|  | F+                           |   | SUGARWISE  |  | SUGARWISE   | FRIDAY  |
|--|------------------------------|---|--|--|---|---|
| WEEK ONE Week Commencing: 3rd & 24th November 15th December 5th & 26th January 16th February 9 & 30th March 20th April | Autumn & Winter<br>2025-2026 | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FAVOURITES  |
|  | Traditional<br>Choice        | Big Brunch<br>Pork or Vegetarian Sausage<br>Free Range Omelette<br>Crispy Potatoes & Baked Beans      | Loaded Mild Beef Chilli Nachos<br>with<br>Mixed Rice & Salad Selection                         | Roast Chicken Fillet with<br>Roast Potatoes, Seasonal Vegetables<br>and Gravy                              | British Beef or Vegetarian Burger<br>in a Bun<br>with<br>Paprika Wedges, Sweetcom<br>& Tomato Ketchup | Golden Crumb Fish Fingers<br>with<br>Oven Baked Chips<br>Garden Peas or Baked Beans         |
|  | Alternative<br>Choice        | Pasta Twists & Tomato Sauce<br>with<br>Homemade Dough Balls<br>& Salad Selection<br>(v)               | Lancashire Butter Pie<br>with<br>Vegetable Medley or Baked Beans<br>(v)                        | Tomato & Mascarpone Pasta<br>with<br>Homemade Herby Bread<br>& Salad Selection<br>(v)                      | Mac 'n' Cheese with Homemade Crusty Bread & Salad Selection (v)                                       | Homemade Pizza Margherita<br>with<br>Oven Baked Chips<br>Garden Peas or Baked Beans<br>(v)  |
|  | Jackets<br>&<br>Sandwiches   | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection             | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks choice of filled Oven<br>Baked Jacked Potato with<br>Freshly Prepared Salad Selection |
|  | Desserts                     | Toffee Traybake & Custard<br>Cooks Choice of Jelly<br>Fruit Yoghurt<br>Fruit Selection & Milk         | Marble Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt Fruit Selection & Milk    | Raspberry Bun Cooks Choice of Jelly Fruit Yoghurt Fruit Selection & Milk                                   | Vanilla Cookie & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt Fruit Selection & Milk              | Chocolate Brownie Cooks Choice of Jelly Fruit Yoghurt                                       |
| WEEK TWO Week Commencing: 10th November 1st & 22nd December 12th January 2nd & 23rd February 16th March 6th April      |                              | MEAT FREE<br>MONDAY   | SUGARWISE<br>TUESDAY   | WEDNESDAY  | SUGARWISE<br>THURSDAY   | FRIDAY<br>FAVOURITES  |
|  | Traditional<br>Choice        | Loaded Pizza Panini<br>with<br>Paprika Wedges & Garden Peas<br>(v)                                    | Crispy Chicken Goujons &<br>Katsu Curry Sauce with<br>Rainbow Vegetable Rice                   | Pork or Vegetarian Sausage<br>Yorkshire Pudding<br>with<br>Mashed Potatoes, Seasonal Vegetables<br>& Gravy | Spaghetti Bolognaise<br>with<br>Homemade Dough Balls<br>& Salad Selection                             | Harry Ramsden's<br>Crispy Battered Fish<br>with<br>Oven Baked Chips & Mushy Peas            |
|  | Alternative<br>Choice        | Tomato & Mascarpone Pasta<br>with<br>Homemade Herby Bread<br>& Salad Selection<br>(v)                 | Puff Pastry Cheese Whirl<br>with<br>Herby Potatoes<br>Garden Peas or Baked Beans<br>(v)        | Pasta Spirals & Tomato Sauce<br>with<br>Homemade Dough Balls<br>& Salad Selection<br>(v)                   | Cooks Choice of filled<br>Free Range Egg Omelette<br>with<br>Potato Wedges & Baked Beans              | Homemade Pizza Margherita<br>with<br>Oven Baked Chips & Sweetcorn<br>(v)                    |
|  | Jackets<br>&<br>Sandwiches   | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection<br>(v) | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection             | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks choice of filled Oven<br>Baked Jacked Potato with<br>Freshly Prepared Salad Selection |
|  | Desserts                     | Rice Pudding & Fruit Jam<br>Cooks Choice of Jelly<br>Fruit Yoghurt                                    | Chocolate Cookie & Fruit Wedges<br>Cooks Choice of Jelly<br>Fruit Yoghurt                      | Cooks Choice of Mousse<br>Cooks Choice of Jelly<br>Fruit Yoghurt   | Lancashire Cheese & Biscuits<br>Cooks Choice of Jelly<br>Fruit Yoghurt                                | Cocoa Krispie Cake<br>Cooks Choice of Jelly<br>Fruit Yoghurt                                |
|  |                              | Fruit Selection & Milk  | Fruit Selection & Milk   | Fruit Selection & Milk   | Fruit Selection & Milk  | Fruit Selection & Milk  |
| WEEK THREE Week Commencing: 17th November 8th & 29th December 19th January 09th February 2nd & 23rd March 13th April   |                              | MONDAY  | SUGARWISE<br>TUESDAY   | WEDNESDAY  | SUGARWISE<br>THURSDAY   | FRIDAY<br>FAVOURITES  |
|  | Traditional<br>Choice        | Pork & Carrot Meatballs with<br>Mild Chilli & Sweet Pepper Sauce<br>Mixed Rice & Salad Selection      | Savoury Mince & Dumplings<br>with<br>Mashed Potatoes<br>Green Beans & Carrot Batons            | Roast chicken fillet<br>with<br>Roast Potatoes, Seasonal Vegetables<br>& Gravy                             | Chicken Curry with<br>Mixed Rice & Naan Bread   | Golden Crumb Fish Fingers<br>with<br>Oven Baked Chips<br>Garden Peas or Baked Beans         |
|  | Alternative<br>Choice        | Harry Ramsden's<br>Salmon & Sweet Potato Fishcake<br>with<br>Herby Potatoes & Vegetable Medley        | Pasta Tubes & Tomato Sauce<br>with<br>Homemade Dough Balls<br>& Salad Selection<br>(v)         | Tomato & Mascarpone Pasta<br>with<br>Homemade Herby Bread<br>& Salad Selection<br>(v)                      | Vegetarian Sausage Roll<br>with<br>Paprika Potatoes<br>Garden Peas or Baked Beans<br>(v)              | Homemade Pizza Margherita<br>with<br>Oven Baked Chips & Sweetcorn<br>(v)                    |
|  | Jackets<br>&<br>Sandwiches   | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection             | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks choice of filled Oven<br>Baked Jacked Potato with<br>Freshly Prepared Salad Selection |
|  | Desserts                     | Chocolate Traybake & Custard  Cooks Choice of Jelly  Fruit Yoghurt  ~                                 | Vanilla Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~                        | Oaty Flapjack<br>Cooks Choice of Jelly<br>Fruit Yoghurt<br>~   | Lemon Cookie & Fruit Wedges<br>Cooks Choice of Jelly<br>Fruit Yoghurt                                 | Cooks Choice of Cupcake Cooks Choice of Jelly Frui Tophurt                                  |
|  |                              | Fruit Selection & Milk  | Fruit Selection & Milk   | Fruit Selection & Milk   | Fruit Selection & Milk  | Fruit Selection & Milk  |