

## Questions

How are you similar different to someone else?  
have you ever felt really special What made you feel like that?  
How are girls and boys different?  
What are parts of our body called?  
Do all boys play football? Do all girls play with  
How can we look after our bodies and health?

## Key Vocabulary

Shoulders, arms, legs, ears, head  
Similarities  
Differences.  
Individual.  
Gifts.  
Teeth  
Hygiene  
Balanced diet  
Talents  
Special  
Skills  
Equal  
Unique

## Outcomes:

Children will learn :

- We are unique, with individual talents,gifts and skills.  
That our bodies are good and we need to look after them.
  - That girls and boys have been created by God to be both similar and ditferent and together make up the human family.
  - What is a healthy lifestyle, including physical activity, dental health and healthy eating.
  - The importance of sleep, rest and recreation for our health.
  - how to maintain personal hygiene
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**Sources: Life to the full-Ten Ten**

[https://www.tentenresources.co.uk/units/ks1\\_1-2\\_me-my-body-my-health/](https://www.tentenresources.co.uk/units/ks1_1-2_me-my-body-my-health/)

## Autumn 2

Module 1:Created and loved by God  
Unit 2: Me, My body, My Health  
Session: I am unique. Girls and Boys.Clean and healthy(My Body)

## Making connections to prior learning

EYFS- We are each unique, with individual gifts, talents and skills.

Whilst we all have similarities because we are made in God's image, difference is part of God's plan.

Bodies are good and made by God and we need to look after them.

What is a healthy lifestyle, including exercise, diet, sleep and personal hygiene.