



Sensory assessment checklist for Early Years settings

(based on the sensory profile checklist from Bogdashina, 2003 and included in the DfE's IDP).

Tick which apply and then consider what you can do next to support the child.

Where possible, the setting and parents should complete this separately.

No.	Item	Yes	No	Don't know	Things to try
1- B/L	Resists changes to familiar routines				
2- B/L/V	Does not recognise familiar people in unfamiliar clothes				
3 -V	Dislikes bright lights				
4- V	Dislikes fluorescent lights				
5- V	Is frightened by flashes of light				
6- V	Puts hands over eyes or closes eyes in bright light				
7- V	Is attracted to lights				
8- V	Is fascinated by shiny objects and bright colours				
9 – VB	Touches the walls of rooms				
10- V	Enjoys certain patterns (e.g. brickwork, stripes)				
11- Pr	Gets lost easily				
12 -VB	Has a fear of heights, lifts, escalators				
13- Pr	Has difficulty catching balls				
14- BL	Is startled when approached by others				
15- S/T/Tac	Smells, licks, taps objects and people				
16 -V	Appears not to see certain colours				

KEY

V-Vision, A-Auditory, T-Taste, S- Smell, Tac- Tactile, VB- Vestibular/Balance, P-Proprioception, BL –Behaviour/Learning



17 -V	Uses peripheral vision when doing a task				
No.	Item	Yes	No	Don't know	Things to try
18 -A	Finds it easier to listen when not looking at person				
19- V/BL	Remembers routes and places extremely well				
20 – A/BL	Can memorise large amounts of information on certain topics				
21- V/A	Finds crowded areas very difficult				
22- V/BL	Prefers to sit at back of group or front of group				
23-A	Covers ears when hears certain sounds				
24-A	Can hear sounds which others do not hear				
25-A	Is very distressed by certain sounds				
26- A	Bangs objects and doors				
27- A	Is attracted by sounds and noises				
28 - Tac	Does not like shaking hands or being hugged				
29- P/Tac	Likes a hug if chosen to do this				
30 -A	Only seems to hear the first words of a sentence				
31- A	Repeats exactly what others have said				
32-A	Very good auditory memory for songs and rhymes				
33- Tac	Dislikes the feel of certain fabrics and substances				
34- Tac	Seems unaware of pain and temperature				

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35- T/S/V	Dislikes certain foods and drinks				
36 – Tac/P	Seeks pressure by crawling under heavy objects				
37 – Tac/P	Hugs very tightly				
38 - Tac	Enjoys feeling certain materials				

No.	Item	Yes	No	Don't know	Things to try
39 -S	Dislikes certain everyday smells				
40 -T	Eats materials which are not edible				
41-V	Likes to have food presented in a certain way on the plate				
42-T	Dislikes crunchy or chewy food				
4- P	Quite clumsy and bumps into objects and people				
44-V	Finds fine motor movements hard				
45-VB	Has difficulty running and climbing				
46-VB	Finds it hard to ride a bike				
47-P	Does not seem to know where body is in space				
48 -VB	Has poor balance				
49-VB	Afraid of everyday movement activities such as swings, slides, trampoline				
50- VB	Has extremely good balance				
51- A/V/Tac/ BL	Stims- for e.g. hums, makes odd noises, rubs, squeezes, flaps, flicks, or spins objects				

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