

Welcome everyone to our term 4 newsletter of the 2021/2022 academic year.

This term we bid farewell to Liz Ross who will be leaving the STLS. She has been a valued member of the team for a number of years and will be greatly missed. We wish her well in her new endeavours.

As a result, we are looking for a replacement and anyone interested should look on <u>KENT TEACH (click here)</u> - closing date: 14th March



**International Women's Day** (March 8) is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality. **CLICK HERE** for the website. #BreakTheBias theme 2022.



Movement, Games, Stretching, Peer/Self Massage, Deep Breathing, Positive Affirmations and Creative Visualisations

Angela O' Brian (Relax Kids Coach) offers the following sessions at Primary schools:

- Individual and pair sessions
- Group sessions
- Parent & Child sessions to enable parents/carers to learn relaxation skills with their child, to support them in their practice at home.
- Workshops Introduction for Parents/School Staff

#### Please note:

- \* Younger children or groups of children with higher level of needs may require a smaller group or an additional member of school staff to be present.
- \* Parent/Carer consent is required for any child attending a session.
- \* The sessions are not a talking therapy/counselling type session.
- \* Angela is a Relaxation Coach and not a Therapist in her role with Relax Kids.

For further information including prices for all options, please email: relaxkidscanterbury@gmail.com

Solihull Reconnect Event - For those who have previously attended the 2-day Solihull course.

When: Friday 20th May 2022

Where: The Marine Hotel, Marine Parade, Whitstable

Time: 9am - 4pm

Lunch & refreshments included (please inform us of any dietary requirements)

How To Book: Email Emma Harrison - e.harrison@stns.org.uk by 29th April 2022



UNDERSTANDING YOUR CHILD

SOLIHULL APPROACH

Help with how to talk to children and young people about Russia's invasion of the Ukraine.

Information and Resources from the Department for Education:

Your pupils may have questions or be seeking reassurance following Russia's invasion of Ukraine. The Department for Education has compiled useful advice and classroom resources for teachers, including how to talk to young people about distressing and complex news stories and how to spot mis- and disinformation - CLICK HERE

New resource from Educate Against Hate:

How to Help Students Talk About the News – by former Head of Humanities and Online Learning Manager at The Economist Educational Foundation Tom Bigglestone - CLICK HERE

Save the Children: How to talk about war and conflict with children and young people:

Children may see and hear things about the crisis in the news, leading to feelings of uncertainty, anxiety and fear, which parents and caregivers need to address, the page has tool and tips to help parents and educators approach these concerns - <a href="CLICK HERE">CLICK HERE</a>



# LIFT MEETINGS:

- Please ensure referral forms include the legal names of the child and match the spelling you have on your system.
- Parental consent is valid for SIX months so if you are re-referring after this you will need to complete a new parental consent form.
- Please make sure you send the parental consent form with the referral as without it, the case cannot be discussed at LIFT.
- Please check the deadlines for paperwork submission on the LIFT schedule.

# EARLY YEARS ZONE

**Coffee Mornings** - are still available

Use the MAT & the Updated Personalised Plans and LIFT Request forms that reflect the CURRENT EYFS ages and stages.

DAF funding is now available for 2 year Olds and increases in April

**EYPP** - ensure that all entries are accurate; any errors the form will be rejected.

Please book E & I visits via the electronic form on KELSI

EY LIFT - please be aware that the maximum number per setting is 2 and the cut off number is 12 due to high numbers of referrals.

# THE AUTISM APPRENTICE (as Mentioned at EY FORUM & LIFT) CLICK HERE for their website

To contact them for support please fill in the form on the 'contact us' part of the website.





#### **TRAINING IN TERM 4:**

Emotional Regulation - 23<sup>rd</sup> March - 9.30 - 3pm - venue TBC

Please use the Booking form on our website to ensure your place.

All other EY courses have been cancelled this term.

## EY Forum is on the 21<sup>st</sup> March @ 9.30 and is VIRTUAL this term

The focus is updates & **transitions**. We will also feedback on the 'What to do before Coming to LIFT' checklist. If you would like an invite please email Ali or Sue.



#### Free online course

For parents & carers 'understanding Sensory Processing and Integration in Children Sensory Integration Network - <u>CLICK HERE</u>

### Overview of the short course for parents/carers:

- Help you better understand the senses and how we process information from our senses
- Introduce you to what sensory issues can look like in a child's behaviour and engagement, and
- Give you some ideas on how to support your child's sensory needs at home

#### ADVICE FOR SENCO'S ON THE ST NICHS WEBSITE - CLICK HERE

A new 'Supporting Play' checklist is now available to download.