

#### MONDAY

**Cheese and Tomato Pizza** 🌱 🌿  
Served with Potato Wedges

**Stir Fried Vegetable Rice** 🌱 🌿 🌱

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Chocolate Sponge with Chocolate Custard**

#### TUESDAY

**Classic Beef Burger**  
Served with Potato Wedges

**Vegetarian Burger** 🌱  
Served with Potato Wedges

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings,  
including Salmon Mayonnaise 🐟

**Raspberry Yoghurt Cake with Fruit**

#### WEDNESDAY

**Roast Chicken**  
Served with Roast Potatoes and Gravy

**Vegetable Pastry Roll** 🌱  
Served with Mashed Potato and Gravy

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Banana Cake** 🌱

#### THURSDAY

**Beef Bolognese** 🌱 🌱  
Served with Wholewheat Pasta and Garlic  
and Herb Bread

**Chinese Vegetable and Egg Fried Rice** 🌱 🌱

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Original Flapjack**

#### FRIDAY

**Breaded Fish Fingers**  
Served with Chips

**Crispy Quorn Nuggets** 🌱  
Served with Chips

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Vanilla Ice Cream**

**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌱

All main meals are served with two vegetables

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread,  
yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain

🍏 Fruity! 🌱 Nutritionist's Choice