

## St Peter's Catholic High School Year 9 Curriculum for Life S.O.W



Topic Title	C4L and Ground Rules	Self Harm	Eating Disorders	Cancer	Skin Cancer	Exploring Personal Strengths for Employment with Xello	icould.com	Making Decisions	Options	Relationships *	Consent off and online *	Sexual Health *
Assessment Objectives	Can you name 5 topics or more which will be covered in C4L lessons this year?	Do you feel comfortable talking about self-harm?	Do you feel comfortable talking about eating disorders?	Do you feel comfortable discussing the topic of cancer?	Can you name the two main types of skin cancer?	How should good career decisions be made?	Can you list the information you can get from icould.com?	Can you identify the best way to make a decision?	Can you list the options subjects you would like to take?	What are the characteristics of positive and healthy relationships of all kinds including online and offline?	What is consent?	Can you state facts about different types of contraceptives?  What is an STI and how are they transmitted?
	Can you name at least three of our agreed C4L ground rules?	Can you identify some of the things that might trigger someone to self-harm?	Can you name the main types of eating disorders?	Do you know what cancer is?	Do you know who is most susceptible to developing skin cancer?	Can you identify your interests?	What is meant by a career pathway?	Can you explain what GCSEs are, how they are assessed, how they are graded and which are compulsory?	Can you identify key information about these subjects which you need to know before choosing to study them?	How can you recognise, respect and communicate boundaries in relationships?	What does the law say about consent?	Can you name at least 6 STIs and identify which are most prevalent?
		Do you know the signs to look out for in a friend?	Do you know the signs to look out for in a friend?	Can you explain how cancer occurs using the correct terminology?	Can you identify any skin cancer warning signs?	Can you identify your personal skills?  Can you explain when you have demonstrated these skills?		Can you explain what BTECs, Cambridge Nationals and Eduqas Technical Awards are, how they are assessed and how they are graded?		Can you judge if a relationship is unsafe?  Can you identify criminal behaviours within relationships?	What are the risks of sharing material online? What does the law say on sexual images?	Can you explain the impact of having an STI?
		Can you name where and how to get support for yourself or a friend?	Can you name where and how to get support for yourself or a friend?	Can you identify some of the myths surrounding cancer?	Do you know what the main cause of skin cancer is?  Can you identify ways to protect your skin?	Can you identify your personality type?  Can you list the information you can get from Unifrog?  What is Labour Market Information?		Can you define the term apprenticeship?		Can you explain the laws relating to harmful sexual behaviour? Where can you seek help and advice for yourselves and others?	What is the impact of viewing harmful content which presents a distorted picture of sexual behaviours?	Can you give key facts about testing for and the treatment of STIs?  Do you know how and where to access confidential sexual and reproductive health, advice and treatment?

Topic Title	You and the Law	The UK Legal System	The UK Judicial System	Mock trial	A Punishment to Fit the Crime	Human Rights	Human Rights Violations	Diversity	Discrimination	HBT Bullying	Combatting Discrimination	Household Budgeting **	First Aid ***
Assessment Objectives	Can you list and describe the different areas of everyday life which the law relates to?  Can you state which new area	Can you name the two main sources of law?  Can you describe the	Can you list the different courts we have in the UK? Can you state	Can you name the main people involved in a Crown Court case?	Can you identify the maximum prison sentences for crimes?	What are human rights?  How are human	What is forced marriage?  What are	What does diversity mean?  Can you	What does discrimination mean?  Can you identify examples of	What do the letters HBT stand for?  Can you	Can you explain what the Nobel Peace Prize is? Can you name	A session designed to help young people understand regular household	A workshop where students learn essential first aid skills. Aimed to build the confidence and willingness to help someone in an emergency, using everyday objects that they have around
	of the law you have learned about in this lesson?	difference between civil and criminal law?	differences between two main criminal courts?	describe the structure of a court case?	give suggestions to reduce crime in the UK?	rights linked to social responsibilities?	honour killings?	identify the positive impact of diversity in the UK?	examples of racism in the UK?	identify the impact HBT bullying has on people?	influential people who have stood up to discrimination and protected people's rights?  Can you describe how they stood up to discrimination and protected people's rights?  Can you describe how they stood up to discrimination and protected people's rights?  Example 2 expenses such as rent, council tax, utility bills and food. In learning this they can become more aware of the costs of living at home and when they move out for the first time.	as rent, council tax, utility bills and food. In learning this they can become more aware of the costs of living at home and when they	
	What is sexual harassment?					Can you give examples of how rights are rightly and wrongly violated in the UK?	What is human trafficking?	What is stereotyping?	Can you give examples of gender discrimination in the UK?	How can you challenge discriminatory behaviour?			
	What does the law state about sexual harassment?						What is FGM?	How does stereotyping effect individuals and communities?	What is feminism and how is it misinterpreted?			them. It will also show them where to get support if they have an injury or illness, as well as introducing pupils to the work the British Red Cross do in the UK.	

<sup>\*</sup>Delivered by Locala Health and Wellbeing

<sup>\*\*</sup> Delivered by HSBC

<sup>\*\*\*</sup>Delivered by British Red Cross