



Canterbury District
STLS & Outreach



STLS NEWSLETTER TERM 2

Welcome everyone to our term 2 newsletter of the 2021/2022 academic year.

LIFT Meetings for this term will be a mixture of face to face and virtual. Please be aware that the format for referral forms have changed and you can find the updated versions on KELSI or on the STLS tab of the St Nicholas website. Please check the LIFT schedule for deadline dates and venues.

We would appreciate your support in the consultation on the structure of the STLS, you can do this by completing the questionnaire contained in the link - <https://letstalk.kent.gov.uk/stls> or click [HERE](#)

SENCO FORUMS

Nurture UK will be attending the Primary & Secondary SENCO forums on Wednesday 19th January 2022.

Primary - 10:00

Secondary - 14:00

POWERPOINTS

Two new narrated PowerPoints can be accessed via the STLS tab on the St Nichs website or click [HERE](#)

The Whole World Approach & Precision Teaching are now available.

For Your Parents/Carers

- ♦ **COFFEE MORNINGS** - We offer a variety of bespoke coffee mornings for Parents / carers. Details can be found in our Training brochure for Parents / carers which is available on the STLS tab of the St Nichs website under 'Parents'.
- ♦ **CYGNET** - Puberty, Sexual well-being and Relationships - info - This three session course is designed for parents of children/young people with autism aged 7-18, to help them develop their understanding and confidence relating to puberty, sexual wellbeing & relationships and how they impact children on the autistic spectrum. Dates: Wed January 5th 10-12.30, Thurs 13th January 10-12.30, Wed 26th January 10-12.30 all at St Nicholas school. Booking via stls@stns.org.uk
- ♦ **ASC SIBLING GROUP** - Suitable for children aged 7 - 14 years. Dates: 11th, 18th and 24th January (all 3 days) or 9th, 16th & 23rd March 2022. Time: 13:00 - 15:30 at St Nicholas School. Refreshments will be provided. Absence can be B-coded by the school for education off-site. Booking via stls@stns.org.uk

FREE Online Solihull Courses

KCHFT Health Visiting have purchased the online **Solihull Parenting Programmes**, the 4 Courses include:

- * Understanding pregnancy, labour, birth and your baby
- * Understanding your baby aged 0-12 months
- * Understanding your child aged 0-18
- * Understanding your teenager's brain

The following link and password can be shared with families to be able to gain access. Solihull will record the number of courses accessed and provide data to KCHFT. **Go to www.inourplace.co.uk - Access code: Invicta**

Useful Links

- ⇒ **NELFT NHS Foundation Trust** - How To Refer - [LINK HERE](#)
- ⇒ Kent & Medway Single Point of Access (SPA) Request for Support Form - [CLICK HERE](#)
- ⇒ ASD & ADHD Referrals - 0-16 years - [LINK HERE](#)

Training

NQT/ECT COURSE - Implementing SEND

Date: 9th, 10th & 11th February

Time: 09:00 - 15:00

Where: Seasalter Christian Centre

* All 3 sessions must be attended. For NQT's & those with 5 or less years experience. One day immersion into specialist provision. Workshop from SALT & Educational Psychology. Free course - can claim £200 supply money. Booking: stls@stns.org.uk

Fully Funded SEND Training

SEN/Metacognition/Behaviour Courses

KELSI - Please [CLICK HERE](#)



- ◆ 19TH NOV - Autism in Girls - 09:30-13:00 - Canterbury Academy - £37 pp Schools / £18 pp EY's
- ◆ 25th Nov - Zones of Regulation - 13:00-15:30 - Canterbury Academy - Cost TBC
- ◆ 1st Dec - Sensory Differences for Early Years - 10:00-14:00 - St Nicholas Training Centre - £25 per setting
- ◆ 2nd Dec - Autism Champions (Day 4) - 09:30-12:30 - Canterbury Academy
- ◆ 6th & 13th Dec - Makaton level 1 & 2 - 09:30-15:30 - Canterbury Academy - £90 pp schools / £45 pp EY's
- ◆ 9th Dec - Positive Playtimes - 09:30-12:30 - Canterbury Academy - £37 pp Schools / £18 pp EY's

All enquiries and bookings can be made by emailing stls@stns.org.uk or filling in the booking form on the STLS tab of the St Nichs website here: [BOOKING FORM](#)



Please check the Kelsi website for :

- The updated Personalised Plan and Guidance document with the new MAT progress grid.
- The FAQ about the SENIF process - [CLICK HERE](#)
- The new EY STLS LIFT Referral Form - [CLICK HERE](#)
- The SEND Offer in Kent booklet

It is expected that these new formats should be used by January for SENIF applications etc.

COFFEE MORNINGS

We are able to offer your settings a coffee morning/ afternoon for parents for an hour to discuss any concerns regarding SEND or challenges that parents may be experiencing. Topics we could cover are play, sensory differences, visual supports, sleeping and toileting routines...

Please contact Ali or Sue if you are interested in hosting one of these.

We can offer a mince pie/coffee session on the 14th Dec to a setting/collaboration this term



EARLY BIRD PROGRAMME

Please encourage parents of children with an Autism diagnosis to request a place on the waiting list using the referral form on our STLS website - [AVAILABLE HERE](#)

Parents can also email following address: kcht.thanetadmin@nhs.net



EY TRAINING

1st Dec - Sensory Differences - please book with STLS admin by 19th November

6th & 13th Dec - Makaton - please book with STLS admin by 19th November

EY Forum is 22nd November - Canterbury Academy (Professional Development Centre on the Primary Site) 09:30.

The focus is updates, a walk through the new paperwork & a look at Ther-a-play.

Do remember to have your say on the STLS consultation!





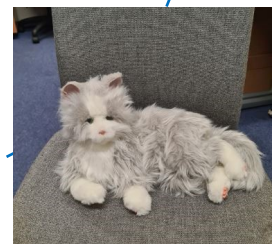
FIVE TO THRIVE

Just as our child's body grows better when you give them good food, your child's brain grows better when you do five simple things that feed the growing brain: Respond • Cuddle • Relax • Play • Talk These are your child's daily 'Five to Thrive' building blocks for a healthy brain.

[CLICK HERE](#) for the website where you will find resources and further information.

KCA, established in 2011, is a training and consultancy organisation working across the UK. Our **five to thrive** approach is helping local authorities, health trusts, schools and early years settings, police forces and family support teams to deliver a consistent, effective message in working with colleagues, parents, carers and children themselves.

Robotic Pets - These respond to touch, hugging, motion and sound much like real ones. Max, the pup was named by a group of children on his first outing, in which he was a real hit! The children loved interacting with him and he had a calming effect which brought the group together. We also have two cats available for the children that would feel more comfortable with a cat. There would be a great resource for any children experiencing anxiety and/or attachment difficulties and also for Nurture groups. Please contact our STLS T.A, Karen Scott via email if you are interested: k.scott@stns.org.uk



HELPFUL TIPS TO SUPPORT ADMIN

Here are some tips to aid our STLS admin in their work:

- * Please check the spellings of first & surnames when filling in forms - especially LIFT referrals.
- * On LIFT paperwork please ensure that the **legal** surname is entered. 'Known as' can be entered in brackets. This is because it is the legal name that is on Synergy.
- * Parental engagement forms must be sent at the same time as the referral form.
- * If a case is urgent or you need to be at the start or end of a LIFT agenda, please let Michayla know at the time of referral - we aim to be as accommodating as possible.
- * Changes of email addresses and / or staff - please email STLS admin so we can amend distribution lists etc.
- * Please send LIFT paperwork via email to LIFT@STNS.ORG.UK or via Egress
- * Please send any training enquiries to STLS@STNS.ORG.UK

Thank you for all that you do.