JUDIT SEBOK-ROSE 1 APRIL 2020

# St NICHOLAS SCHOOL ACTIVE EDUCATION



# Active education is here to provide you with Home Support

We are really missing you all and would like to continue our Active Education journey together!!!

I am so happy to tell you that we may see each other sooner than we thought we will!!

Tuesdays, Wednesdays and Thursdays in April (After the Easter Break)I will be coming online to meet with you on Zoom!!!









Ideas for Play
I will be able to
support you with
some hand function
activities to practice
your skills.

What to do in your free time independently?



homework each week for you to practice

Zoom online Sessions It will be great to see you!!!!



### **Planned session Dates**

### Tuesdays, Wednesdays and Thursdays from the 14th of April

I will send and update via the Active ed learning tab on the St Nicholas School website, where you will be able to find home workout routine program plans to try out at home.

Also, I will schedule zoom meetings and if you like to join in; you can request an invite. In these online sessions you will be able to see many of your Friends who join in to the sessions at the same time. We will sing and play just like we do at school!!

If you like, you can request one to one meetings too and I can talk you through any tricky activities you are

practising.

All you need to do is get in touch with me in an email!!

Active ed is Coming live on the 14th of April 2020





As always, I will do my best to support you through this period but of course the online sessions are new for us all. Therefore, I aim to have fun and some social interaction in the first place and of course we will do our best to keep up with; and learn some new skills:)

#### "How to Zoom to see each other SOON?"

I have created a zoom account and allocated meeting schedules for group sessions from the 14th of April!!!

If you are in Bear, Orangutang, Rainbow fish or Tigers Class; you will receive an email invitation from me each week via the website for the forthcoming session. You can opt to join in and see me or just practice the scheduled weekly program if you prefer. Video link to how to join:

https://www.youtube.com/embed/ hIkCmbvAHQQ? rel=0&autoplay=1&cc load policy=1

I am really looking forward to see you all!!!

## IF YOU ARE INTERESTED PLEASE FOLLOW THE GUIDES FOR RESOURCES

In the Active ed tab there is a list of resources suggestions for you to collect or make during the Easter break, those are items you need for the sessions! They are not essential and you can use any alternatives you may have at home!!!

Let's have some Active ed Fun!!!!!!

