

## Physical Education and Sports Premium Funding 2021 – 2022

Funding for Physical Education and School Sport, has continued again this year with the P.E. and Sports Premium Funding from the Government.

With the P.E. and Sports Premium Funding, this year at St. Peter's, we continue to buy into the services of The Wyre and Fylde School Sports Partnership, together with the services offered by AFC Fylde.

Our aims this year, as lots of the restrictions of the COVID 19 Pandemic have been lifted, are to again provide St. Peter's children with a wide range of different and varied physical activities in order to show that physical activity can be fun and also to encourage an active lifestyle. Our aim within PE, is to develop a comprehensive St. Peter's PE Curriculum using ideas from the updated Lancashire PE scheme of work, current good practice and the inclusion of the virtues from St. Peter's Charter, to be delivered through the PE Passport.

During curriculum PE this year, we have invited Judo Education to deliver Fencing to Year 5 to develop their knowledge and skills in attacking and defending through the sport of Fencing. We invited Blue Moose Company to work with Year 4 to develop their dance knowledge and skills. This will give the teachers the opportunity to develop their own understanding of knowledge and skills in these areas.

Through the Wyre and Fylde School Sports Partnership, we have enrolled into the Lancashire PE Membership, whereby professional learning and support is offered through courses and twilight meetings. At St. Peter's, we feel it is really important to keep up to date with new ideas and knowledge which will up level teacher's skills in order to increase and enhance the children's learning and development within the PE sessions, making them even more enjoyable. Courses being attended this year are: Lancashire Early Years Scheme of work, PE Passport update, New to teaching KS1 PE, Getting to grips with PE at KS2, Teaching high quality dance and gymnastics at KS2, Trust, trails and Challenges, Teaching games at KS2. Whole staff training: Orienteering Staff CPD twilight session and differentiation within lessons CPD twilight session.

We will again this year be attending the Wyre and Fylde School Sports Partnership Annual Conference, in order to gain new ideas and be inspired by guest speakers. We will have the opportunity to discuss sport and PE provision within school, with members of other schools, sharing ideas and best practice. We will be able to talk to a variety of sports providers, which will help with planning activities for the year ahead.

### Keeping Active and Healthy

With PSHE now a statutory subject, we have renewed our membership with the PSHE association. By joining this association it means we have access to resources and meetings with advisors, to discuss the many roles the subject of PSHE covers.

The aspect of PSHE that PE focuses on developing is the area of Health, ie, keeping active, fostering a positive mind set and eating well.

As part of the Government initiative for one hour or more of exercise each day, we wanted to continue providing opportunities whereby the children could be active. Because of COVID, an extra playtime was included in the afternoon of each school day. When playtimes happen each class either has the whole playground or half the playground whereby two classes share. Through the funding, a vast array of play equipment was purchased for both KS1 and KS2 playgrounds to be used at breaks and lunchtimes. Due to the increased space, all classes were encouraged to use their playtime equipment of a variety of balls, skipping ropes, bats, ankle spinners and hoops or to complete a daily run.

One of the junior classes will trial using skipping ropes during one of the breaks.

In addition to these activities, each key stage has a trim trail which each class uses for 15 - 30 minutes daily. This consists of climbing, sliding, hanging and balancing activities.

With this in mind, the Year 5 children will receive PALS training to become playground leaders, to plan and deliver playground activities to KS1 during each lunchtime. These sessions will focus on empowering young leaders in building effective planning, communication and time management skills. Whilst at the same time, showing younger children how much fun it is to be active, in the hope that they will continue this positive attitude towards physical activity throughout their school life and beyond.

This year we have planned to remove the extensive flower beds, and other furniture on the KS1 playground to have a large open space where all classes can play, run freely and enjoy being active in this bigger space and where teachers can hold PE lessons outdoors in their playground. In order to fully take advantage of this large space, the children have been asked to think about what activities they like to play and what kind of markings they would like to use. Once this was completed, ESP Play were contacted and plans were drawn up. Lots of activities are planned for KS1 and a multi skills course incorporating staff CPD together with play buddy training for the children has been planned for KS2. Installation date is August 2022.

During the Spring Term, the Year 6 children will be able to take part in the Bikeability programme again this year.

The Reception Class will again this year practise developing their balance, co-ordination skills and strength through working with the balance bikes delivered by AFC Fylde.

After having previously used some of the funding to have our school grounds, including our wood mapped and orienteering resources purchased, we will invite Outdoor Education to work with our children to develop their orienteering skills in Year 5 and 6. Later on in the afternoon the teachers will use the woods for their twilight orienteering CPD.

Children at St. Peter's really enjoy taking part in physical exercise and regularly sign up for the after school clubs being offered throughout the week. Now that restrictions have been lifted, we are delighted to be able to use the Funding to offer a wide range of activities free of charge.

Our aim is to encourage each child to take part so a wide variety of clubs will be offered throughout the year.

For KS1 these will be: multiskills, dance, dodgeball, football skills, archery and athletics.

For KS2 these will be: Dodgeball, football skills, athletics, rounders, kwik cricket, tag rugby and archery.

School Teams: Football, Girls' Football and Netball training once a week will resume.

### Competitions and Festivals

At the start of the year we decided not to enter into inter school competitions due to there being periodically high levels of COVID in certain classes. Instead we carried on enjoying curriculum PE and after school sport, competing against each other.

Towards the middle of the year, the local schools joined together in a very successful Football and Netball tournament.

Year 3 and 4 children were invited by the Golf Foundation and Wyre and Fylde School Sports Partnership to take part in a golf festival at Lytham and St. Annes Golf Club in June, to celebrate elite level amateur golf being held on the Fylde Coast.

At the end of the year we hold our intra house competition of Potted Sports and Sports Day events.