

DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian Meal

DINE

Jackets or Pasta



Sweet choices

MONDAY



Sausages & Onion Gravy
with Mash & Peas
or Baked Beans

Veggie Sausages & Onion Gravy
with Mash & Peas
or Baked Beans

Chocolate Cake

TUESDAY



Beef Bolognese with Spaghetti
with Garlic Bread,
Sweetcorn or
Courgettes

Vegetable Pasta Bake
with Garlic Bread,
Sweetcorn or
Courgettes

Orange Cookie

WEDNESDAY



Roast Chicken Stuffing & Gravy
with Roast
Potatoes &
Cabbage or
Carrots

Quorn Roast
with Roast
Potatoes &
Cabbage or
Carrots

Shortbread

THURSDAY



Honey Chicken Stir Fry
with Rice &
Leeks or
Broccoli

Sweet and Sour Vegetables
with Rice &
Leeks or
Broccoli

Carrot Cake

FRIDAY



Breaded Fishcake
with Chips &
Mushy Peas or
Baked Beans

Fishless Fingers
with Chips &
Mushy Peas or
Baked Beans

Ice Cream

Fresh Pasta and Tomato Sauce available every day
Filled Jackets and freshly made sandwiches are also available

WEEK COMMENCING:
16/09, 07/10

Fresh Bread, Yoghurt, Jelly and Fruit are available daily

MIQUILL