# Mindfulness and Personal, Social and Emotional Development

A strong emphasis will be placed on wellbeing and emotions in order to support the children's transition into Daffodils.

Activities planned include:

- Becoming familiar with our new class and school.
- Establishing and sharing our new class rules and relationships.
- Talking and sharing events with family and loved ones.
- Daily access to outdoor provision and physical development.
- Mindfulness strategies: yoga and relaxation strategies.
- Discussing likes and interests.
- Provision to be led by child interests and all about me activities including creative activities to promote mark making and creativity.

## Values

There will be an emphasis on appreciating individuality and our unique qualities that make us special.

Emphasis on introducing the Characteristics of Effective Learning.

Engagement, finding out and exploring,

## Listening and Understanding

We will play different listening games to develop listening and understanding skills.

#### Mark Making

The children will make marks with different materials and be encouraged to explain what they are.

Children will begin to trace and write their names.

# Daffodils' Curriculum Map

# Term: Autumn 1 2023



#### Communication and Language

The children will:

- Share all about me boxes with the class, using simple sentences, to get to know each other.
- Listen to others in small groups and respond to ideas they express through conversation.
  - Develop their ability to follow class rules.
  - Understand more complex sentences.
- Play games to practise these skills and get to know each other.
  - Listening to a range of stories.
  - Singing nursery rhymes and other songs.



### **Physical Development**

#### Fine motor skills: Playdough

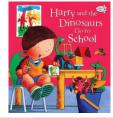
Gross Motor skills: Moving and negotiating space. Using shoulder and arm muscles to hang and manoeuvre on the trim trail. Encouraging children to use chalk and paint brushes to make marks including lines, circles.

Children will develop personal care skills and the ability to dress themselves.

#### **Book Focus**

Our text focus is Harry and his bucketful of dinosaurs go to school.

Children will also read Meesha makes friends, Supertato and Monkey Puzzle. We will be focusing on emotional and social development, healthy eating, and families.



## Mathematics

The children will begin to explore and recognise numbers to 5 and be able to match and sort them.

They will begin to explore and create patterns.