

FOOD POLICY

This is a policy for food and nutrition within St Nicholas school. This document is freely available to the entire school community. It is also made available on the website, in the prospectus and in the school newsletter.

AIMS AND OBJECTIVES

- To ensure that all aspects of food and nutrition in the school promote health and wellbeing of pupils, staff and visitors to our school.
- For all meals provided by the St Nicholas kitchen to comply with statutory Government Guidelines.
- Review schemes of work and long term plans relating to food and nutrition in different subject areas so they remain up-to-date and consistent
- St Nicholas School kitchen to invest in a cycle of compliant menus to give variety, breadth and nutriently balanced meals (currently using the KCC menus written by a nutritionist-see Appendix)
- Continue with themed food weeks and enrichment days in school to promote healthy eating and drinking and further link food with the curriculum
- Ensure that the food St Nicholas school supply is healthy. Pupils will have access to water both in the Primary and Secondary departments. Fruit and/or vegetables are offered in Primary. Any specific snacks that a pupil requires should be sent in from home.
- To encourage families to support the Healthy Eating programme that the school follows and provide pupils with healthy choices for snack and packed lunch.
- The school will provide support for families needing advice.
- To ensure both kitchen staff, staff teaching food technology and staff with other catering commitments have an up to date food hygiene certificate.
- A member of the kitchen staff to be a First Aider at work trained.
- Ensure our after school activities and clubs promote healthy eating and lifestyle

GUIDELINES

- Discuss food and nutrition at school council as a regular agenda item
- The Healthy Schools Co-ordinator to monitor practise and change in school
- SMT to monitor cross curricular links associated to food and nutrition. Healthy schools team to continue to meet regularly
- Food festivals: Run regularly and plan for part of curriculum delivery
- Continue extra- curricula activities for the students to access eg like gardening club
- CPD: Send key staff on basic food and hygiene course
- Food guidelines/diets to be raised with health staff for some pupils through the school nurse

MONITORING AND EVALUATION:

- Report to governors and review policy annually
- Report progress and initiatives to school council
- SMT and subject co-ordinators to review schemes of work and monitor lessons
- Food festivals: Keep photographic record of food theme weeks and display on board and on website to help keep parents informed
- Extra- curricula: Continue with gardening club and use produce in school cookery lessons/ breaks/or to sell
- CPD: Continue to roll out training for basic food and hygiene. Staff who have attended to disseminate materials and good practise
- Kitchen spreadsheets on numbers of dinners, costings and invoices to go to the Head Teacher and Business Manager weekly for monitoring and review. Headteacher to give feedback to governors on financial monitoring three times a year.
- Monthly review meetings with kitchen manager and Head Teacher.
- Monitoring menu compliance and Health and Safety to be regularly monitored by Governors and discussed within the catering committee.
- Dinner monies coming in is monitored daily by the office staff. A letter is sent when any family is Over £11 in debt and a phone call follows if no payment comes in from the letter of correspondence

ADDITIONAL:

- School has recognition for National Healthy School Status
- This policy has been produced in consultation with the school council, the St Nicholas Catering Officer, governors, health professionals and healthy schools team
- This school actively supports healthy eating and drinking throughout the school day, ensuring compliance with National Food Standards Guidelines

MONITORING AND REVIEW

This policy will be monitored on a yearly basis by the Curriculum Co-ordinator to keep up to date with any adjustments to statutory legislation or curriculum and any changes will go via the Governing Body when necessary.

EQUALITY, SAFEGUARDING AND EQUAL OPPORTUNITIES STATEMENT

St Nicholas School, in all policies and procedures, will promote equality of opportunity for students and staff from all social, cultural and economic backgrounds and ensure freedom from discrimination on the basis of membership of any group, including gender, sexual orientation, family circumstances, ethnic or national origin, disability (physical or mental), religious or political beliefs.

St Nicholas School aims to:

- Provide equal opportunity for all
- To foster good relations, and create effective partnership with all sections of the community
- To take no action which discriminates unlawfully in service delivery, commissioning and employment
- To provide an environment free from fear and discrimination, where diversity, respect and dignity are valued.

All aspects of Safeguarding will be embedded into the life of the school and be adhered to and be the responsibility of all staff.

LINKS TO OTHER POLICIES

Safeguarding
D&T
Health and Safety
Community Cohesion

ANGELA PIKE/LORNA SULLIVAN
REVIEWED TERM 3 2017