

Questions

What makes us the same/different? How?
Can you tell me one gift or talent you have?
What is this part of my body called?
Tell me one thing your incredible body can do.
How can we look after our bodies?

Sources: Life to the full-Ten Ten

https://www.tentenresources.co.uk/units/eyfs_1-2_me-my-body-my-health/

Key Vocabulary

similar different same unique special
God's children love likes dislikes gifts
talents skills
Ears mouth shoulders back legs etc.

Diet exercise sleeping keeping clean.

Autumn 2

Module 1: Created and loved by God
Unit 2: Me, my body, My health
Sessions: I Am Me. Heads, Shoulders
, Knees and Toes. Ready Teddy.

Outcomes:

Children will learn that:
That we are each unique, with individual gifts, talents and skills
That whilst we all have similarities because we are made in God's image, difference is part of God's plan!
That their bodies are good and made by God
The names of the parts of the body (not genitalia)
That our bodies are good and we need to look after them
What constitutes a healthy lifestyle, including exercise, diet, sleep, and personal hygiene