

# Specialist Teaching & Learning Services

## Training Courses 2022/2023

Email for bookings/enquiries: [STLS@STNS.ORG.UK](mailto:STLS@STNS.ORG.UK)

### Term 1

#### ~~Autism Champions – see table below – venue TBC~~

This is an opportunity for one member of staff from your school to become a Canterbury district 'Autism Champion'. The course will run across the year, with participants attending 9 sessions lead by STLS and also completing a project in school to develop practice across the school in an area of their choice related to Autism. STLS will support them with this project, including at least one visit to school.

Tuesday 27 <sup>th</sup> September	Course introduction & SPELL framework
Tuesday 18 <sup>th</sup> October	National Autistic Society 'Essential Autism' training
Tuesday 8 <sup>th</sup> November	Language & communication
Tuesday 29 <sup>th</sup> November	Sensory
Friday 13 <sup>th</sup> January	Emotional Regulation & Anxiety
Friday 3 <sup>rd</sup> February	Social Interaction
Friday 3 <sup>rd</sup> March	Practical Support Strategies
Friday 24 <sup>th</sup> March	Autism & girls
Tuesday 20 <sup>th</sup> June	End of course presentations

**Cost: £155 per individual**

**Day 2 is: 9.30-3.30pm - All other days are: 9.30-12.30pm.**

#### **Sensory Differences in the Early Years - Tues 4th Oct - 10am -2.30pm**

**Course Objectives:** Understanding how the sensory system works

- Understanding the impact of the sensory system on everyday life
- Using and analysing the Sensory Checklist
- Creating a sensory diet for individuals
- Using sensory experiences through play

#### **Course Content**

- Exploring the senses
- Why do they dysfunction?
- How does this impact (on everyday life and in the classroom)?
- Sensory Checklist and how to analyse
- Creating a Sensory Diet and effective Sensory Circuits

**Venue: TBC**

**Cost:** £25 plus free resource per setting.

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### Term 1

#### **ELKLAN - 5-11 year olds - 3 Day Course**

**11th Oct, 7th Nov & 5th Dec 2022 - 9.30-3.30 lunch provided**

**Course Objectives:** Accredited training (Level 2 or 3) to help you develop and improve the communication skills of all children and young people especially those with speech, language and communication needs.

**Course Content:** Supporting children with:

- Vocabulary difficulties
- Receptive and expressive language needs
- Unclear speech
- Developing effective interaction and social communication skills

**Target Audience:** TAs and CTs working in Primary Schools.

**Venue:** TBC

**Cost:** The 3 day course is free but if attendees wish to do level 2 or 3 accreditation a cost of £150 per person will be invoiced.

**Cost is non-refundable if attendee does not complete the portfolio and is to cover accreditation fees and marking service.**

**ADHD (Attention Defecit Hyperactivity Disorder) - Tues 11th Oct - 9:30-12.30pm - Also available in TERM 4 Tues 7th March - 9.30-12.30pm - Only attend ONE session.**

**Course Objectives:** This half day course is designed to support school staff that are working with children and young people who have a diagnosis of ADHD. The course is suitable for staff from Nursery Settings, Primary and Secondary Schools.

**Course Content:** Encourage open discussion about ADHD

- Give an insight to the difficulties and positive encouragement children and young people with ADHD experience
- Identify good practice and offer advice, strategies and support for children and young people
- Ways in which a Setting or School can be ADHD aware

**Target Audience:** Staff in Primary and Secondary schools and Early Years Practitioners.

**Venue:** St Nicks Training Centre (TBC)

**Cost:** EY - £18 / Schools - £37 per delegate.

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### Term 1

#### **ASC ANXIETY - Thurs 20th Oct - 9.30-12.30pm**

A general understanding of autism prior to attending would be necessary.

**Course Objectives:** This session aims to explore how staff can support the emotional wellbeing of their autistic pupils.

#### **Course Content**

- What is meant by the term anxiety
- The relationship between anxiety and autism
- How anxiety can impact on behaviour
- How to reduce the impact of anxiety on autistic pupils
- Strategies to support students to identify and regulate their emotions

**Target Audience:** Staff in Primary and Secondary Schools

**Venue:** St Nichs Training Centre (TBC)

**Cost:** EY - £18 / Schools - £37 per delegate.

### Term 2

#### **ATTENTION AUTISM** <sup>TM</sup>

**Tues 15th & 29th Nov - 9am-4pm**

#### **Level 1 training - Copyright Gina Davies**

This course equips attendees with the skills to set up and run the 4 Stage Attention Autism programme.

Please note you need to be able to commit to stay for the whole and day and to embed Attention Autism into your planning for a minimum of 3 times a week. You will receive 3 visits from the AA team over the year.

**Target Audience:** EYFS Practitioners in nurseries and schools.

**Venue:** St Nicholas School Training Centre

**Cost:** £120 per person (this course is subsidised)

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## Term 2

### **POSITIVE RELATIONSHIPS - Tues 15th Nov - 9.30-12.30pm**

**Course Objectives:** This day course is designed to support school adults and how they can develop the skills to work with and support children and young people who are demonstrating extreme anxiety.

#### **Course Content**

- Encourage open discussion about values, beliefs and attitudes. Why do we find some behaviour challenging?
- Give an insight to Breakwell's Assault Cycle
- Identify and share good practice and offer advice, strategies and support for engaging positively with children and young people.
- How to observe and document evidence in order to plan support for a pupil

**Target Audience:** Nursery settings / Primary and Secondary schools staff.

**Venue:** Canterbury Academy, PLCC (Primary site)

**Cost:**

### **Adverse Childhood Experience's & Trauma - Thurs 8th Dec - 9.30-12.30pm**

**Course Objectives:** To support school staff that are working with children and young people who are experiencing or who have experienced adverse childhood experiences and trauma. The course is suitable for staff from Nursery settings, Primary and Secondary schools.

**Course Content:** Encourage open discussion about adverse childhood experiences and trauma.

- Give an insight into the difficulties children and young people with adverse experiences face
- Identify good practice and offer advice, strategies and support for children and young people
- Ways in which a Setting or school can develop wellbeing and positive relationships

**Venue:** St Nicholas School Training Centre, Canterbury

**Cost:** EY - £25 / Schools - £50 per delegate.

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## Term 3

### **ASD IN THE Early Years - TWO day course - 12th & 17th Jan 2023 - 9.30-2.30pm**

**Course Objectives:** To gain an understanding of autism and the strategies and interventions used to support children who have a diagnosis of autism in the Early Years.

**Course Content:** What is autism?

- The impact autism has on children's communication, language and play skills - presented by SLT from NHS
- Creating an appropriate learning environment
- Developing effective support for children with autism in your setting
- Developing and writing a Social Story

**Target Audience:** Pre-School SENCo / Pre-School Manager / EY Practitioners / School SENCo / EY's CT / EY's TA

**Venue:** St Nicholas Training Centre, Canterbury

**Cost:** £45 per delegate in total for both sessions.

### **ASC PRIMARY - Fri 20th Jan - 9.30-3.30pm**

**Course Objectives:** To provide an understanding of autism and an insight into how to support pupils with autism in the Primary School environment - ideal for any staff members new to working with autistic pupils.

**Course Content**

- To explore what it means to have autism and some of the theories behind it.
- To examine some of the common characteristics a pupil with autism may demonstrate in school.
- To consider the challenges a pupil with autism may experience in the Primary school environment. To explore strategies and best practice for supporting pupils with autism in a Primary school context.

**Target Audience:** Any member of staff within a Primary school who is new or just beginning to work with autistic pupils.

**Venue:** TBC

**Cost:** Schools - £50 per delegate.

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### Term 3

#### **ASC SECONDARY - Fri 27th Jan - 9.30-3.30pm**

**Course Objectives:** This session aims to develop a good understanding of how the main areas of difference experienced by autistic students can impact upon them in Secondary school and the support they need.

##### **Course Content**

- A brief overview of the development of our understanding about Autism.
- The main areas of difference experienced by autistic people.
- The potential impact of these upon autistic students in the secondary school setting.
- Practical strategies to support autistic students.
- Opportunities to share our experience and reflect upon own practice.

**Target Audience:** Secondary school staff who work with autistic students.

**Venue:** TBC

**Cost:** £50 per delegate.

#### **ECT TRAINING - THREE Day Course - 9th, 10th & 11th Jan - 9.30-3.30pm**

##### **Course Objectives**

- A clear understanding of the Code of Practice
- To fully understand and apply the Mainstream Core Standards
- To have an overview of best practice when working with children with Special Educational Needs across all dimensions of needs
- To have an understanding of Special Schools and opportunities to shadow and observe Specialist Teachers

##### **Course Content**

DAY ONE - What is SEND? & Mainstream Core Standards

DAY TWO - Immersion Day into PSCN school or SRP

DAY THREE - Feedback from Immersion Day

- ASD / ADHD overview & SLCN

**Target Audience:** ECTs or CTs that have up to five years experience

**Venue:** Days 1 & 3 - Seasalter Christian Centre. Day 2: Placement.

**Cost:** FREE: Schools can claim up to £200 supply money on attendance.

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## Term 3

**ELKLAN 3-5 YEAR OLDS - FOUR Day Course - 30th Jan, 21st Feb, 14th Mar, 24th Apr - 9.30-3.30pm**

**Course Objectives:** Accredited training (Level 2 or 3) to help you develop and improve the communication skills of all children and young people especially those with speech, language and communication needs.

**Course Content:** Supporting children with:

- Vocabulary difficulties
- Receptive and expressive language needs
- Unclear speech
- Developing effective interaction and social communication skills

**Target Audience:** TAs and CTs working in settings / nurseries / primary school

**Venue:** Canterbury Academy, PLCC (Primary Site)

**Cost:** The 3 day course is free but if attendees wish to do level 2 or 3 accreditation a cost of £150 per person will be invoiced.

**Cost is non-refundable if attendee does not complete the portfolio and is to cover accreditation fees and marking service.**

**Essential Autism (The National Autistic Society) - Tues 7th March 2023 - 9.30-3.30pm**

A brand new course designed by Autistic People – experience, thoughts and advice from autistic adults. **Course outline:**

- Defining autism – considering difference
- Understanding communication
- Relationships and interactions
- Different experiences
- Sensory processing
- Stress and anxiety
- Building connections
- Shaping support.

Licensed Course facilitators: Gillian Newport and Sarah Beaumont

**Venue:** Spires

**Cost:** £12 pp - refreshments & Essential Autism booklet included.

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### Term 4

#### **Supporting Emotional Regulation Early Years - Tues 21st Mar - 9.30-2.30pm**

##### **Course Objectives and Content**

After completing this CORE and essential training participants will be able to:

- develop effective practice to support children's social, emotional and mental health development within an Early Years environment.
- understand the importance of building strong relationships to enable children to feel safe and secure
- develop different strategies to support the regulation of children's emotions and behaviours in their settings

**Target Audience:** EY SENCo and practitioners and school staff.

**Venue:** St Nicholas Training Centre, Canterbury

**Cost:** EY - £45 / Schools - £55 per delegate for one day. Day 1 & 2 special offer: EY: £60 / £70 Schools.

#### **Creating A Sensory Diet - Fri 24th Feb - 9.30-3pm**

##### **Course objectives**

- Understanding how the sensory system works
- Understanding the impact of the sensory system on everyday life
- Using and analysing the Sensory Checklist
- Creating a sensory diet for the individuals

##### **Course Content**

- Exploring the senses
- Why do they dysfunction?
- How does this impact (on everyday life and in the classroom)?
- Sensory Checklist and how to analyse
- Creating a Sensory Diet and effective Sensory Circuits

**Target Audience:** All staff working with pupils with sensory difficulties.

**Cost:** £37 plus free book per school

**Venue:** TBC



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### Term 5

#### **Restorative Theories - Tues 9th May - 9.30-4pm**

**Course Objectives:** To support school staff that are responsible for writing and implementing positive behaviour policies in settings, Primary and Secondary schools. Restorative theory offers a practical strategy where children, young people and staff can discuss difficulties when mistakes are made and things go wrong. Restorative theory develops positive relationships within the setting or school community.

#### **Course Content**

- Encourage interaction and activities to explore values, beliefs and attitudes
- Give an insight to how restorative theory can empower and enable the pupil voice
- Encourage confident children, young people and staff within the school community
- Offer a clear strategy and framework to all stakeholders, including staff

**Venue:** St Nicholas School Training Centre, Canterbury

**Cost:** TBC

#### **ELKLAN 11-16 Year Olds - THREE day course - Mon 22nd May, Mon 19th June & Mon 11th July - 9.30-3.30pm**

This course focuses on the development of language, improving communication, memory and learning, understanding language levels, expressive language and social communication skills and the link between speech, language, reading and spelling.

**Venue:** TBC

**Cost:** The 3 day course is free but if attendees wish to do level 2 or 3 accreditation a cost of £150 per person will be invoiced.

**Cost is non-refundable if attendee does not complete the portfolio and is to cover accreditation fees and marking service.**

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## Term 5

**Speech & Language Course - Early Years - Mon 6th May -  
9.30-2.30pm - VIRTUAL**

### **Booking via CPD Online.**

Delivered by Speech & Language, The Education People and STLS

Looking at providing targeted support for children with SLCN within Early Year's Settings.

If possible attendees should already accessed 'Prime Importance of Communication and Language' training'

## Term 6

**Getting It Right for 2 Year Olds - Small Steps For Great  
Gains - Tues 13th June - 9.30-3.30**

### **Course Objectives**

- To have an increased understanding of what 'complex needs' means when applied to 2 year olds in a mainstream pre-school environment.
- To increase the capacity of Early Years practitioners in using effective information gathering systems to enable appropriate planning for individual children with complex needs.
- To use the information gained in the preparation of the learning environment and strategies for differentiation to promote the development of 2 year olds with complex needs alongside their peers.
- To understand the importance of a whole team approach in relation to 2 year olds with complex needs.

**Target Audience:** Pre-School SENCo / Pre-School Manager / EY Practitioners /  
School SENCo / EY's CT / EY's TA

**Venue:** TBC

**Cost:**

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## Transition Events 2023

### **EARLY YEARS - VIRTUAL Transition Day**

Monday 15th May 2023 - 10.00 - 2.00pm

### **EARLY YEARS - FACE TO FACE Transition Day**

Wednesday 17th May 2023 - 10.00 - 2.00pm

At The Riverside Church TBC

## Keep Up To Date

There is lots of information for SENCOs and Parents on the STLS section of the St Nicholas website.

You will find our newsletters, all LIFT information, training details, schedules and so much more.

Please click the picture below to take you to the website:



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## Bespoke Training

STLS offers a number of bespoke training courses / workshops / coffee mornings.

Please send all enquiries to the email address above.

- ♦ Lego therapy
- ♦ Use of visual supports
- ♦ Using positive language
- ♦ Language through colour
- ♦ 6 ways to wellbeing
- ♦ Zones of Regulation

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### **CYGNET COURSES FOR PARENTS**

There are two Cygnet courses available to parents. The first course is a 6 week course which parents can book by emailing Early Help: [parentingprogrammes@kent.gov.uk](mailto:parentingprogrammes@kent.gov.uk)

**Dates:** Please see the calendar on the next page for full listings.

#### **What does the course cover?**

The Cygnet Programme aims to give parents/carers information on Autism that reinforces what they are doing is OK and provide support and advice on Communication and Language needs, sensory needs, understanding and supporting behaviour in a supportive environment.

#### **Joining criteria**

Child must have a confirmed diagnosis of ASD and must attend a Canterbury City or Canterbury Coastal school. Parents have not attended the Early Bird

**The second course is 'Puberty, Sexual well-being & Relationships'** and is a 3 week course. To register interest or book, parents should use the STLS email address above and there is a booking for on our website [CLICK HERE](#)

This three session course is designed for parents/carer's of children/young people with autism aged 7-18, to help them develop their understanding and confidence relating to puberty, sexual wellbeing and relationships and how they impact children on the autistic spectrum. An existing understanding of Autism is preferred.

Venue: Little Hands Childrens Centre, Wincheap, Canterbury.

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## Specialist Teaching & Learning Services

St Nicholas School

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Telephone: via School Office: 01227-464316

[CLICK HERE FOR WEBSITE](#)

*'Supporting you to  
support your children'*