

## Physical Education and Sports Premium Funding 2022 – 2023

Funding for Physical Education and School Sport has continued again this year with the P.E. and Sports Premium Funding from the Government.

With the P.E. and Sports Premium Funding, this year at St. Peter's, we continue to buy into the services of The Wyre and Fylde School Sports Partnership, together with the services offered by AFC Fylde Community Foundation, Judo Education and Fylde Rugby Community Foundation.

Our aims this year are to again provide St. Peter's children with a wide range of different and varied physical activities in order to show that physical activity can be fun and also to encourage an active lifestyle. We also want to be able to give as many of our children the opportunity and experience of representing their school in a festival or competition type activity. Our aim within PE is to continue to develop a comprehensive St. Peter's PE Curriculum using the updated Lancashire PE scheme of work, current good practice and the inclusion of the virtues from St. Peter's Charter, to be delivered through the PE Passport.

During curriculum PE this year, we have invited AFC Fylde and Fylde Rugby to work alongside the teachers to deliver additional sessions of fundamental movement skills to the Kindergarten and EYFS children and Evolution Sports Education to deliver Dance sessions to Yr3 children.

Through the Wyre and Fylde School Sports Partnership, we have renewed our Lancashire PE Passport Membership enabling access to updated schemes of work and current information, Swim England charter lesson plans and a one day training course whereby assessment training will be provided.

At St. Peter's, we feel it is really important to keep up to date with new ideas and knowledge which will up level teacher's skills and confidence in order to increase and enhance the children's learning and development within the PE sessions, making them even more enjoyable. Teacher's attended a whole range of CPD courses last year and this year they have been embedding this knowledge into their lessons.

Courses being attended this year are: Teaching high quality dance and gymnastics KS2 – New teacher, Netball CPD – in order for school to provide KS2 netball sessions, Update for PE Passport, Update Webinar from Youth Sport Trust for PE and Sport Premium Funding, PE and School Sport review and vision - Head and PE leader, Safe Practice in PE zoom course, young leaders and whole school staff training to use the new multi skills playground markings.

### Keeping Active and Healthy

With PSHE now a statutory subject, we have renewed our membership with the PSHE association. By joining this association it means we have access to resources and meetings with advisors, to discuss the many roles the subject of PSHE covers.

The aspect of PSHE that PE focuses on developing is the area of Health, ie, keeping active, fostering a positive mind set and eating well.

As part of the Government initiative for one hour or more of exercise each day, we wanted to continue providing opportunities whereby the children could be active. Our main aim was to make both Key Stage playgrounds, areas where children would enjoy being active with their friends or on their own.

Once the KS1 playground had been cleared and opened up more, we invited ESP Play to come and lay activity markings down on the KS1 playground of: 2 hopscotches, fitness circles, jump, skip, hop and start jumps, a shuttle run with 4 lanes, a mirror me, a hula hoop area, 2 sets of number targets, a jump hop station 100 square snakes and ladders, alphabet snake and a friendship rainbow and the multi skills markings on the KS2 playground. During the Summer holidays 2022, ESP Play started laying the markings and both playgrounds were virtually complete by Sept 22. Ready to be used when the children returned to school.

Whole school staff training will take place in order to learn how to use the multi skills markings to involve the children during lesson time, playtimes or lunchtimes. After this the Year 5 children will be trained to become Young Leaders guiding the lower KS2 children in the multi skill activities.

At the beginning of the year, each class from Yr1 – Yr6 will have a skipping rope each and skip for 15 minutes in their second break.

During the year, purchases of playground equipment will be made in order to encourage both Key Stage children to be more active. This equipment will consist of netball post, basketball hoop, balls, skipping ropes, bats, ankle skips, balls and cups, ball rebounders (2) a variety of sizes of moon bouncers.

In addition to these activities, each key stage has a trim trail which each class uses for 15 - 30 minutes daily. This consists of climbing, sliding, hanging and balancing activities.

On a Friday, we have an hour of enrichment time and throughout the year, each class from Year1 – Year 6 will experience half a term of Yoga activities of mindfulness, breathing techniques and stress relieving yoga poses. The children will be using the individual yoga mats purchased in the previous Summer Term.

During the Spring Term, the Year 6 children will be able to take part in the Bikeability programme again this year and in the Summer Term, Year 4 will be taking part in paddle sport activities on the local lake.

Children at St. Peter's really enjoy taking part in physical exercise and regularly sign up for the after school clubs being offered throughout the week.

Our aim is to encourage each child to take part so a wide variety of clubs will be offered throughout the year.

For KS1 these will be: Multi skills, Dance, Dodgeball, Football skills, Athletics and Sports day activities.

For KS2 these will be: Dodgeball, Football skills, Athletics, Rounders, Tag Rugby, Archery, Fencing, Golf and Tennis.

We will continue to develop specific skills and provide team practices for: Football, Girls' Football and Netball, with training happening once a week.

### Competitions and Festivals

We are all very excited as this year marked the return of being able to compete with our friends in the local schools.

### Inter School

#### KS1

1. Footballz
2. Multi Skills
3. Inclusion Multi Skills

#### LKS2

1. Mixed football
2. Girls football
3. Girls Golf
4. Year 3 Dance Festival

#### UKS2

1. Football Team Matches
2. Netball Team Matches
3. Football Tournament
4. Netball Tournament
5. Indoor Athletics
6. Glow in the dark Dodgeball
7. Dance Competition
8. Swimming Gala
9. Sale Sharks RFC – Tag Rugby
10. Mixed Cricket ( cancelled)
11. Tag Rugby (cancelled)

### Intra School

## KS1 and KS2 Sports Day