# Key indicator 1: Increased confidence, knowledge and skills of all staff in teaching P.E. and sport.

 St. Peter's PE Curriculum – The PE Passport: Through buying into the Lancashire PE Membership again this year, it has enabled St. Peter's to access the updated new scheme of work for KS1 / KS2 plus the teacher assessment tool all contained within the new PE Passport App. During the last school year, several twilight sessions were set up to help staff become more familiar with The PE Passport APP and scheme contained within it and also to introduce them to the assessment and reporting tool. At the beginning of this year, we created a long term plan of PE for the year. Throughout the year we have amended and added to it to create the beginnings of our own St. Peter's PE Curriculum. IMPACT:

All staff members have become more confident using the APP to teach lessons through and have started recording videos to evidence pupil attainment for assessment to be recorded in the APP technology.

2. <u>Renewing the PSHE Association Membership</u>: As part of the PSHE curriculum teaches about relationships, physical activity and keeping healthy, which are important aspects of learning in Physical Education, part of the funding was used again this year to renew the PSHE Association Membership.

IMPACT:

PSHE leader has been able to access new up to date information, resources and planning ideas. All staff members confidently used St. Peter's PSHE curriculum to teach these aspects. St. Peter's pupils have gained a good understanding about the importance of having a healthy and active lifestyle.

3. Attending Professional Development Courses:

Lots of members of staff developed their knowledge and skills last year through attending courses and this year they have been implementing their increased knowledge and skills.

This year's courses have been:

A. Update of PE Passport App.

### IMPACT:

PE lead has been able to create a long term plan for PE on the APP. PE Lead has been able to use the extra curricular section on the APP, to input all the after school sports clubs taking place and the children taking part throughout the whole year. This has enabled accurate participation tracking to take place. All current and up to date knowledge and skills on the APP, are being used by the teachers. Teachers have recorded video evidence of attainment and recorded assessments using the reporting tool, leading to a more comprehensive knowledge of the attainment of each child.

### B. <u>Update of YST PE and Sport Premium Funding Webinar</u>. IMPACT:

Attending this webinar, the PE lead gained up to date information about the curriculum, about being active and also about the changes to the reporting format and what the funding could be spent on.

## C. <u>PE and Sport review and vision for school.</u>

### IMPACT:

The impact of this meeting was to set goals and targets in PE and Sport for this year and next year.

Our first goal, with the help of the Extra Curricular part of the PE Passport, was to gather data from the after school clubs participation to calculate the percentage of children having taken part in Extra Curricular sport this year. These are the percentages.

Percentage of each class taking part extra curricular activities							
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6		
66%	70%	92%	86%	93%	96%		

Our second goal was to give as many children the opportunity to represent school at a festival or competition and to gather data to calculate the percentage of children having taken part.

These are the percentages.

Percentage of each class representing St. Peter's School in festivals or competitions

Year 2	Year 3	Year 4	Year 5	Year 6
58%	96%	100%	96%	96%

- D. <u>Safe Practice zoom course.</u>
- E. <u>Staff meeting in response to the Safe Practice course.</u>

### IMPACT:

With the information gained from this zoom course, the PE Lead held a staff meeting to share information about updated safety practices as regards large apparatus, footwear for Dance and Gymnastics, jewellery, hair safety and earring safety. All members of staff know about the updated safety practices.

F. Netball teaching Course

### IMPACT:

The Year 5 teacher gained information about warm ups and drills and techniques for teaching Netball and now feels more confident to train the UKS2 children in playing Netball to compete against other schools.

## G. High Quality Dance and Gymnastics Course.

### IMPACT:

The Year 6 teacher gained updated information about teaching techniques in Gymnastics and safety procedures with large apparatus and feels more knowledgeable and confident to teach these two areas of the PE curriculum.

- H. Whole school staff training for the playground Multi Skills markings.
- I. <u>Yr5 Playground Leader course for the multi skills playground markings.</u> <u>IMPACT:</u>

All staff feel confident in using the multi skills playground markings during playtimes, as part of PE lessons and as active play sessions. Because of this, both key stages are enjoying being active with their friends. When the children are not being guided in a particular activity, they have started to make up their own games using these markings.

Year 5 feel confident ready to lead LKS2 children through the multi skills activities as Playground Leaders in September.

## Key indicator 2: The engagement of all pupils in regular physical activity

At St. Peter's we have two break times in the morning and then a 50 minute lunch. In Reception, they have continuous provision in their large outdoor area and join KS1 playground during their lunchtime. The KS1 children play on their separate playground and trim trail. In KS2, breaks are staggered so only two year groups use the playground at one time. This provides the children with a larger area in which to be active during their morning breaks. During Lunchtime, all KS2 use this area. The KS2 playground is split into areas: Trim trail, football pitch, games area, basketball hoop, netball posts, multi skills course.

### 1. Active playtimes for the Key stage 1 and Key stage 2

With three break times and a vast array of play equipment such as: bats, small balls, skipping ropes, ankle skips, variety of sizes of balls, hoops, action station gym spots, netball and basketball hoops, space bouncers and ball rebounders previously purchased with the funding, every child in school was able and encouraged to actively enjoy their time outside.

## IMPACT:

Every break, both key stages were able to actively participate in a variety of activities using the equipment with friends or by themselves setting themselves personal targets in whichever activity they embarked on.

### 2. Skipping

Classes in school started the year with a skipping rope and all the children skipped during their second break.

### IMPACT:

For 15 minutes of the active 30 minutes, children from both key stages were skipping. During this time the children who struggled skip learnt to coordinate jumping with swinging the rope overhead, while more accomplished skippers increased their skills by skipping backwards or crossing the rope over then skipping either forwards or backwards. Some children set personal targets for the amount of skips they could do in 15 minutes. But above all, each Key Stage were built up their stamina, being active and having fun.

## 3. Trim trails

Each Key stage has a trim trail in their playground and during breaks and lunchtimes, classes use the trim trails for 15 - 30 minutes on a rota basis. <u>IMPACT</u>:

The children have developed their balance, climbing and co-ordination skills from using the trim trails. Juniors from Year 4 onwards, have developed their upper body strength from using the high bars to travel from one end to the next.

### 4. Space Hoppers

When the weather became a little warmer, space hoppers were introduced during the second break. Each class had their own session as part of their games time on the playground, the activity ran throughout the week for each class. <u>IMPACT:</u>

Balance is the key to making the space hopper bounce well. After introducing this activity and showing the best way to make the bouncer leave the ground, all the KS2 children had a go. For the majority, they had just learnt a new skill and for all, this activity helped to develop co-ordination, strength and great enjoyment in doing this activity with their friends.

### 5. Playground Markings KS1 Playground.

The last of the markings were complete in May 2023 – a 100 grid snakes and ladders.

Activities on the KS1 playground are: fitness activity markings, hula hoop circle, 2 hopscotches, 'mirror me', 2 sets of target circles, a jump hop station, the shuttle run activity and the snakes and ladders.

IMPACT:

The children are thoroughly enjoying their new playground and using the extra space well. Once shown how to use their activities, they enthusiastically take part and have great fun being active.

# Key indicator 3: The profile of P.E. and sport being raised across the school as a tool for whole school improvement.

### 1. Whole school assembly

As part of the assembly each week, there are opportunities for children to receive Outstanding Learner Awards. The children can be awarded this for their efforts and achievements in PE as well as other subjects.

### IMPACT:

Receiving this award for PE helps to make the whole school aware of the importance of PE in the school curriculum and helps to encourage all to try their best in P.E. Their photograph is taken and this is then sent to everybody in St. Peter's School Community via our Seesaw learning platform, helping to increase self-esteem.

### 2. Increased Participation in Competitions

This year we have tried to give as many children the opportunity to take part in festivals or inter school competitions in order that they can represent their school. <u>IMPACT:</u>

Taking part in an inter competition or festival representing school is a great opportunity for each child as only a few can go at a time. Representing school is a very special and exciting experience as they often see other children from different schools that they know. They often say how proud they feel about taking part and representing their school. Photos are taken and can appear on Twitter, immediately being seen and celebrated and through our learning platform Seesaw where our families and children can see immediately. During assembly, they are asked to come out and tell everyone what they have been doing and how they got on. This helps to elevate PE and gives the other children something that they too can try to aspire to be part of.

### 3. <u>Celebrating outside school sports</u>

Every child who takes part in an out of school sporting activity, can bring their certificates, trophies and achievements to assembly and they can then share them with the whole school.

#### IMPACT:

The children have a sense of pride in what they have achieved. It also shows the younger children what different sports there are that they could also get involved with outside of school. Their photograph is taken and this is then sent to everybody in St. Peter's School Community via our Seesaw learning platform for all our families and children to see, increasing self-esteem.

## Key Indicator 4: Broader experience of a range of sports activities offered to

### all pupils

Our aim is to provide a great variety of sporting activities for the children to participate in school.

After school Clubs being offered throughout the year.

KS2 – Football, Netball and Girls Football coaching.

KS1 – Multi Skills, Dance, Dodge ball, Football skills, Athletics and Sports day activities.

KS2 – Dodgeball, Tag Rugby, Kwik Cricket, Rounders, Athletics, Fencing, Archery, Tennis and Dance.

During the curriculum time, AFC Fylde Community Foundation delivered fundamental movement activities to Kindergarten and Reception.

Fylde Rugby Community Foundation delivered fundamental movement skills through rugby to Reception.

Evolution Sport Education delivered dance lessons based around the book Gangster Granny which the Year 3 class later performed at the Opera House in Blackpool as part of a dance festival.

For their OAA experience, Year 4 went to the local lake and took part in Canoeing, Paddle Boarding, Rafting and Orienteering.

Year 6 took part in Bikeability again this year, learning to ride their bike safely and confidently on the roads.

### IMPACT:

Children at St. Peter's love being active and taking part in all sports. All the after school clubs generally get filled within 2 days of the children being invited to join in. Because not every child enjoys team games or competitive sport, we felt it really important to provide opportunities whereby everyone can take part and have fun. The extra activities like Archery, Golf and Fencing have encouraged children that don't usually participate in after school clubs, to do so.

Being given more opportunities to learn and practise skills, through different sports, has helped develop the children's knowledge, skill level and confidence when taking part in these activities. Due to the nature of the different types of sports provided, for example Canoeing, Paddle Boarding, Rafting and Orienteering, the children have needed to work as part of a team, building up resilience and perseverance as well as having great fun and enjoying lots of amazing opportunities to try out new sports.

Being able to complete the Bikeability course, gave the children a great sense of achievement, confidence and a wealth of knowledge and skill to be able to ride their bikes safely on the roads.

## Key Indicator 5: Increased participation in competitive sport

This year, we wanted to give the children lots of opportunities to represent St. Peter's School in festivals and competitions.

Throughout the year, these are the festivals and competitions that they have taken part in.

<u>KS1</u>

Footballz

Multi Skills

Inclusion Multi Skills

### <u>LKS2</u>

- Year 3 Dance Festival
- Years 3 / 4 Mixed Football
- Years 3 / 4 Girls Football
- Year 4 Girls Golf

### <u>UKS2</u>

- Year 5 Sale Sharks RFC Rugby Festival
- Year 5 Tag Rugby Reading Champions Festival Fylde Rugby Community Foundation
- Years 5 / 6 Football Matches (League)
- Years 5 / 6 Netball Matches ( League )
- Years 5 / 6 Football Tournament
- Years 5 / 6 Netball Tournament
- Years 5 / 6 Indoor Athletics
- Years 5 / 6 Swimming Gala
- Years 5 / 6 Mixed Cricket (Cancelled bad weather)
- Years 5 / 6 Tag Rugby Festival (Cancelled bad weather)
- Year 6 Glow in the dark Dodgeball

### Lancashire School Games competition

The Year 4 girls successfully came first amongst the Fylde Schools, so were able to represent Fylde in the these games.

We were then invited to represent Fylde in:

Year 6 / 7 - Dodgeball

Year 3 / 4 – Sports Day activities

#### IMPACT:

All the children involved in these competitions and festivals were eager to take part, competed exceptionally well, worked as a team, persevered, encouraged each other and

never gave up. This led to an increase in self-esteem and a feeling of pride to be able to represent their school, for all the children involved.

Percentage of each class representing St. Peter's School in festivals or competitions							
Year 2	Year 3	Year 4	Year 5	Year 6			
58%	96%	100%	96%	96%			