St Peter's Catholic Primary School PSHE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	What is the same and different about us?	Who is special to us?	What helps us stay healthy? Teeth & weight	What can we do with money?	Who helps to keep us safe? Right Start	How can we look after each other and the world?
Y2	What makes a good friend?	What is bullying?	How do we recognise our feelings?	What helps us grow and stay healthy? Teeth & weight	What jobs do people do?	What helps us to stay safe? Fire safety/Right Start
Y3	How can we be a good friend?	What keeps us safe? Road safety	What are families like?	What makes a community?	Why should we keep active and sleep well?	Why should we eat well and look after our teeth? weight
Y4	How do we treat each other with respect?	How can our choices make a difference to others and the environment?	How will we grow and change?	How can we manage our feelings?	How can we manage risks in different places? (& road safety)	What strengths, skills and interests do we have?
Y5	What makes up a person's identity?	How can friends communicate safely?	How can we help in an accident or emergency?	What decisions can people make with money?	How can drugs, common to everyday life, affect health? *Changes- puberty	What jobs would we like?
Y6	How can the media influence people?		How can we keep healthy as we grow? Teeth, weight, Bikeability Road safety/Fire safety		What will change as we become more independent? How do friendships change as we grow?	