

Dear Parents and Carers

What a world to be part of!

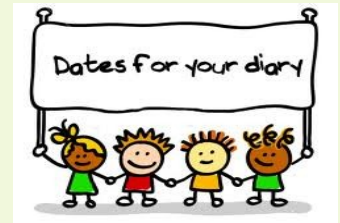
That was a comment I heard recently in relation to being part of a Catholic school—and it certainly summed up how both children and staff felt this week as we proudly showed prospective parents around our happy and thriving community.

Our Year 6 children, who took on the role of tour guides, were phenomenal. I was so proud to receive so many positive and complimentary comments from our visitors—it was truly a privilege to share the life of our school with them.

Today has also been a special and busy day. We were delighted to welcome Margaret Wright back into school to lead each class in very special liturgies, based on this term's RE theme of *Creation and Covenant*. In addition, I had the joy of accompanying a small group of Year 6 children to the monthly Mass for the sick at St Joseph's. This is always a beautiful service, and the children gain so much from sharing in this experience with the parish.

Finally, a reminder that this Sunday is **Family Mass at St Joseph's**—we would love to see you there!

God bless
Mrs Gili-Ross



OCTOBER

Sun 5 Family Mass at St Peters
10:30am

Mon 6 Reception & Year 6 Class
mass 11am

Wed 8 Y5 London Trip

Mon 13 Year 1 Class Mass 11am

Wed 15 Harvest Festival Lunch

Fri 17 Grandparents Harvest
Festival Afternoon 2pm

Tue 21 Parents Evening

Wed 22 Nasal Flu Vaccinations

Wed 22 Parents Evening

Fri 24 Break the Rules Day

Fri 24 School closes for half-term

NOVEMBER

Mon 3 Inset day—closed to pupils

Tue 4 Return to school

Mon 10 Year 2 Class Mass 11am

Mon 17 Dance Festival

Sat 15 Choir performing Art Centre
12 noon

DECEMBER

Thur 4 Own Clothes Day

Fri 5 Panto Day at Lowther AM

Fri 5 PTFA Bake Sale after school

Tue 9 Reception Nativity 9:10am &
6pm

Thu 11 Y1/2 Nativity 9.10am & 6pm

Fri 12 Rock Steady Concert 10am

Thu 18 Reception Vision Test

Fri 19 School closes 2pm (NO ARK)

SCHOOL LIFE

Reminder

Please check the school uniform you have at home has your family name in it. We have several named items reported missing and many un-named items at school.

FREE SCHOOL MEALS INFORMATION

All children in Reception, Year 1 and Year 2 are entitled to universal free school meals. However, some families who are on low income and meet a certain criteria, are also eligible for supermarket shopping vouchers during school holidays and free holiday club places. Eligible families will continue to receive free school meals after Year 2.

Some families with children in Key Stage 1 do not claim as they are already getting free school meals, however they are missing out on the other benefits so please double check.

Please click on the link below to see if you are eligible.

<https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/?page=1>

SNACKS AVAILABLE FOR KS2 PUPILS

Brown or White toast	25p
Crumpet	35p
Tea Cake	45p
Orange or Apple juice	50p

PE DAYS

REC	WEDS & FRI
Y1	MON & THURS
Y2	TUES & FRI
Y3	TUES & WEDS (swimming)
Y4	MON & THURS
Y5	WEDS & FRI
Y6	WEDS & THURS

SEND

Welcome to the Autumn issue of the SEND Newsletter 2025

<https://www.lancashire.gov.uk/media/965589/send-newsletter-autumn-2025.pdf>

LAMDA Peripatetic Lessons - Now Available!



Exciting news for students at St Peter's Catholic Primary School!

We are pleased to offer LAMDA (London Academy of Music & Dramatic Art) peripatetic lessons right here at school. These classes provide students with the opportunity to:

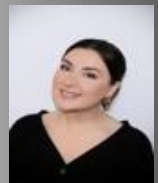
- Build confidence and communication skills
- Develop acting and performance techniques
- Gain recognised LAMDA qualifications
- Enhance creativity and self-expression

Lessons are tailored to suit different age groups and abilities, and take place during the school day in a one-to-one or small group setting.

Whether your child is passionate about drama or looking to build valuable life skills, LAMDA lessons are a fantastic opportunity.

Limited slots available - sign up today!

For more information, contact Chloe | lovelamda@outlook.com | 07577259154



Chloe - Founder of Love LAMDA

CHURCH LIFE

St. Josephs Ansdell and St. Peter's Lytham

This Sunday 5th October

10:30am at St. Peter's

Sunday Morning Mass

Led by Children from the School and
from the Parish



*It is to just such as these that
the Kingdom of God belongs*

*Children's Liturgy at the 9:15am mass at St.
Joseph's as usual!*

School lunches

Please order lunches via Scopay—w.c. 6th October—SPRING/SUMMER MENU

Week 3, please see menu [HERE](#)



We have a special themed lunch on Wednesday
15th October—

Harvest Festival Lunch

Please see details below



Lancashire
Music Hub

**Is your child interested in learning
a musical instrument?**

Whether it's guitar, ukulele, piano, or keyboard, the Lancashire Music Service offers expert tutors who can come to school to provide lessons.

Shared and individual lessons available

For more information and to get started,
please follow the link below.

[https://
www.lancashiremusichub.co.uk/
site/parent-direct-payment-pdp-
scheme/](https://www.lancashiremusichub.co.uk/site/parent-direct-payment-pdp-scheme/)





Hays Travel



BRANCHES TO BEACHES



October | 5TH | 9AM

**OUR INCREDIBLE TEAM IS LACING UP THEIR SHOES
AND WALKING FROM LYTHAM TO CLEVELEYS RAISING
FUNDS FOR THE COASTAL COLLECTIVE – AND THEY
NEED YOUR SUPPORT!**

The Coastal
Collective

gofundme



**Call us or pop in store to find out more!
01253808240**

**DONATE TODAY TO SUPPORT THE
WALKERS AND THE CAUSE.**



JUNIOR

SQUASH COACHING



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AND SQUASH CLUB**

ENGLAND SQUASH LEVEL THREE COACH

sphsquash@hotmail.co.uk

07425 157712



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- Friendly & Welcoming Community
- Building Strong Bodies For Life,
Not Just For 'Summer'

A place where EVERYbody is welcome,
Come and join the fun!

Find us on....

Facebook - Balance UK

Instagram - @balance__uk

Website - www.balanceuk.uk

B Active Gym, Mill Lane, Warton, PR4 1AX

The advert above has been included as a thank you for the organisation's generous support with recent school fundraising. We're grateful for their contribution to our community.

What Parents & Educators Need to Know about YOUTH VIOLENCE

UNDERSTANDING YOUTH VIOLENCE

Youth violence affects one in four children in the UK, but it doesn't have to. When parents, carers, and educators understand the risks, they're better placed to support young people. The right support, mentoring, therapy, and guidance can help young people affected by violence to feel safe, manage conflict, and make positive choices.

WHY DO YOUNG PEOPLE COMMIT SERIOUS VIOLENCE?

A recent study surveyed over 10,000 young people affected by violence, asking why serious violence occurs among their peers, such as an assault involving a weapon or sexual violence. The most common reasons given were due to a personal characteristic of the victim e.g., race, religion, sexuality, gender, a gang or school rivalry, and being provoked. While not all young people face these issues, many lack the emotional regulation skills needed to manage provocation.

WHAT ARE SIGNS A YOUNG PERSON IS AT RISK?

Children and young people often express that something is wrong through behaviour rather than words. Be alert to signs such as sudden mood changes, secrecy around friendships, excessive phone use, unfamiliar slang, unexplained injuries, fear of school, aggression, going missing, or substance use. They may also be associating with older peers. These behaviours can indicate underlying issues that can lead to violence.

ONLINE INFLUENCES

Social media plays a powerful role in normalising and escalating violence. Platforms like TikTok and Snapchat can expose young people to harmful content, often shaped by algorithms. Many see violent material that distorts reality, leading to fear and desensitisation. A recent study found 70% had seen real-world violence online, and 80% felt less safe in their communities. Alarmingly, 39% said it made them more likely to carry a weapon. Online conflict can often spill into real life, with serious and sometimes tragic consequences.

Opportunity

Community

Wellbeing

Respect

UNCERTAINTY

CONFLICT

FEAR

WHEN IS VIOLENCE MORE LIKELY TO HAPPEN?

For children and young people in England and Wales, the hours between 4 pm and 8 pm – just after school – carry a particularly high risk for serious violence. This can stem from conflicts that escalate during the school day, online arguments, or simply moving through unfamiliar areas on the way home. Understanding this risk helps us support safer travel and routines. Our recent report found that over one in three young people don't feel safe in the area they live in, and 36% don't feel safe walking the streets.

WHY MIGHT A YOUNG PERSON CARRY A WEAPON?

Young people may carry weapons due to fear, threats, peer pressure, or a false sense of protection. Many young people tell us they feel unsafe and carry weapons 'just in case', while others may be influenced by social media, peers, or criminal activity. Some don't realise it's illegal or may believe it earns respect.

WHERE IS VIOLENCE MORE LIKELY TO HAPPEN?

Violence often happens in certain places. Busy areas like transport hubs carry risk simply because lots of people gather there. Other hotspots, like places linked to drug activity, attract those more likely to be involved in violence. Some areas become risky due to poor supervision, such as under-resourced public spaces. Understanding where violence tends to occur helps us guide young people safely through their communities and advocate for better support and safer spaces.

Advice for Parents & Educators

TALKING TO CHILDREN ABOUT STAYING SAFE

Choose a safe moment for the conversation, emotionally and physically. If a child is upset or angry, help them settle before discussing serious topics. Listen actively without judgement, even if what they share is difficult. Avoid interrupting and offer advice when the time feels right. If you're worried, you're not alone; support is available.

HELP CHILDREN UNDERSTAND CONSEQUENCES

Young people can be searched by police or teachers if suspected of carrying a weapon. If found with a knife, they could face arrest and criminal proceedings. A conviction can result in a criminal record. Even being present during a violent assault, encouraging it, filming, or sharing footage can lead to prosecution. Open and honest conversations can help children understand these risks and make safer choices.

AVOID CONFLICT & MANAGE ESCALATIONS

Encourage young people to consider the 'Safe T's' – Trust instincts, Take a breath, and Talk to a trusted adult. When triggered or provoked, they may react from their 'survival brain', unable to think clearly about the consequences. Taking a breath helps calm, and helps them access their 'thinking brain'. Remind them that moments pass, and seeking support from trusted adults builds resilience and safer decision-making.

REPORT INFORMATION

We all have a role in preventing violence. If a child shares concerns, you can act. For educators, it's important to follow your school's safeguarding procedures. Other adults can report anonymously through Fearless or Crimestoppers, and speak with other parents, the school, or local police through 101. If someone is in immediate danger, always call 999. These steps help protect children and the wider community.

Meet Our Expert

The Ben Kinsella Trust is a UK anti-knife crime charity educating young people through immersive workshops, awareness campaigns, and community resources. Visit: benkinsella.org.uk



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/youth-violence>

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