

Dear Parent/Carer

Happy Friday!

I hope you have all had a good week. We started the week with a beautiful mass with the parish. Thank you so much to you all for making this possible by dropping off the children at church and a special thank you to all those who walked back to school with us, it is much appreciated.

We are so proud of our Year 5 and 6 children who attended the Fylde and Wyre Indoor Athletics Competition, they did us proud with their excellent sportsmanship and manners, not to mention their skill—we came fourth and won all our running races—excellent! We are now working hard on our dance for the dance competition at the Tower ballroom—watch this space!

It was wonderful to kick-start our Friday Class Worship this morning with our Reception class who wowed us with their confidence. They are growing up so quickly and are so pleased with themselves when they achieve something new—it is so lovely to see our older children share their joy and celebrate their success.

This Sunday is family mass at St Joseph's at 9.15am. It would be lovely to see you there.

Have a great weekend!

Mrs G-R X

Handy Links

[TERM DATES](#)

[CONTACT US](#)

[ARE YOU ELIGIBLE FOR FREE SCHOOL MEALS?](#)

[SCHOOL HOMEPAGE](#)

[FOREST SCHOOL](#)

[SCHOOL NURSING TEAM](#)



Sun	9.15am	Family mass at St Josephs
Mon	11am	Y1 class mass
Mon	7pm	PTFA meeting The Railway— Wetherspoons
Fri	9am	Y6 Worship

Please follow the link below for the LCC SEND Winter Newsletter

<https://www.lancashire.gov.uk/media/958481/send-newsletter-winter-2024.pdf>



SCHOOL LIFE

Class Mass -TBC	Friday Class Worship
Reception March 17 th	January 17 th
Year 1 January 20 th	February 7 th
Year 2 January 27 th	March 28 th
Year 3 February 3 rd	April 11 th
Year 4 March 3 rd	March 21 st
Year 5 March 10 th	January 31 st
Year 6 March 17 th	January 24 th

School lunches

Please order via
Scopay— next week is:

Week 2

Menu [HERE](#)

PE DAYS

REC	WEDS & FRI
Y1	MON & THURS
Y2	TUES & FRI
Y3	MON & WEDS
Y4	WEDS & THURS
Y5	WEDS & THURS
Y6	WEDS & THURS

CHURCH LIFE

St. Josephs Ansdell and St. Peter's Lytham

This Sunday 19th January
9:15am at St. Joseph's
Sunday Morning Mass
Led by Children from the School
and from the Parish



All Welcome!

Children's Liturgy at the 10:30am mass at
St. Peter's as usual!

What Parents & Educators Need to Know about TIKTOK



WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app *could* potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables *anyone* to download or comment on them.

MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app; that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.01.2025

LANCASHIRE MUSIC SERVICE

TUESDAYS
AFTER SCHOOL IN TERM TIME

FYLDE MUSIC CENTRE

CONTACT:
AMY CAMPBELL
MOB: 07887 830990
MAIL: AMY.CAMPBELL@LANCASHIRE.GOV.UK

FIND OUT MORE!
WWW.LANCASHIREMUSICHUB.CO.UK

BANDS ENSEMBLES
AND INDIVIDUAL
LESSONS AVAILABLE

UKULELE GROUP, BEGINNER
VIOLINS, ROCK BANDS
AND MORE!

WWW.LANCASHIREMUSICHUB
/FYLDEMUSICCENTRE

lancashire.gov.uk



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County Council



MUSIC LESSONS

We also have 1:1 music lessons available during the school day that can be booked via the Lancashire Music Service. See website for further information.

<https://www.lancashiremusichub.co.uk/site/>



LANCASHIRE
MUSIC SERVICE
FYLDE MUSIC CENTRE



Little Beatz

Early Years and Key Stage 1 Music Making For All



Pre-school
children
welcome!

Tuesdays

4.00pm - 4.30pm

St Bede's RC High School
Lytham

Contact: Amy.Campbell@lancashire.gov.uk

lancashire.gov.uk



Lancashire
County Council

