

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<b>Reception &amp; Nursery</b> - <b>RealPE</b>	Unit 1 - Coordination/Static balance: Footwork & One leg	Unit 2 - Dynamic balance to agility/Static balance: Jumping / landing & Seated	Unit 3 - Dynamic balance/Static balance: On a line & Stance	Unit 4 - Coordination / Counter balance: Balls Skills & With a partner	Unit 5 - Coordination / Agility: Sending / Receiving & Reaction / Response	Unit 6 - Agility / Static balance: Ball chasing & Floor work
<b>Learning focus</b>	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
<b>SPORT</b>	No sport – Developing skills	No sport – Developing skills	No sport – Developing skills	Dance	No sport – Developing skills	Dance
<b>Year 1</b> - <b>RealPE</b>	Unit 1 - Coordination/Static balance: Footwork & One leg	Unit 2 - Dynamic balance to agility/Static balance: Jumping / landing & Seated	Unit 3 - Dynamic balance/Static balance: On a line & Stance	Unit 4 - Coordination / Counter balance: Balls Skills & With a partner	Unit 5 - Coordination / Agility: Sending / Receiving & Reaction / Response	Unit 6 - Agility / Static balance: Ball chasing & Floor work
	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
<b>SPORT</b>	Dance	No sports - basic skills need to be furthered first.	No sports - basic skills need to be furthered first.	Dance	Athletics	Dance
<b>Year 2</b> - <b>RealPE</b>	Unit 1 - Coordination/Static balance: Footwork & One leg	Unit 2 - Dynamic balance to agility/Static balance: Jumping / landing & Seated	Unit 3 - Dynamic balance/Static balance: On a line & Stance	Unit 4 - Coordination / Counter balance: Balls Skills & With a partner	Unit 5 - Coordination / Agility: Sending / Receiving & Reaction / Response	Unit 6 - Agility / Static balance: Ball chasing & Floor work
	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
<b>SPORT</b>	Football	Gymnastics	Dance	Tennis	Athletics	Cricket
<b>Year 3</b> - <b>RealPE</b>	Unit 1- Coordination: Floor Movement Patterns	Unit 2 - Dynamic balance to agility/Static balance: Jumping / landing & Seated	Unit 3- Dynamic balance and coordination with ball skills	Unit 4 - Coordination and counter balance	Unit 5 - Agility and Static Balance	Unit 6- Agility and ball chasing.
	Personal	Social	Cognitive	Creative	Physical	Health and Fitness
<b>SPORT</b>	Gymnastics	Dance	Handball	Tennis	Athletics	Cricket
<b>Year 4</b> - <b>RealPE</b>	Unit 1: Coordination: Ball Skills and Agility: Reaction/Response	Unit 2: Dynamic balance to Agility: Jumping and landing Static balance: seated	Unit 3: Dynamic Balance and Counterbalance in Pairs	Unit 4: Coordination: Sending and receiving and Counter balance with a partner.	Swimming	Swimming
	Personal	Social	Cognitive	Creative		
<b>SPORT</b>	Dance	Netball	Hockey	Cricket		
<b>Year 5</b> - <b>RealPE</b>	Unit 1: Coordination: Ball Skills and Agility: Reaction/Response	Unit 2- Dynamic Balance on a line and counter balance with partner.	Swimming	Swimming	Unit 5: Dynamic balance to agility: Jumping and landing. Static Balance: One Leg.	Unit 6- Coordination: Sending and receiving and Agility: Ball Chasing.

	Cognitive	Social			Physical	Health and Fitness
<b>SPORT</b>	Basketball	Dance			Athletics	Rounders
<b>Year 6</b> - <b>RealPE</b>	Swimming	Swimming	Unit 3: Static balance: Stance and Coordination: Footwork.	Unit 4: Leg Standing and Dynamic Balance to Agility	Unit 5: Static Balance: Small Base and Coordination: Floor Movement Patterns	Unit 6- Coordination: Sending and receiving and Agility: Ball Chasing.
			Creative	Physical	Health and Fitness	Personal
<b>SPORT</b>			Dance	Orienteering	Athletics	Cricket

Note:

- In Summer 1 + 2 – Any children who have not passed their swimming assessment will be offered extra swimming lessons.