

# Messy Play Texture Hierarchy

Easy	Challenging		
<p>Dry textures fall away and the child can control contact with the texture.</p>	<p>Dry textures that mostly fall away, some particles or bits may stick to the hand.</p>	<p>Wet textures that stick to the hand but the child can easily break contact with the texture (e.g. by lightly wiping)</p>	<p>Wet textures that stick to the hand and the child has least control when breaking contact with the texture (e.g. by repeatedly wiping).</p>
<ul style="list-style-type: none"> <li>▪ Feathers</li> <li>▪ Shredded paper</li> <li>▪ Dry Pasta / spaghetti</li> <li>▪ Dry Rice</li> <li>▪ Dry porridge oats</li> <li>▪ String</li> <li>▪ Lace</li> <li>▪ Fabric squares</li> <li>▪ Fur fabric</li> <li>▪ Dry sand</li> <li>▪ Beads</li> <li>▪ Plastic items</li> <li>▪ Sea shells</li> <li>▪ Coconut husks</li> <li>▪ Dry lentils / beans</li> <li>▪ Dried flowers</li> <li>▪ Hay / straw</li> <li>▪ Leaves</li> <li>▪ Cotton wool</li> </ul>	<ul style="list-style-type: none"> <li>▪ Damp Sand</li> <li>▪ Glitter</li> <li>▪ Sequins</li> <li>▪ Touching mixture of corn flour mixed with water.</li> <li>▪ Cold wet pasta / spaghetti</li> <li>▪ Wet rice</li> <li>▪ Silly string</li> <li>▪ Chalks</li> <li>▪ Playdough</li> <li>▪ Compost</li> </ul>	<ul style="list-style-type: none"> <li>▪ Foam (e.g. light shaving foam)</li> <li>▪ Water</li> <li>▪ Wet sand</li> <li>▪ Wet noodles</li> <li>▪ Wet lentils</li> <li>▪ Baked beans</li> <li>▪ Jelly</li> <li>▪ Mashed potato</li> <li>▪ Ice cubes</li> </ul>	<ul style="list-style-type: none"> <li>▪ Foam (e.g. heavy shaving foam)</li> <li>▪ Glue</li> <li>▪ Melted chocolate</li> <li>▪ Mashed banana</li> <li>▪ Dripping mixture of corn flour mixed with water on the skin</li> <li>▪ Mud</li> <li>▪ Angel delight</li> <li>▪ Porridge</li> <li>▪ Custard</li> <li>▪ Yoghurt</li> <li>▪ Ice cream</li> <li>▪ Finger Paint / poster paint</li> <li>▪ Tinned Spaghetti</li> </ul> <p style="font-size: small; margin-top: 10px;">Items may also include additional properties at this end of the scale (e.g. ice cream is wet, sticky and cold)</p>

# Food Play Texture Hierarchy

Easy		Challenging	
<p><b>Firm and dry:</b></p> <ul style="list-style-type: none"> <li>▪ Dry textures fall away and the child can control contact with the texture.</li> <li>▪ No brushing or wiping is required</li> </ul>	<p><b>Soft and Dry:</b></p> <ul style="list-style-type: none"> <li>▪ Dry textures that mostly fall away, some particles or bits may stick to the hand,</li> <li>▪ Brushing residue required to break contact</li> </ul>	<p><b>Wet:</b></p> <ul style="list-style-type: none"> <li>▪ Wet textures that maintain contact with the hand but the child can easily break contact with the texture</li> <li>▪ Requires wiping to break contact with texture.</li> </ul>	<p><b>Wet and sticky:</b></p> <ul style="list-style-type: none"> <li>▪ Wet textures that stick to the hand and the child has least control when breaking contact with the texture,</li> <li>▪ Requires repeated wiping to break residue away.</li> </ul>
<ul style="list-style-type: none"> <li>▪ Marzipan</li> <li>▪ Ready roll icing</li> <li>▪ Broken pancakes</li> <li>▪ Cereals – cornflakes, rice krispies, cocoa pops etc.</li> <li>▪ Uncooked noodles (hard)</li> <li>▪ raw vegetables (either whole or in chunks – but dry!)</li> <li>▪ liquorice</li> <li>▪ snack foods – skips wotsits,</li> </ul>	<ul style="list-style-type: none"> <li>▪ Icing sugar</li> <li>▪ Cocoa powder</li> <li>▪ Dry angel delight mix</li> <li>▪ Dry porridge oats</li> <li>▪ Granulated sugar</li> <li>▪ Sherbert</li> <li>▪ cake decorations – hundreds and thousands, strands etc</li> </ul>	<ul style="list-style-type: none"> <li>▪ Water</li> <li>▪ Cooked noodles</li> <li>▪ Cooked lentils</li> <li>▪ Cooked pasta / spaghetti</li> <li>▪ Cooked rice</li> <li>▪ Jelly</li> <li>▪ Mashed potato</li> <li>▪ Ice cubes</li> <li>▪ piping icing</li> <li>▪ Custard</li> <li>▪ Yoghurt</li> <li>▪ Baked beans</li> <li>▪ puréed fruit and vegetables</li> </ul>	<ul style="list-style-type: none"> <li>▪ Melted chocolate</li> <li>▪ Mashed banana</li> <li>▪ Angel delight</li> <li>▪ Porridge</li> <li>▪ Ice cream</li> <li>▪ Tinned Spaghetti</li> <li>▪ chocolate spread</li> <li>▪ jam, lemon curd etc.</li> <li>▪ ketchup</li> <li>▪ sweet and sour sauce</li> </ul> <p style="font-size: small; margin-top: 10px;">Items may also include additional properties at this end of the scale (e.g. ice cream is wet, sticky and cold)</p>