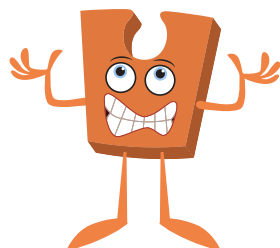




## Dreams & Goals Puzzle Map - Ages 5-6

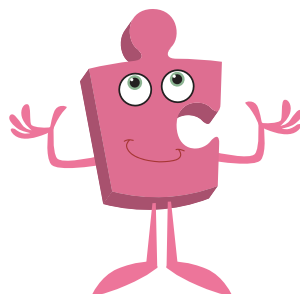
| Piece (lesson)  | RSHE guidance reference | PSHE Learning Intentions  | Social and Emotional Skills Learning Intentions                            |
|---|-------------------------|---|--|
| <b>1. My Treasure Chest of Success</b>                          | H1                      | I can set simple goals  | I can tell you about a thing I do well                                     |
| <b>2. Steps to Goals</b>  |                         | I can set a goal and work out how to achieve it   | I can tell you how I learn best  |
| <b>3. Achieving Together</b><br>Puzzle outcome: Dream wellies   | R12, R16                | I understand how to work well with a partner  | I can celebrate achievement with my partner                                |
| <b>4. Stretchy Learning</b><br>Puzzle outcome: Stretchy flowers |                         | I can tackle a new challenge and understand this might stretch my learning  | I can identify how I feel when I am faced with a new challenge             |
| <b>5. Overcoming Obstacles</b>                                  | R30, H4                 | I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them | I know how I feel when I see obstacles and how I feel when I overcome them |
| <b>6. Celebrating My Success</b><br>Assessment Opportunity      | H3                      | I can tell you how I felt when I succeeded in a new challenge and how I celebrated it                                   | I know how to store the feelings of success in my internal treasure chest  |





## Dreams & Goals Puzzle Map - Ages 6-7

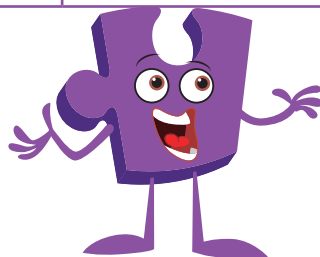
| Piece (lesson)   | RSHE guidance reference | PSHE Learning Intentions  | Social and Emotional Skills Learning Intentions  |
|--|-------------------------|---|--|
| <b>1.Goals to Success</b>                                      | H2, H3                  | I can choose a realistic goal and think about how to achieve it                       | I can tell you things I have achieved and say how that makes me feel   |
| <b>2.My Learning Strengths</b>                                 | R15, R30                | I carry on trying (persevering) even when I find things difficult                     | I can tell you some of my strengths as a learner   |
| <b>3.Learning with Others</b>                                  | R12, R13, R14, R16      | I can recognise who I work well with and who it is more difficult for me to work with | I can tell you how working with other people helps me learn  |
| <b>4.A Group Challenge</b><br>Puzzle Outcome: Dream Birds      | R13, R14, R16, R19      | I can work well in a group  | I can work with others in a group to solve problems  |
| <b>5.Continuing Our Group Challenge</b>                        | R14, R16, R19, H2, H3   | I can tell you some ways I worked well with my group                                  | I can tell you how I felt about working in my group  |
| <b>6.Celebrating Our Achievement</b><br>Assessment Opportunity | R19, H4                 | I know how to share success with other people   | I can tell you how being part of a successful group feels and I can store these feelings in my internal treasure chest |





## Dreams & Goals Puzzle Map - Ages 7-8

| Piece (lesson)  | RSHE guidance reference | PSHE Learning Intentions  | Social and Emotional Skills Learning Intentions   |
|---|-------------------------|---|---|
| <b>1.Dreams and Goals</b>   | R12                     | I can tell you about a person who has faced difficult challenges and achieved success           | I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g. through disability) |
| <b>2.My Dreams and Ambitions</b>  | H4                      | I can identify a dream/ambition that is important to me   | I can imagine how I will feel when I achieve my dream/ambition  |
| <b>3.A New Challenge</b><br>Puzzle Outcome: Garden design/<br>decoration                          |                         | I enjoy facing new learning challenges and working out the best ways for me to achieve them     | I can break down a goal into a number of steps and know how others could help me to achieve it                  |
| <b>4.Our New Challenge</b><br>Puzzle Outcome: Garden design/<br>decoration                        |                         | I am motivated and enthusiastic about achieving our new challenge                               | I know that I am responsible for my own learning and can use my strengths as a learner to achieve the challenge |
| <b>5.Our New Challenge - Overcoming Obstacles</b><br>Puzzle Outcome: Garden design/<br>decoration | R14, R15, H2, H3        | I can recognise obstacles which might hinder my achievement and can take steps to overcome them | I can manage the feelings of frustration that may arise when obstacles occur                                    |
| <b>6.Celebrating My Learning</b><br>Assessment Opportunity  | R13, H2, H3             | I can evaluate my own learning process and identify how it can be better next time              | I am confident in sharing my success with others and can store my feelings in my internal treasure chest        |





## Dreams & Goals Puzzle Map - Ages 8-9

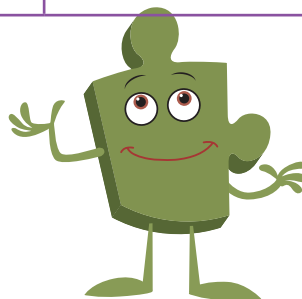
| Piece (lesson)   | RSHE guidance reference | PSHE Learning Intentions  | Social and Emotional Skills Learning Intentions  |
|--|-------------------------|---|--|
| <b>1.Hopes and Dreams</b>  |                         |   | I know how it feels to have hopes and dreams   |
| <b>2.Broken Dreams</b>   |                         | I understand that sometimes hopes and dreams do not come true and that this can hurt                        | I know how disappointment feels and can identify when I have felt that way   |
| <b>3.Overcoming Disappointment</b>                               | R12                     | I know that reflecting on positive and happy experiences can help me to counteract disappointment           | I know how to cope with disappointment and how to help others cope with theirs                                       |
| <b>4.Creating New Dreams</b>                                     |                         | I know how to make a new plan and set new goals even if I have been disappointed                            | I know what it means to be resilient and to have a positive attitude   |
| <b>5.Achieving Goals</b><br><b>Puzzle Outcome: Potato People</b> | R14                     | I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group | I can enjoy being part of a group challenge  |
| <b>6.We Did It!</b><br><b>Assessment Opportunity</b>             | R16, H2, H3             | I can identify the contributions made by myself and others to the group's achievement                       | I know how to share in the success of a group and how to store this success experience in my internal treasure chest |





## Dreams & Goals Puzzle Map - Ages 9-10

| Piece (lesson)  | RSHE guidance reference | PSHE Learning Intentions   | Social and Emotional Skills Learning Intentions  |
|---|-------------------------|--|--|
| <b>1. When I Grow Up (My Dream Lifestyle)</b>                                   | H2, H3                  | I understand that I will need money to help me achieve some of my dreams   | I can identify what I would like my life to be like when I am grown up   |
| <b>2. Investigate Jobs and Careers</b>  |                         | I know about a range of jobs carried out by people I know and have explored how much people earn in different jobs   | I appreciate the contributions made by people in different jobs  |
| <b>3. My Dream Job. Why I want it and the steps to get there</b>                | R15                     | I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it  | I appreciate the opportunities that learning and education are giving me and understand how this will help me to build my future |
| <b>4. Dreams and Goals of Young People in Other Cultures</b>                    | R16                     | I can describe the dreams and goals of young people in a culture different to mine   | I can reflect on how these relate to my own  |
| <b>5. How Can We Support Each Other?</b><br>Puzzle Outcome: Charity fundraising | R12                     | I understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other | I appreciate the similarities and differences in aspirations between myself and young people in a different culture              |
| <b>6. Rallying Support</b><br>Assessment Opportunity                            | R12                     | I can encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship                    | I understand why I am motivated to make a positive contribution to supporting others   |





## Dreams & Goals Puzzle Map - Ages 10-11

| Piece (lesson)  | RSHE guidance reference | PSHE Learning Intentions   | Social and Emotional Skills Learning Intentions   |
|---|-------------------------|--|---|
| <b>1. Personal Learning Goals</b>   | R15                     | I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal) | I understand why it is important to stretch the boundaries of my current learning   |
| <b>2. Steps to Success</b>  |                         | I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these                 | I can set success criteria so that I will know whether I have reached my goal   |
| <b>3. My Dream For the World</b><br>Puzzle outcome: Flags/bunting           | H2, H3                  | I can identify problems in the world that concern me and talk to other people about them   | I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations |
| <b>4. Helping to Make a Difference</b><br>Puzzle outcome: Fundraising event | R12, R13, H7            | I can work with other people to help make the world a better place   | I can empathise with people who are suffering or who are living in difficult situations                                       |
| <b>5. Helping to Make a Difference</b>                                      | R16, H4                 | I can describe some ways in which I can work with other people to help make the world a better place                                     | I can identify why I am motivated to do this  |
| <b>6. Recognising Our Achievements</b><br>Assessment Opportunity            | R16                     | I know what some people in my class like or admire about me and can accept their praise  | I can give praise and compliments to other people when I recognise their contributions and achievements                       |

