



St Peter's Catholic High School

Year 7 Curriculum for Life S.O.W



Topic Title	C4L and Ground Rules	This is Me!	The effect of others' views	A Healthy Diet	The Right Influence	Energy Drinks	Being Enterprising	USP	Marketing	Profit or Loss	Presentation Skills
Key questions within lessons:	Can you describe C4L?	What is the difference between the terms self-confidence and self-esteem?	How are self-confidence and self-esteem affected by the way others treat people?	Can you define the term diet?	Can you identify who has the biggest influence on your diet?	Can you identify the different ways energy drinks affect the body and the health issues they can cause?	What is an entrepreneur?	What is a USP?	What is marketing?	What is profit and what is loss?	What makes a good presentation?
	Can you explain how you will be assessed in this lesson?	What are your personal strengths?	What is the difference between helpful feedback and unhelpful criticism?	What does a healthy balanced diet consist of?	How do food companies and retailers affect people's diets?	Can you describe how energy drinks can affect your behaviour as well as how you feel and your long term health?	What does 'being enterprising' mean?	Can you identify the enterprise skills and qualities you have used this lesson?	What does the marketing mix include?	How can we manage risk?	What should we not do in a presentation?
	Can you name at least three of our agreed C4L ground rules?	Can you explain how recognising your personal strengths affects your self-confidence and self-esteem?	Can you describe how to accept helpful feedback? Can you identify ways to reject unhelpful criticism?	Why is it important to maintain a balanced diet?	How do media and social media affect people's diets?	Can you explain how consuming excess sugar and caffeine affects dopamine levels and can impact on your attainment.	What are the benefits of being enterprising? What enterprise skills do you already have? What enterprise skills do you need to develop?	Can you give specific examples of when you have used enterprise skills and qualities this lesson?	Can you identify the enterprise skills and qualities you have used this lesson? Can you give specific examples of when you have used enterprise skills and qualities this lesson?	Can you identify the enterprise skills and qualities you have used this lesson? Can you give specific examples of when you have used enterprise skills and qualities this lesson?	Can you identify the enterprise skills and qualities you have used this lesson? Can you give specific examples of when you have used enterprise skills and qualities this lesson?

Topic Title	Rules and Laws	Parliament and Law Making	MPs	Citizens Working Together	Money and Financial Systems	Budgeting	Bullying	Honours Programme	Puberty *	Positive Choices and Influence *
Key questions within lessons:	What is the difference between a rule and a law?	Who makes laws?	What is an MP?	Can you name a range of services which the government provide/pay for?	What is money and why do we have it?	What is budgeting?	Can you define the term bullying?	Can you list the different types of honour?	Can you identify the physical and emotional changes which happen during puberty?	What is an influence?
	Why do we have laws?	Can you name the three parts of parliament?	How do people become MPs?	Can you name a range of voluntary groups in the UK?	What is the difference between a bank and a building society?	Why is budgeting important?	Can you identify a range of feelings caused by bullying?	Can you explain why honours are good for our community/society?	How can puberty cause conflict?	Can you identify who influences you?
	At what age do we become accountable to the law?	Can you explain the role of the three parts of parliament in making laws?		Can you give an example of people 'working together' in Wigan to improve the community?			Can you explain how bullying can impact a range of people?	Who can make a nomination for a national honour and how do you make it?	Who can you talk to about puberty?	Can you give an example of peer pressure? Can you identify risk taking behaviours and the dangers involved with them?

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