



**PSHE**



**Key Stages 1 to 4**

## Curriculum Intent:

At St Nicholas School, PSHE is taught in order to develop the qualities and attributes needed to thrive as individuals, family members and to be a part of society.

For students on the Oak Pathway this is achieved by learning the skills to:

- **Form positive and long lasting relationships.**
- **Make safe and healthy lifestyle choices, both online and offline.**
- **Interact successfully with the wider world – developing employability skills and preparing for adulthood.**

The curriculum is delivered through whole class teaching, small group work and individualised learning targets. Learning takes place in the classroom and in the wider community. The opportunity for students to apply learning and practice skills in real life contexts is central to the curriculum and successful learning.

For students on the Oak Pathway lessons address the wider world implications of the components outlined below, taking students from the personal level to that of the community and situations outside of their direct experience. At Key Stage 4 students complete OCR Life and Living Skills accreditation to develop independent living and vocational skills.

## ASSESSMENT AND IMPACT

Steps of progress are mapped against the KSENT CORE PSHE assessment framework, which reflects the core areas of the curriculum.

Individual targets are planned, delivered and assessed through students' provision plans.

The Boxall Profile is used to assess children and young peoples' social, emotional and behavioural development.

At KS4 students access accreditation that is externally assessed and appropriate to individual abilities, building on skills and knowledge from previous years.

The programme is accredited across KS4 using the ASDAN EL2 Employability Award as pupils submit the following units:

- Working with Others
- Maintaining Work Standards
- Rights and Responsibilities at Work
- Tackling Problems at Work

# Curriculum Progression Map



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Curriculum Implementation: EQUALS Schemes of Work and TWINKL PlanIT – adapted and personalised for student need.

Key Stage 1 PSHE Cycle	Health and Wellbeing	Relationships	Living in the Wider World
Year 1	Ourselves	People Around Me	Looking after our environment.
Year 2	Healthy Choices (INC. Personal choices and safe use of technology)	Caring	Jobs Around the School

Key Stage 2 PSHE Cycle	Health and Wellbeing	Relationships	Living in the Wider World
Year 1	Healthy Exercise (inc. use of technology)	FRENDS / PELICAN	Jobs that Help Us
Year 2	Safe use of technologies	Rights and Choices	Safety in the Community
Year 3	Growing and Changing	Respecting Privacy FRIENDS/ PELICAN	Jobs we Want to Know More About

Key Stage 3 PSHE Cycle	Health and Wellbeing	Relationships	Living in the Wider World
Year 1	Personal Hygiene	Respecting Others (Including safe use of technologies)	Jobs in the Community
Year 2	My Changing Body	Changing Relationships	Managing Money
Year 3	Healthy Lifestyles (Inc. internet safety and use of technology)	FRIENDS/ PELICAN	The Benefits of Work (INC. XELLO)

Topics may be delivered at different times in the curriculum cycle depending on the needs of students. Key topics will be embedded across the curriculum for all year groups and will be delivered in cross curricular activities.– EG- Safe use of technologies, emotional literacy, cultural diversity.

The practical exploration and application of skills, including community based learning is central to the curriculum and successful learning



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## Curriculum Implementation:

### Key Stage 4 OAK Topics

#### Relationships and Sex Education:

*Topics Covered to include, Understanding my bodily needs, Sexual Health, Relationships, Pregnancy and Birth, Sexuality and Enjoyment*

#### Health and Wellbeing (Including Online Safety):

THINK U KNOW- - RESPECTING ME, U, US - Safe Relationships and Lifestyles, Relaxation, Personal Care, Financial Management, Accessing the Community,

## Careers Programme:

### Key Stage 4 Oak YEAR 10

Intervention	Timing	Partner	Gatsby Benchmarks
Group work experience	1 day per fortnight	White Cliffs Country Parks Lily's Kitchen Shed Loads School Based work experience.	1,3,4,5,6
School based vocational opportunities	Weekly		3
Lessons on local labour market opportunities using "Start In Kent" LMI tool	1 per term	DWP	3,8
Xello Lessons: Investigating job sectors	Term 2		3,8
Volunteering: Environmental Focus	All through the year	White Cliffs Country Parks- River Dour; Thanet Coastal Volunteering; Canterbury Herne Bay & Whitstable CVC	4,5,6
Post 16 Provider Fair	March	All partners	1,7
1-1 Initial IAG	Term 3	The Education People	3,8



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**Curriculum Implementation:**

**Careers Programme:**

**Key Stage 4 Oak YEAR 11**

Intervention	Timing	Partner	Gatsby Benchmarks
Mock job application including interview	Term 4	The Canterbury Academy; Macknades; Department for Work & Pensions	3,5,8
Whole class workplace visits	2 per term	See employer list above; Bemix	1,5,6
Bespoke workplace visits	Terms 5 & 6	Individual visits where pupils have expressed an interest in the employer or work sector	1,5,6
Xello vocational profiling review	All through the year	DWP	4,8
Enterprise Projects: eg tuck shop	Weekly	Products are sold through the Amelix ETSY shop	4,5
Post 16 Provider Fair	March	All partners	1,7
Parent after school information sessions	Annually in term 2, years 10 & 11	The Education People	8
NHS Supported Internship Induction	Terms 5 & 6 for 2 pupils	EKH Trust	1,3,4,5,6