





Main Meal







Sweet choices

WEEK COMMENCING: 09/09, 30/09, 21/10

MONDAY

Compais M

Cottage Pie

with New

Potatoes & Peas

or Red Cabbage

Vegetable

Shepherd's Pie

with New

Potatoes & Peas

or Red Cabbage



Tuna Pasta Bake with Garlic Bread & Sweetcorn or Italian Side

Salad

TUESDAY

& Sweetcorn or Italian Side Salad

Macaroni Cheese with Garlic Bread

Cabbage or Broccoli

WEDNESDAY Reasts



Potatoes & Cabbage or Broccoli

Vegetarian Sausage with Roast Potatoes &

or Roasted Carrots

THURSDAY



Chicken Tikka Masala with Rice & Cauliflower or

Roasted Carrots

Creamy Vegetable Korma with Wholegrain Rice & Cauliflower

FRIDAY



Battered Fish with Chips & Mushy Peas or Baked Beans

Vegetable Nuggets with Chips & Mushy Peas or Baked Beans

Fresh Pasta and Tomato Sauce available every day Filled Jackets and freshly made sandwiches are also available

Flapjack

Vanilla Iced Sponge

Chocolate Brownie

Apple Sponge & Custard

Ice Cream

Fresh Bread, Yoghurt, Jelly and Fruit are available daily

