

Dear Parent/Carer

“Be still and know that I am God.”

Thank you to Father for joining us on Monday to mark the beginning of Lent in school with a special Ashes service. It was wonderful to gather together and take a moment to be still after what has been a busy week. We reflected on this weekend's Gospel and considered that when we pray together, Heaven touches Earth – what a beautiful and peaceful way to begin the day.

Kindergarten through to Year 3 were also blessed with a visit from a group of Year 10 pupils from St Bede's, who kindly came to read stories to them after lunch. I am not sure who was more excited – our children or the young visitors! It was lovely to see familiar faces and to witness the joy they experienced spending time together.

As always, the children have returned to school full of enthusiasm and excitement to see their friends and teachers. Unbelievably, we are already halfway through the academic year!

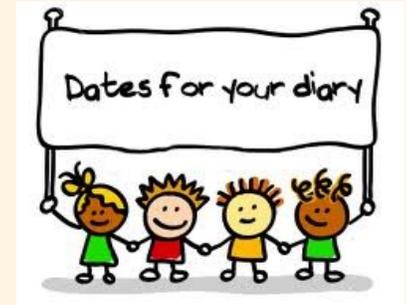
A gentle reminder that trainers are appropriate for PE days, but school shoes should be worn on all non-PE days.

Next week promises to be as busy as ever, with book-based activities, a themed lunch, and the option for children to wear costumes, pyjamas, or onesies on Thursday – we are very much looking forward to it.

Finally, for safety reasons, please ensure that children do not use the trim trails or OPAL areas, or play ball games, before or after the school day. Unfortunately, we have had a number of injuries, and your support in keeping all children safe is greatly appreciated.

Thank you, as always, for your continued support.

God Bless
Mrs G-R



MARCH

- Sun 1 Last day of Art Exhibition
- Mon 2 Year 2 Class Mass—11am
- Thur 5 World Book Day—Book Swap
See poster for full details
- Mon 9 Year 4 Class Mass—11am
- Tues 10 People We Love Planters
- Wed 11 Lancashire Big Sing—Choir
- Mon 16 Year 5 Class—Mass
- Tue 17 Let's Go Sing—Year 3
- Fri 20 Own Clothes Day
- Fri 20 Rocksteady concert—10am
- Fri 20 Bunny Bop
- Mon 23 Rec & Year 6 Class Mass—11am
- Mon 23 Dance club show 4:15pm
- Thur 26 Easter Bingo 6pm

APRIL

- Wed 1 Easter Lunch
- Thur 2 School closes 3:30pm

TERM DATES

WORLD BOOK DAY—THURS 5TH MARCH

We are excited to celebrate the world of books on World Book Day!
Children can come to school in their PJ's or as their favourite book character—See poster below regarding our Book Swap

WORLD BOOK DAY BOOK SWAP

THURSDAY 5TH OF MARCH

To celebrate **World Book Day**, we are holding a special whole-school **Book Swap** – and we would have every child to take part!

What does my child need to do?

- Choose a book from home that they no longer read or need.
- Wrap the book in paper (so it's a surprise!)
- Write a short blurb (don't give too much away – just make it exciting!).
- Give the book a rating out of 5.

What happens next?

Your child will bring their wrapped book into school and swap it for a surprise book from a classmate!

Why take part?

- Encourage a love of reading.
- Share favourite stories.
- Give books a new home.
- Create excitement around books.

Please send wrapped books into school by:

WEDNESDAY 4TH OF MARCH

Thank you for supporting our love of reading!
Mrs Jose and the Year 6 Reading Leaders

Dola AI

SCHOOL LIFE

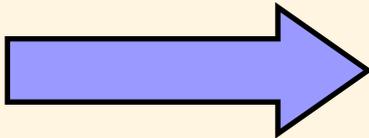
School lunches

Please order lunches via Scopay—
w.c. 2nd March

Week 3 - please see menu [HERE](#)

Please order via Scopay

PLEASE NOTE: THURSDAY IS A
THEMED DAY FOR WORLD BOOK
DAY—SEE MENU



SNACKS AVAILABLE FOR KS2 PUPILS

Brown or White toast	25p
Crumpet	35p
Tea Cake	45p
Orange or Apple juice	50p

WORLD BOOK DAY
THURSDAY 5TH MARCH

THUR 5TH MARCH

Treasure Island
Tortilla Wraps
Mild Chilli Chicken
with Cheese
&
Cannon Ball Potato Puffs
Golden Corn & Ruby Pepper
Medley
or
Hogwarts House Pasta
Pasta Spirals & Tomato Sauce
with
Gryffindor Garlic Bread
~
**Charlie's Chocolate
Factory Cake**
Chocolate Sprinkle Cupcake
or
Matilda's Magical Jelly
Strawberry Jelly
with Cream & Sprinkles
(Choice of filled Jacket Potatoes also available)

Lancashire
County Council

LANCASHIRE
CATERING SERVICE

FREE SCHOOL MEALS INFORMATION

All children in Reception, Year 1 and Year 2 are entitled to universal free school meals. However, some families who are on low income and meet a certain criteria, are also eligible for supermarket shopping vouchers during school holidays and free holiday club places. Eligible families will continue to receive free school meals after Year 2.

Some families with children in Key Stage 1 do not claim as they are already getting free school meals, however they are missing out on the other benefits so please double check.

<https://www.lancashire.gov.uk/children-education-families/schools/free-school-meals/?page=1>

SCHOOL LIFE



SPRING 2 – 2026



Day of the week	Year Group	Club name	Finish time	Pick up from
Mon	Y3 – Y6	Dance	4.30pm	Front entrance
	Y4 – Y6	Mixed Football	4.30pm	Green gate by Year 4
Tues	Y3 – Y6	Cookery Club	4.30pm	Front entrance
Weds	Y1 – Y2	Athletics	4.15pm	Front entrance
	Y3 – Y6	Cricket	4.30pm	Front entrance
	Y3 – Y6	Forest School (book direct)	5pm	Green shipping container
Thurs	Kindergarten (from age 4) – Y6	Jujitsu (book direct)	4.30pm	Front entrance
Fri	Y3 - Y6	Choir	4.30pm	Front entrance

**FOR SAFETY REASONS, MAY WE POLITELY
REMIND PARENTS NOT TO DRIVE INTO THE
CARPARK WHEN PICKING UP**

PE DAYS

REC	MON & FRI
Y1	MON & THURS
Y2	TUES & FRI
Y3	TUES & WEDS
Y4	MON & THURS
Y5	WEDS & FRI
Y6	WEDS & THURS

Should My Child Stay Off School?

Deciding whether your child should stay home from school can sometimes be tricky. To help parents make informed decisions, the NHS has clear guidance on when children should be kept off school and when it's safe for them to attend. Following this advice helps protect other pupils and staff, while also ensuring children don't miss more school than necessary.

You can read the full NHS advice here:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

EVENTS & FUNDRAISING

People We Love Planters

Tuesday 10th March 2026

£6 per
planter

Pay via
Scopay

With Greg
from Leafy
Lytham

Book by
Friday 6th
March 2026

Children can create a planter for their chosen person. Maximum one planter per child. Siblings can do a planter together.

Pay via Scopay and complete a booking form. Instructions for 'sibling' planters on the booking form.



Booking form link here: [People We Love Planters '26 – Fill in form](#)

FUNDRAISING & EVENTS



The Bunny Bop Easter party

Friday 20th March
in St. Peter's school hall.
Key Stage 1 3.30-4.40pm
Key Stage 2 4.45-6pm.

£3.00 Payable to Scopay prior to this event.
This day is an own clothes day, please see other poster.

Ticket price includes free drinks and some sweets for the duration. Ark children can join their session at no extra cost, if pre-booked on 20 March.

Back by popular demand is the DJ Davey Dee.

Special guest appearance
by Peter Rabbit





Lytham Heritage Group

Charity No 701152



'Primary Art Celebration'

by Pupils from Primary Schools
in Lytham St Annes

AKS Lytham Preparatory School
Clifton Primary School
Lytham C of E Primary School
Lytham Hall Park Primary School
Our Lady Star of the Sea RC Primary School
St Peter's Catholic Primary School
St Thomas' C of E Primary School

10 February - 01 March 2026

Tuesdays – Sundays 10.00am to 4.00pm

Lytham Heritage Centre
2 Henry Street, Lytham FY8 5LE
Telephone: 01253 730787

FREE ADMISSION

DONATIONS WELCOME



COMMUNITY INFO & EVENTS



School Nursing Team DROP IN

Speak to a member of our school nursing team about various health topics including emotional health, diet, healthy lifestyles, sleep, bed-wetting & constipation, head lice and behaviour.

When?

11th Feb 2026 @ 9.30am- 11:30am

11th March 2026 @ 9.30am-11:30am

22nd April 2026 @ 9.30am-11:30am

Where?

Oak Tree Children's Centre

Sydney Street

Lytham St Annes

FY8 1TR



LANCASHIRE MUSIC SERVICE



Phone: 07856 928694

Email: gemma.wiseman@lancashire.gov.uk

Dear Parents/Guardians,

Today (15/01/26) attended your child's school to provide an assembly on behalf of the Lancashire Music Service. It was a pleasure to meet the children and talk about the fantastic opportunities in music we have on offer in the Lytham St. Anne's area.

As Head of the Fylde Music Centre, I am currently promoting and expanding the ensembles and lessons that we have on offer to children in the local area. Our music centre runs on Tuesday evenings from 4pm until 7pm, at St. Bede's Catholic High School, Lytham.

We have the following groups and ensembles at Centre that your child can access, mostly with no prior experience.

- 'Little Beatz' 4.00pm - 4.30pm (for young children, 3years +)
- 'Ukulele Group' 4.30pm - 5.30pm (all ages and stages)
- 'Beginner Band' 4.45pm - 5.15pm (all ages and stages)
- 'Senior Band' 4.00pm - 4.45pm (for players around grade 2 standard)
- 'Senior String Group' 5.30pm - 6pm (for players around grade 2 standard)
- 'Beatlab' (creative music tech) 4.45pm - 5.15pm (limited places - enquire!)
- 'Young Voices' choir 5.15pm - 5.45pm (all stages, approx. 7 years +)
- 'Rock Band' 6.30pm - 7.30pm (all ages and stages)

To access the senior groups or beginner band, children need to be having lessons on their chosen instrument (lessons can be anywhere, not necessarily at centre). Beginner band is suitable from their first tutored lesson.

Please do come along to the centre to try out one or all of our groups. Ensembles cost just £30 per term; this fee covers access to ALL of our groups at centre as well as the "Inspire" ensembles that run at alternative times.

If you would like to know more, please see our website and Facebook pages – search 'Fylde Music Centre'. Register your interest / book onto lessons or ensembles via this website.

If you have questions, please do not hesitate to contact me using the details below.

We hope to see you and your child at our centre very soon!

Gemma Wiseman

Email: gemma.wiseman@lancashire.gov.uk

SMARTPHONE FREE CHILDHOOD

The focus is on delaying access to smartphones and social media, while recognising that the internet can be positive and enriching when it is age-appropriate and supervised.

[HERE](#)

HOLIDAY CLUBS

NATIONAL INSTITUTE OF MEDICAL HERBALISTS
Junior Herbalist Club

Junior Herbalist Holiday Club

Join us for fun & learning!

Monday 6th - Friday 10th April
10am - 3pm
Park View 4U Eco Pod

Ages 8+ only. Places strictly limited!

For more information see
www.juniorherbalistclub.com or email
juniorherbalistclub@gmail.com

THE HERBAL MEDICINE TRUST
 Education provided by DBS Cleared Medical Herbalist
 Mel Herby BSc (Hons) MNDMh, mANP, mGAC

Mad SCIENCE

EASTER CAMPS 2026

EARLY BIRD DISCOUNT AVAILABLE UNTIL 15TH MARCH

BOOK NOW! northengland.madscience.org

PAYMENT AVAILABLE VIA VOUCHERS OR INSTALLMENTS

FUN PACKED DAYS OF SCIENCE EXPERIMENTS, ACTIVITIES, AND GAMES

SPARKING IMAGINATIVE LEARNING!

MAD SCIENCE CAMPS 2026 INFORMATION

EASTER CAMPS

WEEK 1: Monday 30th March - Thursday 2nd April
Lancaster Chaplaincy, LA1 4YW
AKS Prep School, Lytham, FY8 1DT
St Pius X Catholic Prep School, Preston, PR2 8RD

WEEK 2: Tuesday 7th - Friday 10th April
Alderley Edge School for Girls, SK9 7QE
Liverpool College Prep School, L18 8BU
The King's School, Chester, CH4 7QL

DON'T FORGET TO BRING YOUR PACKED LUNCH!

FULLY INSURED HIGHLY TRAINED DBS CHECKED PRESENTERS

SUMMER CAMPS ALSO AVAILABLE TO BOOK NOW!

CHILDCARE VOUCHERS & TAX FREE CHILDCARE ACCEPTED

ALL VENUES
 8.30am - 5pm each day
 Suitable for all primary school children
 £200 for 4 days
 £220, after 15th March (end of early bird)

BOOK ONLINE NOW!!
 at northengland.madscience.org
 Call 01772 628844 Email help@madsciencenw.com

Google

WAKE UP WEDNESDAY—ON-LINE SAFETY

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ADULT ANIMATED CONTENT

WHAT ARE THE RISKS?

Bright, bold, and widely shared, adult animated content is more popular than ever, but not always what it seems. These videos, which may appear cartoonish and harmless, often contain strong language, explicit themes, graphic violence, or dark humour. Many are accessible through platforms like YouTube, TikTok or streaming services, where filters may not catch them in time.

MISLEADING VISUAL STYLE

Many adult animations mimic the colourful, exaggerated look of children's cartoons. This can easily mislead not just children, but also adults, into thinking they're suitable for younger viewers. Without watching the content fully, parents or educators might approve a show or video that contains explicit jokes, graphic imagery, or highly inappropriate language, all disguised beneath a playful and fun visual style.

EXPOSURE TO HARMFUL THEMES

A number of adult animated shows and online videos explore mature or disturbing themes, such as addiction, trauma, abuse, self-harm, or violence, and often do so in a stylised or humorous way. Younger viewers may not have the emotional maturity to process this content, leading to confusion, distress, or the normalisation of very serious issues that should be discussed in a supportive context.

RISK OF DISTRESS AND FEAR

Some adult animations, especially horror-based content or 'creepypasta' style stories, include disturbing imagery, unsettling music, and sudden scares. These videos sometimes feature distorted versions of well-known children's characters, such as Sonic the Hedgehog or Peppa Pig, in frightening or violent scenarios. Children can be negatively affected if they come across this unexpectedly, leading to sleep disturbances, anxiety, or long-lasting fears, especially if children have existing worries or sensitive personalities.

INFLUENCE OF EDGY HUMOUR

Dark, edgy humour is common in adult animation and often includes jokes about topics like sexism, racism, mental illness, or abuse. When children hear these jokes, they may repeat them without fully understanding their meaning. This can lead to inappropriate behaviour in school or online spaces, and in some cases, it can reinforce harmful stereotypes or desensitise children to real-world injustice and discrimination.

ALGORITHMIC RECOMMENDATIONS

Video platforms are designed to keep users watching by suggesting similar content. If a child watches one mature animation, they may quickly be shown more, including even darker or more extreme videos. These recommendations are based on viewing patterns, not age-appropriateness. Without strict settings in place, this can lead to a rapid spiral into unsuitable, upsetting, or even harmful content online.

DESENSITISATION TO VIOLENCE

Stylised violence in animation is often exaggerated and constant. Repeated exposure to it can reduce a child's emotional response to harm, making aggression or cruelty appear entertaining or acceptable. Over time, children may become less empathetic or more tolerant of harmful behaviours in real life, especially if they see others online reacting with humour, memes, or praise for violent characters or scenes.

Advice for Parents & Educators

LEARN WHAT CHILDREN ARE WATCHING

Take time to ask children what they're watching and who their favourite creators are. Sit down and watch a few videos to get a full understanding. This helps you spot inappropriate content early and shows children that you're interested and engaged in their online world, not just policing it.

USE PLATFORM SETTINGS WISELY

Make use of built-in safety tools like content filters, restricted mode, and age settings on platforms such as YouTube, Netflix or TikTok. Turn off auto-play where possible and regularly review what children are being recommended. Although these settings aren't foolproof, they add an important layer of protection and help reduce the risk of children encountering disturbing or adult content accidentally.

TALK ABOUT WHAT'S APPROPRIATE

Keep communication open and non-judgemental. Talk about why certain themes or jokes are not appropriate for children, even if they appear in animated form. Help children understand that just because something is popular or shared widely, it does not mean it's suitable or safe. If they've seen something upsetting, respond calmly, offer reassurance, and explain things in an age-appropriate way.

ENCOURAGE CRITICAL THINKING

Help children think carefully about what they watch. Talk about the difference between fictional exaggeration and reality, while helping them question why certain content is made. Is it informative, entertaining, or meant to shock? This builds digital resilience and encourages them to make safer choices in future, rather than simply following viral trends or peer pressure to watch mature content.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. We offer memberships and packages to help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website

#WakeUpWednesday

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