CUSP DT Core Content: Block A and Block B (Autumn Term)



Year	Block A	Block B
1	Core discipline: Mechanisms Key concept: Sliders and levers How can you make a picture move?	Core discipline: Structures Key concept: Freestanding structures How can you stop a tower from toppling over?
2	Core discipline: Textiles Key concept: Exploring shape using a template How can you repurpose an item of clothing?	Core discipline: Food and Nutrition Key concept: Nutrients and the body What does healthy mean?
3	Core discipline: Textiles Key concept: Stiffening and strengthening fabric How can you make a box out of cloth?	Core discipline: Food and Nutrition Key concept: Individual diets What do we mean by a balanced diet?
4	Core discipline: Food and Nutrition Key concept: Ultra-processed food What's really in your food?	Core discipline: Mechanisms Key concept: Hinges How many ways are there to open a door?
5	Core discipline: Food and Nutrition Key concept: Food choices Why are our diets so different?	Core discipline: Systems Key concept: Using technology to design and control How can we keep ourselves safe on the road?
6	Core discipline: Food and Nutrition Key concept: Multicultural influences on food Can street foods save us?	Core discipline: Mechanisms Key concept: Pulleys and gears - rotary and linear movement How do pulleys and gears let you see the world?