

Questions

When helps to make you feel safe? What happens when you feel unsafe? Is all types of touch appropriate? What does abuse mean? What is neglect?

Are all drugs bad? Do you dis/agree all drugs, alcohol and tobacco should be made illegal? What does doing things in moderation mean?

Are drugs, alcohol and tobacco good for our bodies? Can mixed messages from others make choices difficult?

What is the job of a First Aider? What is the recovery position? What does DRABCD stand for?

Key Vocabulary

physical abuse emotional abuse criticising threatening inappropriate touching drugs alcohol tobacco legal illegal recreational impact lifestyle lungs Oxygen chemicals Nicotine Carbon Monoxide First Aid casualty emergency services recovery position un/conscious DR ABC Danger Response Airway Breathing Circulation Defibrillator

Outcomes:

Children will learn:

- What kind of physical contact is acceptable or unacceptable and how to respond
- That there are different people we can trust for help, especially those closest to us who care for us, including parents, teachers and priests
- About the effect that a range of substances including drugs, tobacco and alcohol can have on the body
- How to make good choices about substances that will have a positive impact on their health
- That our bodies are created by God, so we should take care of them and be careful about what we consume
- About how they may come under pressure when it comes to drugs, alcohol and tobacco
- That they are entitled to say “no” for all sorts of reasons, but not least in order to protect their God-given bodies
- That the recovery position can be used when a person is unconscious but breathing
- That DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance

Summer 1

Module 2: Created to love others

Unit 4: Keeping Safe.

Sessions: Types of abuse.

Impacted Lifestyles. Making Good Choices. Giving assistance.

Sources: Life to the full-Ten Ten

https://www.tentenresources.co.uk/units/units2_2-4_keeping-safe/

Making connections to prior learning

LKS2-

- To judge well what kind of physical contact is acceptable or unacceptable and how to respond
- That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest
- That medicines are drugs, but not all drugs are good for us
- That alcohol and tobacco are harmful substances
- That our bodies are created by God, so we should take care of them and be careful about what we consume
 - That in an emergency, it is important to remain calm
- That quick reactions in an emergency can save a life
- How to help in an emergency using their First Aid knowledge