

Questions

How are you similar different to someone else? What is the difference between a skill and talent? How can we grow our self-confidence?

Why is our body a special gift? How can we respect our bodies?

Y4

What is puberty? What happens to our bodies as we reach puberty?

Key Vocabulary

Unique.
Changeable
Dis/respect
Holy Spirit
Balanced diet

Y4

Puberty

Milestone

Emotions

Genitalia correct words

Hormones

Outcomes:

Children will learn that:

- Similarities and differences between people arise as they grow.
- and make choices, and that by living and working together ('teamwork') we create community
- Self-confidence arises from being loved by God (not status, etc)
- They need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do.

Y4

What the term 'puberty' means

- *When they can expect puberty to take place*
- *That puberty is part of God's plan for our bodies*
- *Correct naming of genitalia*
- *What changes will happen to boys during puberty*
- *What changes will happen to girls during puberty*

Sources: Life to the full-Ten Ten

https://www.tentenresources.co.uk/units/lks2_1-2_me-my-body-my-health/

Autumn 2

Module 1: Created and loved by God

Unit 2: Me, My body, My Health

Sessions: We don't have to be the same, Respecting our bodies

Y4-What is puberty. Changing Bodies.

Making connections to prior learning

KS1

- We are unique, with individual talents, gifts and skills. our bodies are good and we need to look after them.
- That girls and boys have been created by God to be both similar and different and together make up the human family.
- What is a healthy lifestyle, including physical activity, dental health and healthy eating.
- The importance of sleep, rest and recreation for our health
- how to maintain personal hygiene