



St Peter's Catholic High School

A Specialist Visual Arts College



September 2021

Dear Parent/Carer,

The aim of St Peter's C4L (Curriculum for Life) is to help learners develop the knowledge, understanding and skills they need to manage their lives and make informed choices now and in the future. The curriculum was created after consultation with pupils and within these lessons students develop a broad knowledge of PSHE, Citizenship and Careers based topics as seen in chronological order overleaf.

If you would like further information regarding these topics, pupils have a C4L folder in which you are able to see all the objectives covered or if you would like to view a sample of the resources used do not hesitate to contact me. Teachers of C4L understand that some topics within the course are sensitive and approach them as such. If you feel that your child may be upset by any of the topics covered and they feel they are unable to speak with their teacher regarding their circumstances before the lesson please feel free to contact me so that we can ensure that the right support is put in place.

With regard to Relationships and Sex Education (RSE) parents are able to withdraw their child (following discussion with the school) from any or all aspects of Sex Education, other than those which are part of the Science curriculum, up to and until three terms before the age of 16. After that point, the guidance states that 'if the child wishes to receive sex education rather than be withdrawn, the school should make arrangements to provide the child with sex education during one of those terms.' Where pupils are withdrawn from sex education, we will 'ensure that the pupil receives appropriate, purposeful education during the period of withdrawal.' If you would like to view our RSE policy and RSE mapping document go to the key information section on our website and they can be found by clicking the policies tab.

The C4L curriculum will be enriched with a range of extra-curricular activities including presentations from guest speakers, theatre groups, trips and visits. You will be notified when your child is due to participate in these activities and given the same opportunity to contact us if there is a need to do so. We have a twitter account @SPHS_Futures on which C4L news, information and photographs are available, please follow us to keep up to date.

As mentioned at the beginning of this letter, the pupils have been consulted regarding the content of the C4L course. We are always evaluating and updating our schemes of work and would very much appreciate parental feedback on the course including whether you would like to suggest any other topics which may be covered.

Please don't hesitate to contact me on 01942 747693 or at welchc@saintpetershigh.wigan.sch.uk regarding any of these matters or if you have any questions.

Yours sincerely,

C Welch (Mrs)

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Tel: 01942 747693 Fax: 01942 747 694

Head of C4L

Email: enquiries@admin.saintpetershigh.wigan.sch.uk
Web: www.saintpetershigh.wigan.sch.uk

Headteacher: Mr. A. McGlown M.A. (Oxon) N.P.Q.H

Year 7	Year 8	Year 9	Year 10	Year 11
Self confidence, self esteem and personal strengths	Self esteem	Self harm	Depression and Anxiety	Skills and qualities
Helpful feedback and unhelpful criticism	Emotional well being	Eating disorders	Difficult emotions	Personal Statements
Healthy, balanced diet.	Physical Health and wellbeing	What is cancer?	Mindfulness	Interviews
Who influences what we eat?	The importance of sleep	Skin Cancer	Body image, the media and risks	START and career exploration
Energy Drinks	Body Image	Recognising and building personal skills	Cosmetic surgery	Labour Market Information
Entrepreneurs and being enterprising	Cyberbullying	Exploring strengths for employment	Relationship Abuse	Applications for further education
Unique selling points	Sexting	Career exploration and Labour Market Information	Exploitation	CVs
Marketing	Peer pressure	Career pathways	Sharing sexual images	Other systems and forms of government
Profit or loss and financial risk	Staying safe online	Making decisions	Loss, separation and divorce	UK law
Presentation skills	Online reputation	Options	Diverse relationships	Civil versus criminal law
Rules and Laws	Different types of work and the laws of child employment	You and the law	Different electoral systems used in and beyond the UK	Human rights
Parliament	UK Parliament	The UK legal system	Law-The separation of powers	Rights and responsibilities at work
Members of Parliament	History of Parliament	The UK judicial system	Getting involved in democratic processes	Parenting *
Citizens working together	The role of the monarch	A punishment to fit the crime	UK and the wider world	Sexual harassment, violence and the law *
Money and financial systems	How can we get involved in democracy	Human rights	Public Money	Records of Achievement
Budgeting	Political parties	Human rights violations	Diversity	
Bullying	Alcohol	Diversity	Discrimination	
Puberty *	Smoking	Discrimination	Understanding and preventing extremism	
Positive choices and influences *	Illegal Drugs	Combatting Discrimination	Sexual health update*	
	Addiction	Relationships *	Sexual harassment, violence and the law *	
	Gambling	Risk *		
	Parenting	Sexual health *		
	Relationships and consent *	Sexual behaviour *		
	Respecting individuality *	Homophobic, Biphobic and Transphobic bullying		

*Delivered by Spectrum Community Health CIC - Y7 (November), Y8 (Sept-Oct), Y9 (Sept – Oct), Y10 (November), Y11 (January)