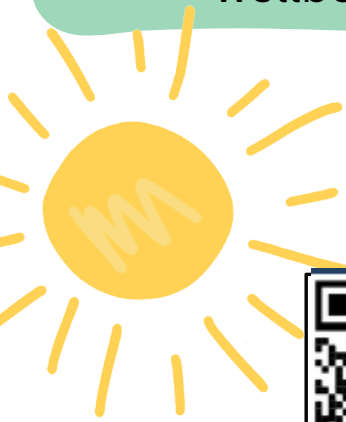
A resource that helps young people, parents and carers, staff and practitioners to understand emotional wellbeing and resilience.



SEND INFORMATION HUB

www.kent.gov.uk/education-andchildren/special-educational-needs

Guidance and support for parents of children with special educational needs.



MIND ED

<https://www.minded.org.uk/>

Free educational resource to support children, young people and adults with mental health.



AUTISM EDUCATION TRUST

www.autismeducationtrust.org.uk

Resources and support for parents and schools for children and young people with autism.

