

# Year 1 Spring Term 2026

## Computing

In Computing, we learn to tell stories using technology by staying safe online, programming and debugging Beebots to retell stories, creating talking characters with ChatterPix, combining photos and voice to make digital stories, and sharing them respectfully.

## Science

In Science, we continue learning about seasonal changes, including exploring the season of winter. We learn to use a rain gauge to measure rainfall, identify different types of clouds, and celebrate the winter season with a cosy, snuggly Winter themed day. We then bring all our knowledge together by creating and presenting our own weather reports.

## Physical Education (PE)

In PE this term, we combine physical education with Outdoor Learning (Forest School), giving the children a wide range of exciting experiences such as den building, team challenges and nature exploration. Alongside this, the children are introduced to calming yoga, learning simple poses and understanding how yoga can support their wellbeing by helping them relax, focus, and meditate.

## Art

In Art, we are exploring colour and abstract art by discussing our favourite colours and learning how artists use colour to express feelings. Children experiment with paint, colour mixing and abstract compositions inspired by famous artists.

## RE

In RE, we explore why home and family are important, focusing on Islam and Christianity. We learn what it means to belong to these religions, including the role of family life, shared traditions, and the values that guide believers in their everyday lives.

## PSHE

In PSHE, we are learning about what helps us stay healthy—starting with our mental health by exploring strategies to stay calm, regulated and happy, and then looking at how to keep our bodies physically healthy.

## Geography

In Geography, we build on last term's learning about our local area and the town of Hitchin by exploring our place within the wider UK. We study the four countries and their capital cities, learn about the surrounding seas, and practise using compass directions.

## Music

In Music, our unit focuses on the question *"How Does Music Make the World a Better Place?"*. Children explore how music can promote kindness, responsibility, and positive relationships. The songs chosen for this unit support this theme, and the social message is woven through each lesson.

## History

In History, we explore the Victorian era in preparation for our exciting Victorian workshop after half term. We learn about what life was like for Victorian children and compare their experiences with our own. We also investigate Victorian schooling, including the work of Samuel Wilderspin, and reflect on how daily life has changed over time.