

HOME LEARNING ACTIVITIES AND IDEAS WEEK 3

ACT OUT A SENSORY STORY

Twinkl is a great website for teaching ideas and resources and to help parents during the school closure; it is available to use free of charge. To take a look, visit www.twinkl.co.uk/offer and enter code: PARENTSTWINKLHELPS.

If you look for sensory stories there are several to choose from and twinkl provides activity and prop ideas for each story. For example, 'The Secret garden' is a good one and there are some based on Roald Dahl books such as 'The Enormous Crocodile', 'The Twits' and 'Charlie and the Chocolate Factory'.

Another useful website for sensory stories is: <https://equals.co.uk/whiteboard-room-pmld-sensory-stories/>

BAKE SOME CAKES OR FOLLOW A SIMPLE RECIPE

Cooking is a wonderful sensory experience and adding toppings to pizza or baking a cake is a great way to involve your child in making their own lunch or tasty snack. Simple recipes can be found online:

www.bbcgoodfood.com/recipes/collection/kids-cooking

www.bbc.co.uk/food/collections/10_easy_recipes_for_kids

Make sure your child has time to explore each of the ingredients in turn by:

- looking e.g. let them watch flour being sifted
- listening e.g. shake the bag of sugar to hear the noise it makes
- touching e.g. put some of the ingredients on a tray and give your child time and freedom to explore how they feel
- smelling e.g. smell each of the ingredients separately, again when mixed together and finally once cooked
- tasting (where appropriate)

WHATEVER YOU DO WITH YOUR CHILD, KEEP IT SHORT AND SIMPLE AND MAKE SURE YOU HAVE SOME FUN!