

Dear Parents and Carers

Welcome back! It's been lovely to see everyone again this week. It's been a funny one — I've been a day out all week and only just realised it's not Thursday!

Thank you to everyone who took the time to cast their votes in the parent governor election — we really appreciate your participation and support. We will confirm on Monday who has been successful.

The nights are certainly drawing in, but thankfully it's stayed mild, and the children have managed to dodge most of the showers to enjoy their much-loved breaks and OPAL play sessions.

We've reminded the children that wellies must be worn in our muddier OPAL areas, along with the waterproofs available in school. A few have slipped through the net this week and returned a little muddier than we'd like — apologies! It would be really helpful if you could pop a spare pair of socks into your child's school bag for those wetter days.

Now that we are in **Autumn 2**, we ask that all children are wearing the **winter uniform**. This means no yellow polo shirts or summer gingham dresses, please. Thank you for helping ensure everyone looks smart and ready for the colder months ahead.

Next Week in School

We are looking forward to a lovely week ahead, full of faith and community:

Year 2 Class Mass – Monday at 11:00am

Parents and grandparents are warmly invited to join Year 2 for their class Mass in school.

Remembrance Service – Tuesday

Father will be joining us for our whole-school Remembrance Service. Thank you to all who have sent in a photo of a loved one who has died; we're carefully mounting them to create our Wall of Remembrance in the hall. Once complete, we'll share a picture with you.

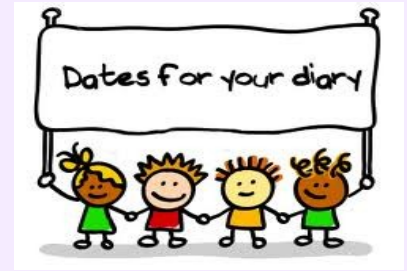
Year 4 Class Worship – Friday at 9:10am

Year 4 will be sharing their wonderful start to the year in their class worship. All Year 4 families are invited to attend.

Thank you, as always, for your continued support and for helping make St Peter's such a caring and joyful community.

Wishing you all a lovely weekend!

Mrs G-R



NOVEMBER

- Mon 10 Year 2 Class Mass 11am
- Fri 14 Year 4 Worship—9.05am
- Fri 14 A team football tournament
- Sat 15 Choir performing Art Centre 12:30pm
- Mon 17 Year 1 Class Mass 11am
- Mon 17 Dance Festival
- Fri 21 Year 5 Worship—9.05am
- Mon 24 Year 4 Class Mass 11am
- Fri 28 Year 6 Worship—9.05am

DECEMBER

- Mon 1 INSET DAY
- Thur 4 Own Clothes Day / Christmas Raffle
- Fri 5 Panto Day at Lowther AM
- Fri 5 PTFA Bake Sale after school
- Tue 9 Reception Nativity 9:10am & 6pm
- Thu 11 Y1/2 Nativity 9.10am & 6pm
- Fri 12 Rock Steady Concert 10am
- Tue 16 Advent Service 6pm StJosephs
- Thu 18 Reception Vision Test
- Fri 19 School closes 2pm **(NO ARK)**

SCHOOL LIFE

Should My Child Stay Off School?

As we move into the colder months, it's common for children to pick up seasonal illnesses. Deciding whether your child should stay home from school can sometimes be tricky. To help parents make informed decisions, the NHS has clear guidance on when children should be kept off school and when it's safe for them to attend. Following this advice helps protect other pupils and staff, while also ensuring children don't miss more school than necessary. You can read the full NHS advice [here](https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/):

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Class Worships and Class Masses

We are pleased to share the upcoming dates for our Class Worships, which take place on **Fridays** at **9:05am (see dates below)**. Each year group will take turns to lead the worship – a wonderful way to end the week by celebrating our achievements and giving thanks. Parents are warmly invited to join us in school for these special moments.



In addition, each class will also take part in a Class Mass, which they help to prepare and lead. These are held at **11:00am** on the designated date (**see dates below**), and we would be delighted to welcome you into school to share in this important part of our faith journey.

Year Group	Class Assembly/ Worship	Year Group	Class Mass
Year 2-	17th October	Year 3-	September 15th
Year 3 -	24th October	Year 5 -	September 22nd
Year 4 -	14th November	Year 6 and Reception -	October 6th
Year 5-	21st November	Year 2-	November 10th
Year 6 -	28th November	Year 1-	November 17th
Year 1-	9th January	Year 4 -	November 24th
Reception-	16th January		

SCHOOL LIFE

PE DAYS

REC	WEDS & FRI
Y1	MON & THURS
Y2	TUES & FRI
Y3	TUES & WEDS (swimming)
Y4	MON & THURS
Y5	WEDS & FRI
Y6	WEDS & THURS

FREE SCHOOL MEALS INFORMATION

All children in Reception, Year 1 and Year 2 are entitled to universal free school meals. However, some families who are on low income and meet a certain criteria, are also eligible for supermarket shopping vouchers during school holidays and free holiday club places. Eligible families will continue to receive free school meals after Year 2.

Some families with children in Key Stage 1 do not claim as they are already getting free school meals, however they are missing out on the other benefits so please double check.

<https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/?page=1>

School lunches

Please order lunches via Scopay—w.c. 10th November—NEW AUTUMN/WINTER MENU

Week 2 - please see menu [HERE](#)

SNACKS AVAILABLE FOR KS2 PUPILS

Brown or White toast	25p
Crumpet	35p
Tea Cake	45p
Orange or Apple juice	50p

EVENTS & FUNDRAISING

*Christmas Raffle
tickets coming soon!
Will be drawn on
Thursday 4th Dec—
Own Clothes Day!*

Xmas4schools™

Christmas orders from
Xmas4schools are on the way
and will be sent home ASAP.
Your orders help to raise
money for school. Thank you
for your support!

10 Top Tips for Parents and Educators

GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

1 CELEBRATE DIFFERENCES

Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.

2 MODEL RESPECT

Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a lasting example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.

3 SPOT THE SIGNS

Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unnoticed.

4 VALIDATE FEELINGS

When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.

5 TEACH ALLYSHIP

Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.

6 PROMOTE REPORTING

Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.

7 ENCOURAGE KINDNESS

Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.

8 USE YOUR VOICE

Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.

9 BUILD COMMUNITY AND BELONGING

Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.

10 SUSTAIN THE CONVERSATION

Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert

Robert Allsop is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.



#WakeUpWednesday

The National College

See full reference list on our website.

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