



Allergy Menu - Spring Summer 2024 NGCI (Gluten)

**Week
Three**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Sausages & Mash 870150	Beef Spaghetti Bolognese 870242	Roast Chicken, Roasties & Gravy 870168	Honey & Soy Chicken Stir Fry & Wholegrain Rice 870260	Fish Fingers & Chips 870154
Option 2		Pasta Vegetable Traybake 870247	Quorn Roast, Roasties & Gravy 859245	Sweet & Sour Vegetables with Wholegrain Rice 870180	
Veggies	Choose from approved vegetables recipes 871554				
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Chocolate Cake 870412	Marble Cookie 828727	Shortbread 468664	Carrot Cake 673171	Vanilla Ice Cream
Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes					

**Ready to
serve**

