

Dear Parents and Carers

We are already at the end of our second week of term, and it feels wonderful to be back and getting stuck into all our new learning.

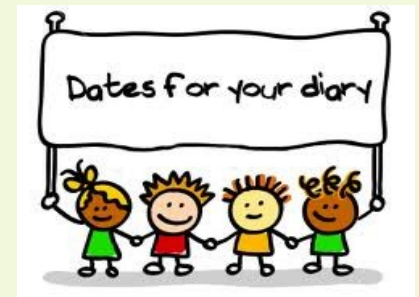
This week I had the absolute pleasure of joining Year 6 at Castlerigg in Keswick for their retreat. It was a truly special few days, and the children made the very best of every opportunity. What made it even more meaningful was that the retreat was led by Daisy, one of our ex-pupils, and supported by Daniella, also a former pupil.

Back in school, our after-school clubs have started up again, and swimming lessons began this week for all our Year 3 children. Year 4 have also begun their ukulele lessons, while Year 3 enjoyed their first dance session with Holly in preparation for the upcoming Dance Festival in November.

Looking ahead, we have our first class Mass on Monday with Year 3 at 11am—everyone is very welcome to join us. I will also be sending out a Mass rota early next week so you can get dates into your diary.

Wishing you all a wonderful weekend, and I look forward to seeing you next week.

Mrs Gili-Ross



SEPTEMBER

Mon 15 Individual School Photos

Mon 15 11am—Year 3 class mass

Mon 15 Roald Dahl themed lunch

Mon 15 7pm—PTFA AGM—school

Fri 19 Y5 & 6 Grand Theatre

Thur 25 St Bede's Open Evening
6pm—8:30pm

OCTOBER

Wed 8 Y5 London Trip

Fri 24 School closes for half-term



**DON'T FORGET TO BRING YOUR
BIGGEST SMILES ON MONDAY FOR
SCHOOL PHOTO DAY!!**

MONDAY 15TH SEPTEMBER



WE NEED YOU!



JOIN THE PTA

- Support the school
- Make a difference
- Make friends
- Learn new skills
- Have fun!

Next meeting:
Monday 15th
September @
7pm in school



PTA

SCHOOL LIFE

Reminder

Please check the school uniform you have at home has your family name in it. We have several named items reported missing and many un-named items at school.



SOCK DONATION

We are looking for donations of spare socks for our OPAL play. If you have any spare, they would be greatly received!

Please leave at the school office

FREE SCHOOL MEALS INFORMATION

All children in Reception, Year 1 and Year 2 are entitled to universal free school meals. However, some families who are on low income and meet a certain criteria, are also eligible for supermarket shopping vouchers during school holidays and free holiday club places. Eligible families will continue to receive free school meals after Year 2.

Some families with children in Key Stage 1 do not claim as they are already getting free school meals, however they are missing out on the other benefits so please double check.

Please click on the link below to see if you are eligible.

<https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/?page=1>

SNACKS AVAILABLE FOR KS2 PUPILS

Brown or White toast	25p
Crumpet	35p
Tea Cake	45p
Orange or Apple juice	50p

PE DAYS

REC	WEDS & FRI
Y1	MON & THURS
Y2	TUES & FRI
Y3	TUES & WEDS (swimming)
Y4	MON & THURS
Y5	WEDS & FRI
Y6	WEDS & THURS

School lunches

Please order lunches via Scopay—w.c. 15th
September—SPRING/SUMMER MENU

Week 3, please see menu [HERE](#)



We have a special themed lunch on Monday 15th
September—

Roald Dahl Day

Please see details below



Children and Family
Wellbeing
Service

Get advice and support

Someone to talk to
Problems at
home/school
Jobs and training
Apprenticeships
Staying safe
online
Sex and health
Relationships

Mental Health
Self Harm
Bullying
Drugs and
alcohol
Things to do
Housing, rights
and money
What age can I?

[facebook.com/LancashireYZ](https://www.facebook.com/LancashireYZ)

twitter.com/LancashireYPS

You can contact us 365 days a year

2pm to 10pm



Text 07786 51 11 11

Talk online lancashire.gov.uk/youthzone

Call 0800 51 11 11

lancashire.gov.uk



Lancashire
County
Council





AUTUMN 1 – 2025

Day of the week	Year Group	Club name	Finish time	Pick up from
Mon	Y3 – Y6	Dance	4.30pm	Front entrance
	Y4 – Y6	Mixed Football	4.30pm	Green gate by Year 4
Tues	Y3 – Y6	Mini Vinnies/Prayer group	4.30pm	Front entrance
Weds	Y1 – Y2	Dodgeball	4.15pm	Front entrance
	Y3 – Y6	Tag Rugby	4.30pm	Front entrance
Thurs	Rec – Y6	Jujitsu (book direct)	4.30pm	Front entrance
Fri	Y3 - Y6	Choir	4.30pm	Front entrance

FOR SAFETY REASONS, MAY WE POLITELY REMIND PARENTS NOT TO DRIVE INTO THE CARPARK WHEN PICKING UP

COMMUNITY INFO & EVENTS



Saint Bede's
Catholic High School
Fons Sapientiae – Fount of Wisdom



OPEN EVENING
2025

THURSDAY 25th SEPTEMBER

6:00pm - 8:30pm

PRESENTATION BY MR MARSDEN, HEADTEACHER, AT 6:15PM AND 7:15PM

Saint Bede's Catholic High School

TALBOT ROAD, LYTHAM ST ANNES, FY8 4JL | TEL 01253 737174

WYRE NETBALL CLUB

TIMETABLE 25-26

LIVE WYRES (PRE-SCHOOL)

SATURDAYS 9.15-10AM HODGSON ACADEMY

MINI MOVERS (REC & YR 1)

SATURDAYS 9.30-10.30AM HODGSON ACADEMY

Join Us!
2 FREE TASTER SESSIONS

U7

SATURDAYS

9.30-11AM

HODGSON ACADEMY

U8

SATURDAYS

9.30-11AM

HODGSON ACADEMY

U9

SATURDAYS

9-10.30AM

BAINES SCHOOL

U10

SATURDAYS

10.30-12PM

BAINES SCHOOL

U11

MONDAYS

6-7.30PM

BAINES SCHOOL

U12

WEDNESDAYS

6-7.30PM

HODGSON ACADEMY

U13

WEDNESDAYS

**SPLIT HALL
SESSION PERF &
DEV
6.30-8.30PM**

THORNTON YMCA

U14

WEDNESDAYS

**DEVELOPMENT
6-7.30PM**

**PERFORMANCE
7.30P-9PM**

BAINES SCHOOL

U15

WEDNESDAYS

**DEVELOPMENT
6-7.30PM**

**PERFORMANCE
7.30P-9PM**

BAINES SCHOOL

U16

WEDNESDAYS

7.30-9PM

HODGSON ACADEMY

U12/13/14/15 CUP SQUADS

**TRAINING MONDAYS BI-WEEKLY-
MONDAYS 7.30-9PM BAINES SCHOOL**

U14 & U16 REGIONAL TRAINING

**MONDAY/THURSDAY BI-WEEKLY
BAINES/ALL HALLOWS**

**ROSSALL PAY
AS YOU GO**

**THURSDAYS
ROSSALL SCHOOL 6-7PM**

OPEN AGE SQUADS NW SENIOR REGIONALS

THURSDAYS - 7-9PM GROUP SPLIT ACROSS DUAL HALLS

***GET IN TOUCH TO REQUEST TO TRIAL OR INVITATION ONLY**



@WYRENETBALLCLUB

WWW.WYRENETBALLCLUB.CO.UK





ROCK STEADY

ROCK AND POP BAND LESSONS!

A band for everyone

- Children learn to play an instrument in their very own band.
- Fun and inclusive in-school band lessons. No music theory involved.
- Follow their musical journey in your Backstage account.
- Exam-free, Ofqual-regulated Trinity Music qualification.
- Instruments provided and no experience necessary.

BOOK ONLINE TO START LESSONS IN SEPTEMBER



0330 113 0330 (Mon-Thurs 9am-8pm, Fri 9am-6pm, local rate)

rocksteadymusicschool.com

Rock Steady Crew!

If your child is interested in joining, please take a moment to read through and **sign up**.

Rock Steady is a fantastic way for children to:

- Build confidence
- Have fun
- Learn a variety of instruments and/or singing

No experience needed – just enthusiasm and a love for music!



ROCK STEADY

LEARN TO PLAY MUSIC. AMPLIFY CONFIDENCE.

Choose from: Vocals, keyboard, drums, guitar or bass.

Inclusive and hassle-free!

Takes place in school, instruments provided and no experience necessary!

Have fun and learn by playing

Children work their way through a curriculum of up to 300 musical skills.

Taught by professional musicians

Rocksteady band leaders are highly trained musicians who make learning music fun.

Much more than music

Improves wellbeing, confidence, social skills and academic achievement.

Progress at their own pace

Your child can achieve an exam-free, Ofqual-regulated Trinity Music qualification!

End every term on a high note

Watch your child shine as they perform in their end of term concerts.

"Adam's confidence when performing has rocketed which I never would have thought possible."
Sion

"The difference is incredible. She's gone from being unable to speak in front of her class to singing on stage!"
Hayley

"Rocksteady has given him a sense of belonging and having a hobby he can call his own."
Emma

For details on availability and cost, visit rocksteadymusicschool.com and find your school on the sign up page.

Money back guarantee for the first month. Cancel at any time.

BOOK YOUR CHILD'S PLACE ONLINE



0330 113 0330 (Mon-Thurs 9am-8pm, Fri 9am-6pm, local rate)
info@rocksteadymusicschool.com

TRINITY 

Rocksteady Music School Ltd. Registered in England No. 08110328

FYLDE MUSIC CENTRE



SINGING LESSONS

TUESDAYS | 3:30- 7PM

ST BEDES CATHOLIC HIGH SCHOOL
TALBOT ROAD, LYTHAM ST ANNE'S, FY8 4JL

AMY.CAMPBELL@LANCASHIRE.GOV.UK



#WHEREWILLMUSICTAKEYOU



**LANCASHIRE
MUSIC SERVICE**

What Parents & Educators Need to Know about CONSPIRACY THEORIES

Conspiracy theories are false or misleading beliefs that explain events as secret plots, often involving powerful groups. While once fringe, they are now more accessible through digital media, online influencers and because of algorithmic recommendations. The DfE guidance document, 'Keeping Children Safe in Education' (KCSIE) explicitly recognises conspiracy theories as potential content risks. This guide will help parents and educators understand the risks, spot the signs, and build children's resilience to conspiracy theories.

WHAT ARE THE RISKS?

UNDERMINING TRUST

Conspiracy theories can lead children and young people to distrust democratic institutions and British Values, teachers, and even their own families and loved ones. This erosion of trust makes young people more vulnerable to extremist narratives by isolating them from reliable sources of information.

ONLINE ALGORITHM TRAPS

Social media platforms can often recommend sensationalist content. Once a child engages with one conspiracy-themed video or post, algorithms push more of the same, thereby creating an echo chamber that can intensify their beliefs.

MENTAL HEALTH IMPACT

Exposure to frightening conspiracy content, such as global plots, viruses, or government control, can fuel feelings of anxiety, paranoia, or hopelessness. For some young people, it can trigger prolonged distress or obsessive thinking.

GATEWAY TO EXTREMISM

Conspiracy theories can often overlap with extremist ideologies. Narratives that blame specific groups, such as politicians, scientists, or particular ethnic groups, can groom children in ways that foster hate, bigotry, and radicalisation.

CONFLICT WITH PEERS

Belief in conspiracy theories can lead to isolation or conflict at school. Children may struggle with peer relationships if they express these beliefs or become distrustful of others who disagree; sometimes, confrontation can even result in a strengthening of the belief in the conspiracy theory.

ERODED CRITICAL THINKING

Young people influenced by conspiracies may reject evidence-based learning. This risks undermining their academic progress and weakening their ability to think critically, assess risks, or engage in healthy debate.

Advice for Parents & Educators

I WANT TO BELIEVE

CREATE SAFE CONVERSATIONS

Don't mock or dismiss any questions that children and young people ask about conspiracy theories. Instead, create open, judgement-free spaces to talk. This strengthens trust and makes it more likely they will confide in you.

PROMOTE CRITICAL THINKING

Teach young people how to assess information critically. Encourage them to ask appropriate questions, such as: Who is telling me this? What evidence is there? What do other trusted sources say? Use real examples from current media to explain your answers and reasoning.

MONITOR DIGITAL BEHAVIOUR

Be aware of the content children are accessing, especially on platforms such as TikTok, YouTube, or Reddit. Use parental controls, but more importantly, maintain ongoing dialogue about online experiences and influencers.

REINFORCE RELIABLE SOURCES

Point children toward trustworthy and reliable sources of news and information in a variety of formats tailored to the young person's age. Build habits of verifying facts using reliable sources, and teach them how to spot misleading content.

Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/conspiracy-theories>



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